

Division of Health Service Regulation

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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: MHL071-025 | (X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____ | (X3) DATE SURVEY COMPLETED R 04/06/2018 |
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| NAME OF PROVIDER OR SUPPLIER ALEXANDER HOUSE | STREET ADDRESS, CITY, STATE, ZIP CODE 2195 NEW ROAD BURGAW, NC 28425 |
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| V 000 | <p>INITIAL COMMENTS</p> <p>An annual and follow up survey was completed on April 6, 2018. Deficiencies were cited.</p> <p>This facility is licensed for the following service category: 10A NCAC 27G .5600C Supervised Living for Adults with Developmental Disabilities.</p> | V 000 | | |
| V 108 | <p>27G .0202 (F-I) Personnel Requirements</p> <p>10A NCAC 27G .0202 PERSONNEL REQUIREMENTS</p> <p>(f) Continuing education shall be documented.</p> <p>(g) Employee training programs shall be provided and, at a minimum, shall consist of the following:</p> <p>(1) general organizational orientation;</p> <p>(2) training on client rights and confidentiality as delineated in 10A NCAC 27C, 27D, 27E, 27F and 10A NCAC 26B;</p> <p>(3) training to meet the mh/dd/sa needs of the client as specified in the treatment/habilitation plan; and</p> <p>(4) training in infectious diseases and bloodborne pathogens.</p> <p>(h) Except as permitted under 10a NCAC 27G .5602(b) of this Subchapter, at least one staff member shall be available in the facility at all times when a client is present. That staff member shall be trained in basic first aid including seizure management, currently trained to provide cardiopulmonary resuscitation and trained in the Heimlich maneuver or other first aid techniques such as those provided by Red Cross, the American Heart Association or their equivalence for relieving airway obstruction.</p> <p>(i) The governing body shall develop and implement policies and procedures for identifying, reporting, investigating and controlling infectious and communicable diseases of personnel and</p> | V 108 | | |

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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| V 108 | <p>Continued From page 1</p> <p>clients.</p> <p>This Rule is not met as evidenced by: Based on record review and interview, the facility failed to ensure staff were currently trained in cardiopulmonary resuscitation (CPR), Heimlich maneuver, and other first aid techniques provided by the Red Cross, the American Heart Association, or their equivalence for 2 of 3 staff audited (Licensee/Qualified Professional (QP), Staff #2). The findings are:</p> <p>Review of the Staff #2's personnel file revealed: -Hired 5/20/09. -Documentation of CPR and first aid training dated 3/1/18 completed by an online course. The on line provider was not the American Red Cross or the American Heart Association.</p> <p>Review of the Licensee/QP's personnel file revealed: -Hired 5/20/09. -Documentation of CPR and first aid training dated 3/1/18 completed by an online course. The on line provider was not the American Red Cross or the American Heart Association.</p> <p>Interview on 4/6/18 the Licensee/QP stated: -The facility was typically staffed with 1 staff on duty. She typically worked the day shift and either Staff #2 or #3 worked night shifts. -When the certification for CPR and first aid expired for herself and Staff #2, the instructor that had provided training in the past was unavailable. -She and Staff #2 took the same CPR and first aid course 3/1/18. This was a computer based</p> | V 108 | | |

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| V 108 | Continued From page 2 online course. -This CPR and first aid computer on-line program did not include any "hands on" skills training or competency validation equivalent to American Red Cross or the American Heart Association. | V 108 | | |
| V 118 | 27G .0209 (C) Medication Requirements 10A NCAC 27G .0209 MEDICATION REQUIREMENTS (c) Medication administration: (1) Prescription or non-prescription drugs shall only be administered to a client on the written order of a person authorized by law to prescribe drugs. (2) Medications shall be self-administered by clients only when authorized in writing by the client's physician. (3) Medications, including injections, shall be administered only by licensed persons, or by unlicensed persons trained by a registered nurse, pharmacist or other legally qualified person and privileged to prepare and administer medications. (4) A Medication Administration Record (MAR) of all drugs administered to each client must be kept current. Medications administered shall be recorded immediately after administration. The MAR is to include the following: (A) client's name; (B) name, strength, and quantity of the drug; (C) instructions for administering the drug; (D) date and time the drug is administered; and (E) name or initials of person administering the drug. (5) Client requests for medication changes or checks shall be recorded and kept with the MAR file followed up by appointment or consultation with a physician. | V 118 | | |

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| V 118 | <p>Continued From page 3</p> <p>This Rule is not met as evidenced by: Based on record reviews and interviews, the facility failed to administer medications as ordered by the physician and maintain an accurate MAR for 1 of 1 audited clients (#1). The findings are:</p> <p>Review on 4/6/18 of client #1's record revealed: -27 year old male admitted 3/18/09. -Diagnoses included mild mental retardation, Autism, psychotic disorder not otherwise specified; post traumatic stress disorder by history. -Orders dated 10/26/17 and 2/14/18 for Escitalopram 5 mg (milligrams), 1½ tablets daily. (Depression, anxiety) -Order/instructions dated 2/19/18 for Afrin Nose Spray, 1 spray in each nostril 20 minutes after Flonase for 3 days. (Afrin is used for temporary relief of nasal congestion caused by conditions including sinusitis and allergies) -Order dated 2/19/18 for Flonase 1 spray in each nostril twice daily. (Seasonal and year-round allergy symptoms)</p> <p>Review on 4/6/18 of client #1's January 2018 MAR revealed Escitalopram 5 mg, 1 tablet had been documented as administered daily from 1/1/18 - 1/31/18.</p> <p>Review on 4/6/18 of client #1's February, March, and April 2018 MARs revealed: -Flonase 1 spray in each nostril documented 2/20/18 - 2/22/18. -Flonase was not transcribed to the March 2018 MAR and Flonase was not documented as having</p> | V 118 | | |

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| V 118 | <p>Continued From page 4</p> <p>been administered from 2/23/18 - 3/31/18. -Flonase, 1 spray in each nostril twice daily, 8 am and 8 pm, was electronically transcribed to the April 2018 MAR and had been documented as administered twice daily from 4/1/18 - 4/6/18 (8 am).</p> <p>Telephone interview on 4/6/18 the pharmacy staff stated: -They did not receive an order in February 2018 for Afrin nasal spray for client #1. -The electronic order for Flonase dated 2/19/18 read to administer 1 spray in each nostril twice daily.</p> <p>Interview on 4/6/18 the Licensee/Qualified Professional stated: -She had changed the dates and used an old February 2017 MAR for the January 2018 MAR. The order in February 2017 for Escitalopram was one 5 mg tablet daily. She was sure the staff had administered the correct dose of Escitalopram 5 mg, 1½ tablets daily in January 2018. -The monthly MARs were printed/supplied by the pharmacy. The facility did not get copies of orders e-scripted to the pharmacy. -She had interpreted the hand written order/instructions on the office note dated 2/19/18 to be time limited for both Afrin and Flonase nasal sprays. -Client #1 received the 2 nose drops for 3 days in February 2018 and she then discarded both sprays. -She did not realize the Flonase had been transcribed electronically onto the April 2018 MAR and was being documented as administered. -The client was no longer having symptoms as he was having when she took him to see the physician in February. -She would call the physician and get clarification.</p> | V 118 | | |

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| V 118 | Continued From page 5 Due to the failure to accurately document medication administration it could not be determined if clients received their medications as ordered by the physician. | V 118 | | |