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## **Long-Term and Behavioral Health Committee Recommendations to the NC State Health Coordinating Council June 4, 2025**

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The Long-Term and Behavioral Health (LTBH) Committee met twice this year, on April 10<sup>th</sup> and on May 15<sup>th</sup>.

The topics reviewed and discussed included:

- Policies and methodologies for all LTBH chapters; and
- preliminary drafts of need projections for LTBH services based on the currently available data.

The following is an overview of the Committee's recommendations for LTBH Services for the *Proposed 2026 SMFP*.

### **Chapter 10: Nursing Homes**

The Committee received no petitions or comments regarding nursing home beds. The Committee reviewed the policies and methodology for nursing homes in April. Draft data tables were posted to the webpage and discussed during the May meeting. Application of the methodology based on data and information available at the time of the meeting resulted in one draft need determination for 40 additional nursing home beds in Davie County.

### **Chapter 11: Adult Care Homes**

The Committee received no petitions or comments regarding adult care home beds. At its first meeting of the year, the Committee reviewed the policies and methodology for adult care homes. Agency staff posted draft data tables to the webpage and discussed them with the Committee during the May meeting. Application of the methodology based on data and information available at the time of the meeting resulted in draft need determinations for 140 additional adult care home beds in the following counties:

- 40 beds in Halifax
- 100 beds in Perquimans

### **Chapter 12: Home Health Services**

The Committee received no petitions or comments regarding home health services. In April, Agency staff reviewed with the Committee the policies and methodology for these

services. Draft data tables were posted to the webpage and discussed during the May meeting. Application of the methodology based on data and information available at the time of the meeting resulted in no need determinations for additional home health agencies.

### **Chapter 13: Hospice Services**

The Committee received no petitions or comments regarding hospice services. Agency staff reviewed with the Committee the policies and methodology for these services at the April meeting. Agency staff discussed with the Committee draft data tables that were posted to the webpage for the May meeting. Application of the methodology based on data and information available at the time of the meeting resulted in eight draft need determinations for one additional hospice home care agency in each of the following counties: Burke, Cleveland, Guilford, Haywood, Johnston, McDowell, Randolph and Rockingham. There is no need for additional hospice inpatient beds.

### **Chapter 14: Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IID)**

The Committee received no petitions or comments regarding ICF/IID beds. Agency staff reviewed with the Committee the policy for these services during the April meeting. There is no need determination methodology for this chapter. At the May meeting, staff presented the draft table showing the inventory of ICF/IID beds.

### **Committee Recommendation Regarding Long-Term and Behavioral Health Services for the *Proposed 2026 SMFP***

The Committee recommends that the State Health Coordinating Council (SHCC) approve the policies, methodologies, and draft need recommendations for Chapters 10 - 14 for the *Proposed 2026 SMFP*. Also, the Committee recommends that the SHCC authorize staff to update chapter narratives, tables, and need determinations as necessary.