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# CHAPTER 17

## INTERMEDIATE CARE FACILITIES FOR INDIVIDUALS WITH INTELLECTUAL DISABILITIES

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### *Proposed Language Changes*

#### **Background Information**

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The North Carolina Department of Health and Human Services is committed to the integration of people with intellectual disabilities/~~developmental disabilities~~ into community living to the fullest extent possible. Community-based alternatives are encouraged, particularly through the transfer of ICF/IID beds from state developmental centers. Other alternatives may include small, community-based, non-ICF/IID residential options as well as other sites through the Medicaid Waiver Community Alternatives Program (CAP)-MR/DD Program.

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#### **Basic Principles**

People with conditions other than an intellectual disability (such as autism, cerebral palsy, epilepsy or related conditions) may be appropriate for placement in an ICF/IID setting if they are in need of the services the program is certified to provide. In the development of services for this population, the full continuum of services should be explored to determine the most appropriate level of care for their needs.

Services for people **with intellectual disabilities** ~~who are developmentally disabled~~ should be organized in such a way that a continuum of care is available. For most individuals, admission to a community-based facility is preferable to admission to a regional, state operated facility because community-based treatment provides greater potential for reintegration into the community. The role of state facilities is to complement and supplement the community mental health system. State facilities should be the treatment setting of last resort and should provide services that cannot be economically provided in the community. Development of community programs may be accomplished through establishing appropriate treatment programs and support services in the community to avoid institutionalization of individuals with **intellectual developmental** disabilities, and relocating people from state facilities to community programs to the extent appropriate services are developed in the community.

#### **Summary of ICF/IID Bed Supply and Utilization**

Intermediate Care Facilities for Individuals with **Intellectual Disabilities** ~~who are Intellectually Disabled~~ or ~~otherwise developmentally disabilities disabled~~ is a category of group home care designated by the federal-state Medicaid program. A total of 5,107 certified ICF/IID beds are in operation. This total includes four state facilities and their 2,320 beds. The beds located in state facilities are excluded from the regular bed inventory because such facilities are not subject to the state's certificate of need law.