NC Department of Health and Human Services
NC Nurse Aide I Curriculum

Module Q
Person-centered Care

July 2019
Objectives

• Define person-centered care
• Describe the characteristics of a facility incorporating person-centered care
Person-centered Care…

Is the practice of basing resident care on individual resident needs, preferences, and expectations
Goals of Person-centered Care (1)

• To see the person as a unique individual
• To respect skills and abilities
• To support the person to be successful and maintain independence
• To help the person meet needs for attachment, inclusion, occupation, and comfort
Goals of Person-centered Care (2)

• To support the person as a member of a community

• To honor the importance of keeping the person at the center of the care planning and decision-making process
Person-centered Care and Relationships

Tasks are important when giving care...

...but what matters most are relationships
Importance of Person-centered Care

Where a person lives is the person’s home and can be made more like a home through person-centered care.
Resident Benefits from Person-centered Care

Resident choice fosters involvement and improves quality of life
Nurse Aide Role in Person-centered Care (1)

• Federal regulations for nursing homes address and support person-centered care
• Develop care-giving behaviors that lead to person-centered care
Nurse Aide Role in Person-centered Care (2)

Putting person-centered care into practice
Care is About Relationships

It is through relationships that we come…

to understand ourselves, our co-workers, our residents better
Revisiting Person-centered Care Goals

The goals of person-centered care are:

- To see the person as a unique individual
- To respect skills and abilities
- To support the person to be successful and maintain independence
- To help the person meet needs for attachment, inclusion, occupation, and comfort
- To support the person as a member of a community
- To honor the importance of keeping the person at the center of the care planning and decision-making process.