NC Department of Health and Human Services

NC Nurse Aide I Curriculum

Module Q
Person-centered Care

July 2019

Objectives

- **Define person-centered care**

- **Describe the characteristics of a facility incorporating person-centered care**

Person-centered Care…

Is the practice of basing resident care on individual resident needs, preferences, and expectations

Goals of Person-centered Care (1)

- **To see the person as a unique individual**

- **To respect skills and abilities**

- **To support the person to be successful and maintain independence**

- **To help the person meet needs for attachment, inclusion, occupation, and comfort**

Goals of Person-centered Care (2)

- **To support the person as a member of a community**

- **To honor the importance of keeping the person at the center of the care planning and decision-making process**

Person-centered Care and Relationships

Tasks are important when giving care…
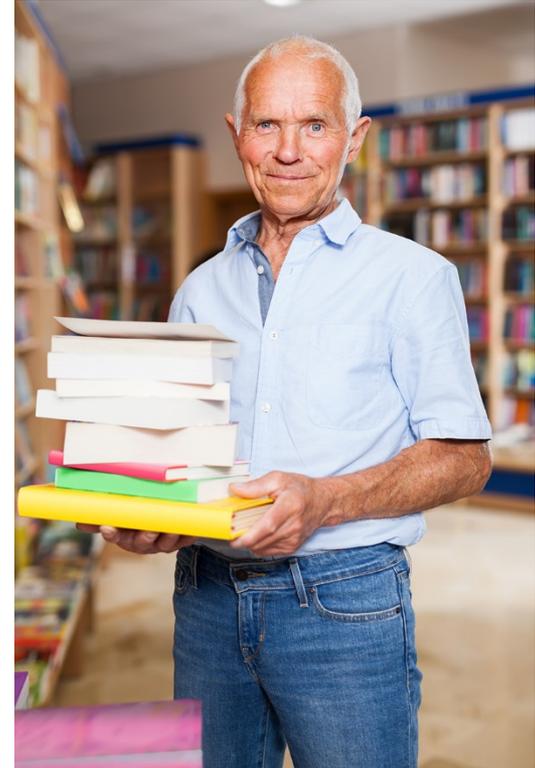

…but what matters most are relationships

Importance of Person-centered Care

Where a person lives is the person's home and can be made more like a home through person-centered care

Resident Benefits from Person-centered Care

Resident choice fosters involvement and improves quality of life

Nurse Aide Role in Person-centered Care (1)

- **Federal regulations for nursing homes address and support person-centered care**

- **Develop care-giving behaviors that lead to person-centered care**

Nurse Aide Role in Person-centered Care (2)

Putting person-centered care into practice

Care is About Relationships

It is through relationships that we come…

to understand ourselves, our co-workers, our residents better

Revisiting Person-centered Care Goals

The goals of person-centered care are:

- To see the person as a unique individual
- To respect skills and abilities
- To support the person to be successful and maintain independence
- To help the person meet needs for attachment, inclusion, occupation, and comfort
- To support the person as a member of a community
- To honor the importance of keeping the person at the center of the care planning and decision-making process.