



NC Department of Health and Human Services
NC Nurse Aide I Curriculum

Module M
The Nursing Process & Nursing Care Plan

July 2019

Objectives

- **Define and discuss the Nursing Process**
- **Explain the importance of the nursing process and the role of the NA**
- **Define and discuss Maslow's Hierarchy of Needs**
- **Define the Nursing Care Plan and discuss its importance**
- **Discuss the NA's role in the nursing care plan**

The Nursing Process

Method used by nurses to plan and deliver nursing care to the resident

- **Assessment**
- **Nursing diagnosis**
- **Planning**
- **Implementation**
- **Evaluation**



The Importance of the Nursing Process

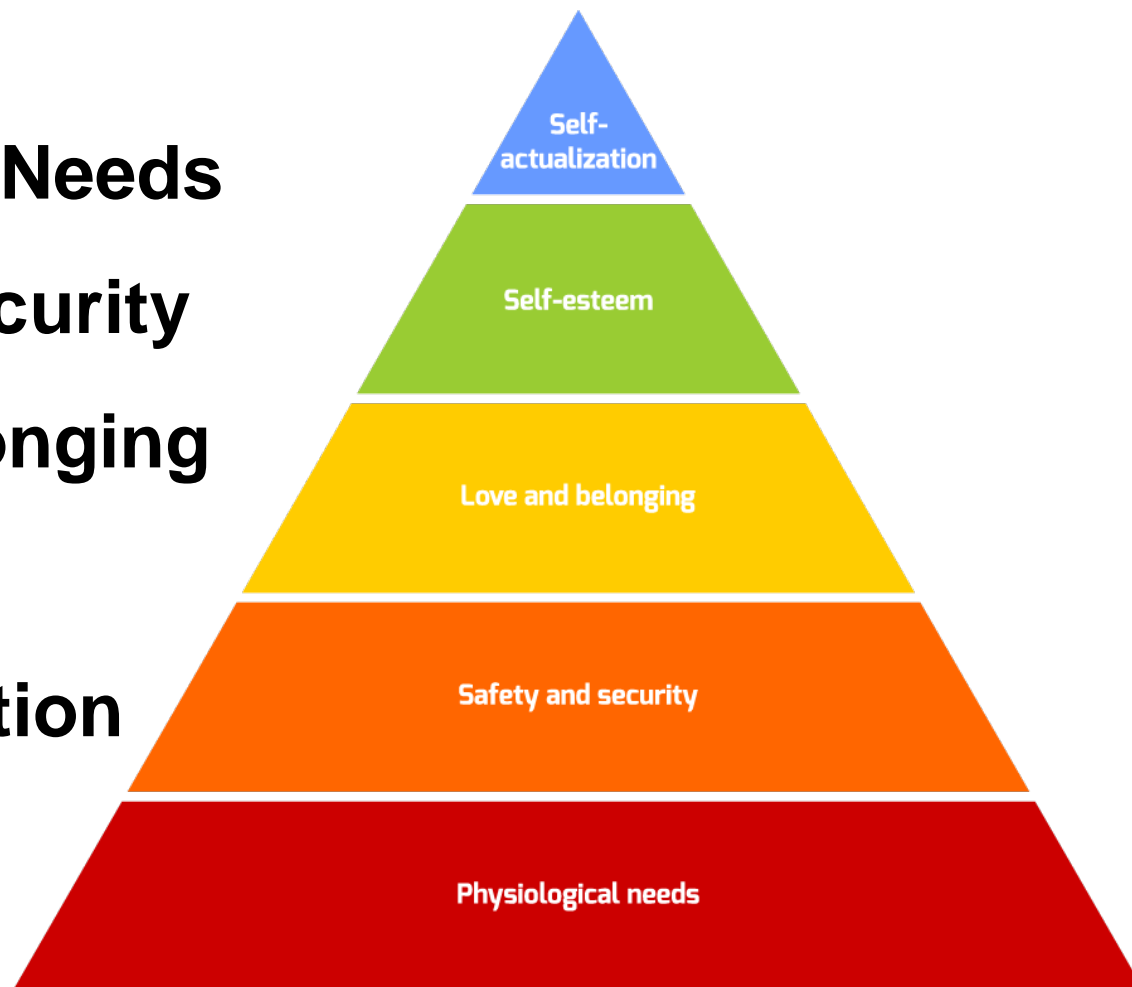
- **Care is organized, individualized and has purpose**
- **Care is consistent**
- **Resident feels safe and secure**
- **Assists healthcare team members to deliver care**

The Nursing Process – NA's Role

- **Assist the nurse in collecting information through interactions with the resident**
- **Encourage the resident to participate in meeting established goals**
- **Provide care determined to positively impact the well-being of the resident**
- **Report observations to help the healthcare team determine if priorities and goals are met**

Maslow's Hierarchy of Needs (1)

- **Physiological Needs**
- **Safety and Security**
- **Love and Belonging**
- **Self-Esteem**
- **Self-Actualization**



Maslow's Hierarchy of Needs (2)

- **The order of importance begins at the lowest level on the hierarchy**
- **Lower-level needs must be met before higher-level needs are met**
- **The NA is a vital link in assisting the resident to achieve individual levels of need**

Maslow's Hierarchy of Needs (3)

- **Physical needs include nutrition, elimination, breathing, sleep, sex, shelter and exercise**
 - **The absence of physical needs prevents an individual from moving to the next level**
- **Safety and security includes an environment free from harm, danger and fear**
 - **Injuries, neglect and abuse impact this level**

Maslow's Hierarchy of Needs (4)

- **Love and belonging includes supportive relationships, therapeutic communication and meaningful relationships with others**
- **Self-esteem is established when an individual thinks well of oneself, views their life as meaningful or useful and having value**
 - **Illness, injury and loss of home and family negatively impact self-esteem**

Maslow's Hierarchy of Needs (5)

- **Self-actualization is achieved when an individual experiences his/her potential**
 - **Individuals may have difficulty achieving this level**



The Nursing Care Plan

Responsibility of the nurse to provide a written plan of care

- **Based on the nursing process**
- **Used for coordination and continuity of care**
- **May be standardized, computerized or written in Kardex**



The Nursing Care Plan – NA's Role

- **Assist the nurse with collection of data**
- **Report how the resident responds or reacts to interventions**
 - **If an intervention does not work, nurse modifies nursing care plan**
- **Support the nurse to assist with evaluation**

The Nursing Process & Nursing Care Plan

- **Care of the resident is a process that constantly changes**
 - **It requires teamwork, effective communication, accurate observations and detailed reporting**
- **The resident's health and wellbeing is dependent upon the entire team**

