Objectives

• Define and discuss the Nursing Process
• Explain the importance of the nursing process and the role of the NA
• Define and discuss Maslow’s Hierarchy of Needs
• Define the Nursing Care Plan and discuss its importance
• Discuss the NA’s role in the nursing care plan
The Nursing Process

Method used by nurses to plan and deliver nursing care to the resident

• Assessment
• Nursing diagnosis
• Planning
• Implementation
• Evaluation
The Importance of the Nursing Process

• Care is organized, individualized and has purpose
• Care is consistent
• Resident feels safe and secure
• Assists healthcare team members to deliver care
The Nursing Process – NA’s Role

• Assist the nurse in collecting information through interactions with the resident
• Encourage the resident to participate in meeting established goals
• Provide care determined to positively impact the well-being of the resident
• Report observations to help the healthcare team determine if priorities and goals are met
Maslow’s Hierarchy of Needs (1)

- Physiological Needs
- Safety and Security
- Love and Belonging
- Self-Esteem
- Self-Actualization
Maslow’s Hierarchy of Needs (2)

• The order of importance begins at the lowest level on the hierarchy
• Lower-level needs must be met before higher-level needs are met
• The NA is a vital link in assisting the resident to achieve individual levels of need
Maslow’s Hierarchy of Needs (3)

• Physical needs include nutrition, elimination, breathing, sleep, sex, shelter and exercise
  − The absence of physical needs prevents an individual from moving to the next level

• Safety and security includes an environment free from harm, danger and fear
  − Injuries, neglect and abuse impact this level
Maslow’s Hierarchy of Needs (4)

• Love and belonging includes supportive relationships, therapeutic communication and meaningful relationships with others

• Self-esteem is established when an individual thinks well of oneself, views their life as meaningful or useful and having value
  – Illness, injury and loss of home and family negatively impact self-esteem
Maslow’s Hierarchy of Needs (5)

• Self-actualization is achieved when an individual experiences his/her potential
  – Individuals may have difficulty achieving this level
The Nursing Care Plan

Responsibility of the nurse to provide a written plan of care

• Based on the nursing process
• Used for coordination and continuity of care
• May be standardized, computerized or written in Kardex
The Nursing Care Plan – NA’s Role

• Assist the nurse with collection of data
• Report how the resident responds or reacts to interventions
  – If an intervention does not work, nurse modifies nursing care plan
• Support the nurse to assist with evaluation
The Nursing Process & Nursing Care Plan

• Care of the resident is a process that constantly changes
  – It requires teamwork, effective communication, accurate observations and detailed reporting
• The resident’s health and wellbeing is dependent upon the entire team