



NC Department of Health and Human Services

NC Nurse Aide I Curriculum

Module F

Dignity

July 2019

Objective

- **Identify caring behaviors consistent with treating a resident with dignity**



The Nature of Dignity

- **Everyone is born with dignity**
- **After people learn about dignity, a remarkable thing happens**



- **Dignity has the potential to change the world**

- **Nurse aides have the potential to change the world where they work by treating each individual with dignity**



* Definition of Dignity

Dignity

- **Quality or state of being worthy of esteem or self-respect**
- **Important component in Resident's Rights**

Empathy

- **Identifying with and understanding the feelings of another without feeling sorry**

Resident's Rights

- **How residents MUST be treated while living in a long-term care facility (OBRA 1987, 2016)**

* Why is Dignity Important?

- **Promotes sense of self-importance**
- **Promotes quality of life**
- **Promotes feelings of positive self-worth**
- **Guides in giving care**



* Dignity (1)

Nurse Aide's Role

- **Meet resident's needs**
- **Explain procedures**
- **Respect room and possessions**
- **Be patient**
- **Encourage resident to make decisions**



* Dignity (2)

Nurse Aide's Role

- Refrain from judging
- Be positive, supportive and encouraging
- Be familiar with preferences
- Be empathetic
- Listen and be aware of unusual gestures



* Dignity (3)

Nurse Aide's Role

During interaction with resident, assist resident to maintain and enhance self-esteem and self-worth

- **Respect residents**
- **Focus on as individuals**
- **Assist to attend activities of choice**
- **Respect resident's private space and property – HOW?**



* Dignity (4)

Nurse Aide's Role

How can a nurse aide demonstrate respectful behaviors toward a resident's private space and property?



Dignity – Points to Remember

Promotion of dignity is constant and on-going



- **Nurse aide should always be respectful**
- **Dignity is essential for every nurse aide activity**

A resident's dignity is valued if the nurse aide gives appropriate, compassionate, and effective care