NC Department of Health and Human Services

NC Nurse Aide I Curriculum

Module F
Dignity
July 2019
Objective

• Identify caring behaviors consistent with treating a resident with dignity
The Nature of Dignity

• Everyone is born with dignity
• After people learn about dignity, a remarkable thing happens

• Dignity has the potential to change the world

• Nurse aides have the potential to change the world where they work by treating each individual with dignity
Why is Dignity Important?

- Promotes sense of self-importance
- Promotes quality of life
- Promotes feelings of positive self-worth
- Guides in giving care
Dignity (1)

Dignity
• Quality or state of being worthy of esteem or self-respect
• Important component in Resident’s Rights

Empathy
• Identifying with and understanding the feelings of another without feeling sorry

Resident’s Rights
• How residents MUST be treated while living in a long-term care facility (OBRA 1987, 2016)
Nurse Aide’s Role

• Meet resident’s needs
• Explain procedures
• Respect room and possessions
• Be patient
• Encourage resident to make decisions
Dignity (3)

Nurse Aide’s Role

• Refrain from judging
• Be positive, supportive and encouraging
• Be familiar with preferences
• Be empathetic
• Listen and be aware of unusual gestures
Dignity (4)

Nurse Aide’s Role

During interaction with resident, assist resident to maintain and enhance self-esteem and self-worth

• Respect residents
• Focus on as individuals
• Assist to attend activities of choice
• Respect resident’s private space and property – HOW?
Dignity (5)

Nurse Aide’s Role

How can a nurse aide demonstrate respectful behaviors toward a resident’s private space and property?
Dignity – Points to Remember

Promotion of dignity is constant and on-going

- Nurse aide should always be respectful
- Dignity is essential for every nurse aide activity

A resident’s dignity is valued if the nurse aide gives appropriate, compassionate, and effective care