

NC Department of Health and Human Services

NC Home Care Aide Curriculum

Module 16 – Restorative Care

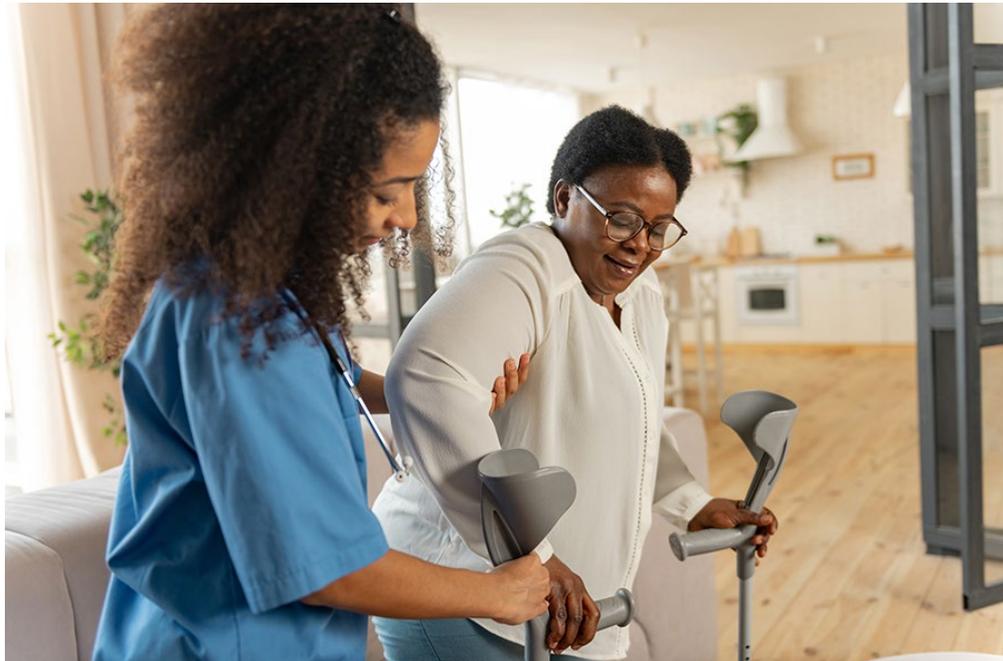
July 2021

OBJECTIVES

- 1. Identify the role and members of the rehabilitation team**
- 2. Discuss the home care aide's role in restorative care**
- 3. Identify several types of adaptive equipment that may be used in the home**
- 4. Identify home modifications that may improve the quality of life for a disabled patient**

MODULE 16-A

The Role of the Home Care Aide in Restorative Care



What is Restorative Care?

- **A patient may be undergoing some sort of rehabilitation while receiving home care services.**
- **This will involve a team approach.**
- **Patients and/or family members are often encouraged to meet with their team members to be involved in care and care planning.**



The Home Care Aide and Restorative Care

- **The home care aide has a key role on the care team**

HANDOUT #1 **Passive Range of Motion Exercises**



MODULE 16-B

Adaptive Equipment



ADAPTIVE EQUIPMENT

- **There are many devices to assist a patient who is receiving some sort of restorative care.**



ACTIVITY #1

How To Help A Falling Patient

IV CONTRAST QUESTIONNAIRE
DIVISION OF RADIOLOGY
Cleveland Health System

Your doctor has ordered a test which requires the injection of a contrast material which will provide more information about your system. Please fill out this questionnaire to the best of your ability and direct any questions you have to the technologist. If the technologist cannot answer your question, the radiologist will be contacted.

Patient Name: _____ MR # _____ DOB: _____
Date: _____ Referring Provider: _____
Patient Location: Inpatient O/P ED ED Trauma

IV Contrast History:
Have you ever been given IV contrast for an IVP, MRI, or CT Scan? Yes No Unk
If "yes", did you experience any type of reaction to the contrast? Yes No Unk
What type of reaction did you have? _____
If you had a reaction in the past, were you _____ am?
If "yes", with what medication? _____

Oral/IV _____ Yes No Unk
_____ Yes No Unk

Medical Record
 Obtained from ordering physician

High Blood Pressure Yes No Unknown If yes, controlled? Yes No Unk
Allergy to iodine Yes No Unknown
Other Allergies Yes No Unknown If yes, what type? _____
Asthma / COPD / Emphysema Yes No Unknown
Heart Disease Yes No Unknown
Myasthenia Gravis Yes No Unknown
Multiple Myeloma Yes No Unknown If yes, what type? _____
Kidney Disease Yes No Unknown

FALL RISK

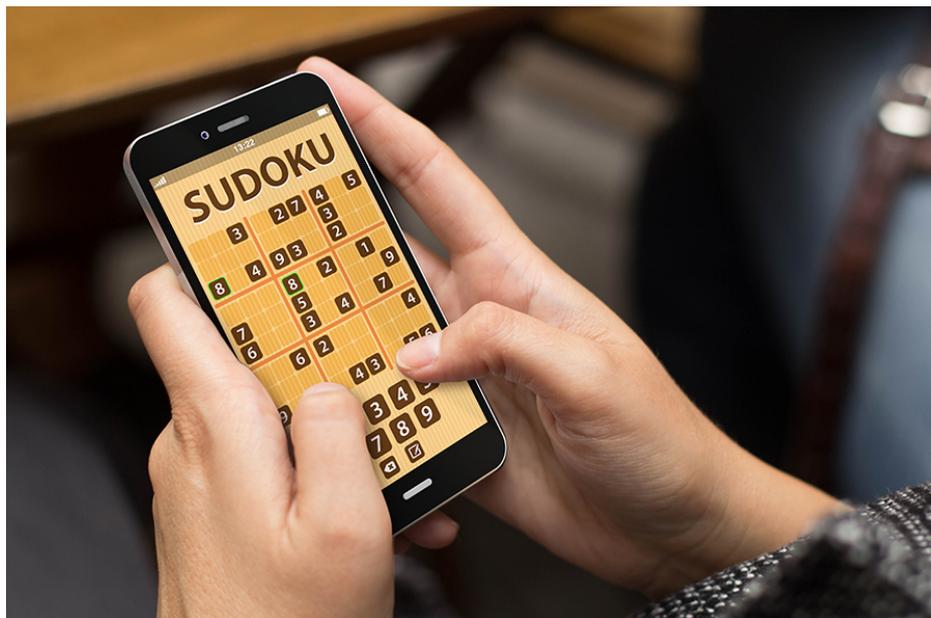
ACTIVITY #2

Brain Exercise



Brain Stimulating Activities

- **Sudoku, word searches, and computer games such as BrainAge or Lumosity also work to exercise the brain**



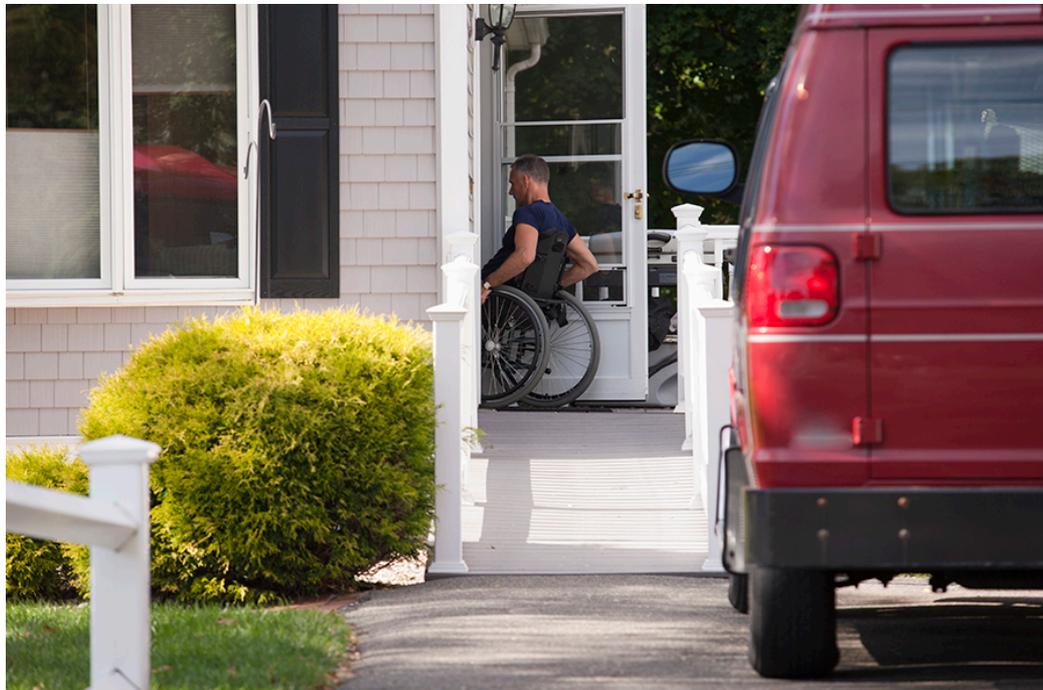
Brain Stimulation Through Technology

- **Video games**
- **Nintendo Wii**
- **Microsoft Xbox Kinect**



MODULE 16-C

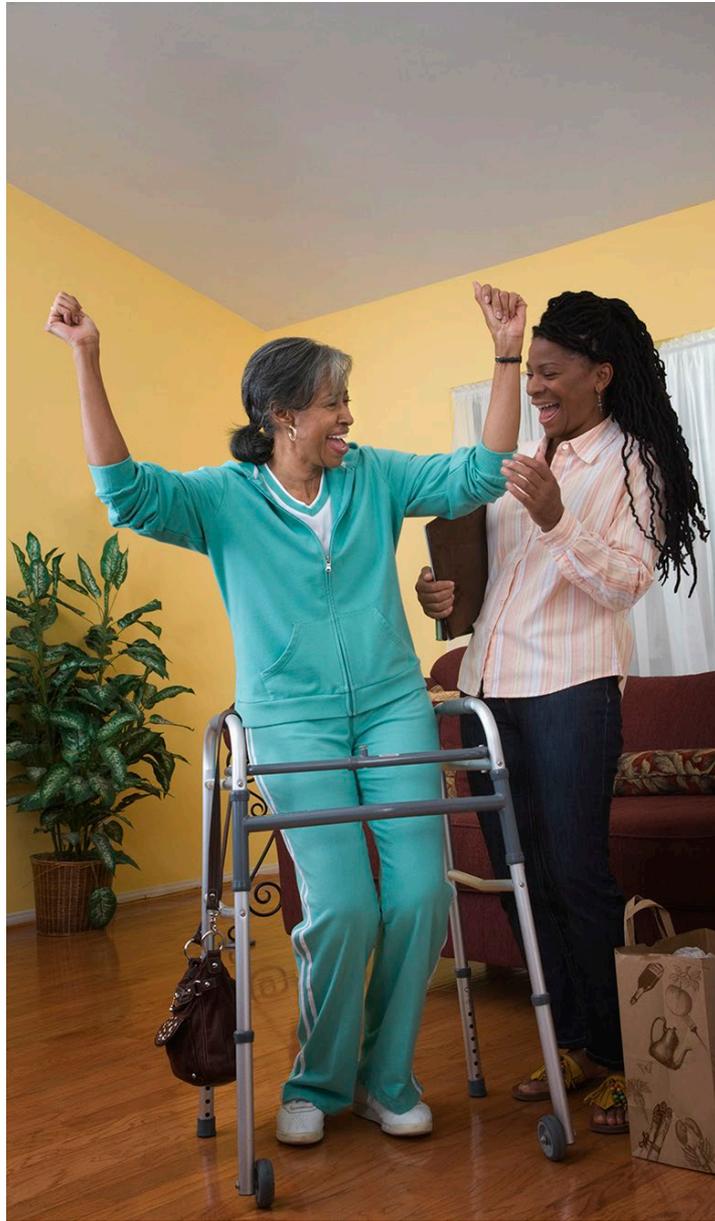
Home Modifications



Home Modifications

- **There will be many times when adaptive equipment alone will not be enough.**
- **Home modifications will have to be made to assist the patient with functioning at home.**





Patients who are rehabilitating or learning how to manage tasks in a new and different way may express a great deal of frustration – both over the loss of functioning they once had and the new way they must learn to adapt. The home care aide can be a great source of support and encouragement. Praise new milestones, no matter how small they may seem – your patient is working hard every day to perform these tasks.