

NC Department of Health and Human Services  
**NC Home Care Aide Curriculum**

**Module 12 – Emergency Preparedness**  
July 2021

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**OBJECTIVES**

1. Identify the role of the home care aide in planning for a disaster
2. Identify the role of the home care aide in planning for inclement weather
3. Identify the role of the home care aide in responding to an emergency in the home
4. Discuss the role of the home care aide in fire safety in the home environment

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**MODULE 12-A**  
**Planning for a Disaster**

**EMERGENCY PREPAREDNESS**



**MAKE A PLAN**    **BUILD A KIT**    **BE INFORMED**

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### Disaster Preparedness Plan

- Know the role of the home care aide in disaster preparedness
- Be aware of potential dangers
- Know how to react
- Know your agency's disaster preparedness plan
- If you are unsure or unprepared, ask your supervisor



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### Man-made Disasters

- Bomb threat
- Bombs
- Chemical threats
- Biological threats



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### Local Resources



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**ACTIVITY #1**

**Emergency Responders**



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**MODULE 12-B**

**Planning for Inclement Weather**



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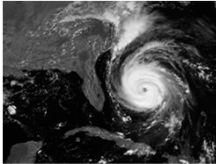
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**Inclement Weather**

- **Hurricanes**
- **Tornadoes**
- **Thunder/lightning storms**
- **Floods**
- **Winter weather**



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**Handout #1**

**Prepare Your Car For Winter**



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**EMERGENCY PLAN**

- Plan of action for inclement weather
- Emergency contacts
- Medical information



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**Handout #2**

**Emergency Information Sheets**



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**MODULE 12-C**

**RESPONDING TO AN EMERGENCY IN THE HOME**



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**Emergency Plan in Action**

- If you are with a patient when a natural or man-made disaster occurs, it is important to remain calm
- Put your agency's emergency plan into action
- Do not leave your patient until it is safe to do so



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**EVACUATION**

**If you and your patient must evacuate...**



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**MODULE 12-D**

**FIRE SAFETY**



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**FIRE SAFETY PLAN**

*Decreased mobility, health, sight, and hearing may limit a person's ability to take the quick action necessary to escape during a fire emergency.*



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**PATIENT FIRE HAZARDS**

**It is ok to remind the patient of possible hazards that the home care aide may see but ALWAYS report concerns to your supervisor!**



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**ACTIVITY #2**  
**SCENARIOS**



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**BE PREPARED AND HAVE A PLAN**



Whether faced with a natural disaster, a man-made disaster, or a fire hazard, being prepared and having a plan can save lives. Encourage your patients to have these life saving plans in place, and try to incorporate this same level of preparedness into your own life!

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