

NC Department of Health and Human Services

NC Home Care Aide Curriculum

Module 6 Age-Appropriate Care

July 2021

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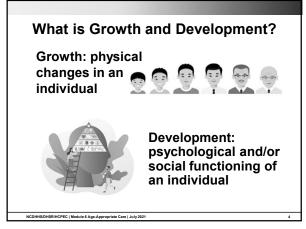
OBJECTIVES

- Describe the normal growth and development of infants to preschoolers
- 2. Identify developmental tasks of middle childhood to adolescence
- 3. Identify developmental tasks of the varying stages of adulthood
- 4. Identify physical, psychological, and social effects of aging
- 5. Describe methods in which the aide can ensure age-appropriate care

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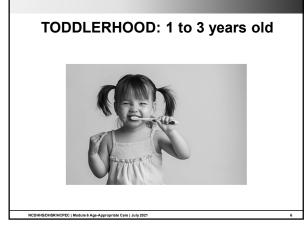




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INFANCY: birth to 1 year old NCDHHSDHSRHCPEC | Module 6 Age-Appropriate Care | July 2021 5

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PRESCHOOLERS: 3 to 6 years old



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MIDDLE CHILDHOOD: 6 to 8 years old



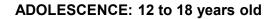
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LATE CHILDHOOD: 9 to 12 years old



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YOUNG ADULTHOOD: 18 to 40 years old



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MIDDLE ADULTHOOD: ages 40 to 65



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Handout #1 MYTHS AND TRUTHS



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Activity #2 WHAT SHOULD YOU DO?



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AGE GROUP COMPETENCIES

The RN supervisor will verify age group competencies for each home care aide prior to caring for each age group. Perform only the tasks verified by the supervisor.



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Activity #3

AGE-APPROPRIATE QUIZ



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CONGRATULATIONS!

You have newly acquired knowledge that will better inform you when providing care for various age groups.



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