

NC Department of Health and Human Services  
**NC Nurse Aide I Curriculum**

**Module Q**  
Person-centered Care  
July 2019

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**Objectives**

- Define person-centered care
- Describe the characteristics of a facility incorporating person-centered care

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**Person-centered Care...**

**Is the practice of basing resident care on individual resident needs, preferences, and expectations**



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**Goals of Person-centered Care (1)**

- To see the person as a unique individual
- To respect skills and abilities
- To support the person to be successful and maintain independence
- To help the person meet needs for attachment, inclusion, occupation, and comfort

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**Goals of Person-centered Care (2)**

- To support the person as a member of a community
- To honor the importance of keeping the person at the center of the care planning and decision-making process



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**Person-centered Care and Relationships**

Tasks are important when giving care...



...but what matters most are relationships

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**Importance of Person-centered Care**

Where a person lives is the person's home and can be made more like a home through person-centered care



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**Resident Benefits from Person-centered Care**

Resident choice fosters involvement and improves quality of life



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**Nurse Aide Role in Person-centered Care (1)**

- Federal regulations for nursing homes address and support person-centered care
- Develop care-giving behaviors that lead to person-centered care



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### Nurse Aide Role in Person-centered Care (2)

**Putting person-centered care into practice**



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### Care is About Relationships

It is through relationships that we come...



**to understand ourselves,  
our co-workers, our  
residents better**

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### Revisiting Person-centered Care Goals

The goals of person-centered care are:

- To see the person as a unique individual
- To respect skills and abilities
- To support the person to be successful and maintain independence
- To help the person meet needs for attachment, inclusion, occupation, and comfort
- To support the person as a member of a community
- To honor the importance of keeping the person at the center of the care planning and decision-making process.

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