Objectives

• Define and discuss the Nursing Process
• Explain the importance of the nursing process and the role of the NA
• Define and discuss Maslow’s Hierarchy of Needs
• Define the Nursing Care Plan and discuss its importance
• Discuss the NA’s role in the nursing care plan

The Nursing Process

Method used by nurses to plan and deliver nursing care to the resident

• Assessment
• Nursing diagnosis
• Planning
• Implementation
• Evaluation
The Importance of the Nursing Process

- Care is organized, individualized and has purpose
- Care is consistent
- Resident feels safe and secure
- Assists healthcare team members to deliver care

The Nursing Process – NA’s Role

- Assist the nurse in collecting information through interactions with the resident
- Encourage the resident to participate in meeting established goals
- Provide care determined to positively impact the well-being of the resident
- Report observations to help the healthcare team determine if priorities and goals are met

Maslow’s Hierarchy of Needs (1)

- Physiological Needs
- Safety and Security
- Love and Belonging
- Self-Esteem
- Self-Actualization
Maslow’s Hierarchy of Needs (2)

• The order of importance begins at the lowest level on the hierarchy
• Lower-level needs must be met before higher-level needs are met
• The NA is a vital link in assisting the resident to achieve individual levels of need

Maslow’s Hierarchy of Needs (3)

• Physical needs include nutrition, elimination, breathing, sleep, sex, shelter and exercise
  – The absence of physical needs prevents an individual from moving to the next level
• Safety and security includes an environment free from harm, danger and fear
  – Injuries, neglect and abuse impact this level

Maslow’s Hierarchy of Needs (4)

• Love and belonging includes supportive relationships, therapeutic communication and meaningful relationships with others
• Self-esteem is established when an individual thinks well of oneself, views their life as meaningful or useful and having value
  – Illness, injury and loss of home and family negatively impact self-esteem
Maslow’s Hierarchy of Needs (5)

- Self-actualization is achieved when an individual experiences his/her potential
  - Individuals may have difficulty achieving this level

The Nursing Care Plan

Responsibility of the nurse to provide a written plan of care

- Based on the nursing process
- Used for coordination and continuity of care
- May be standardized, computerized or written in Kardex

The Nursing Care Plan – NA’s Role

- Assist the nurse with collection of data
- Report how the resident responds or reacts to interventions
  - If an intervention does not work, nurse modifies nursing care plan
- Support the nurse to assist with evaluation
The Nursing Process & Nursing Care Plan

- Care of the resident is a process that constantly changes
  - It requires teamwork, effective communication, accurate observations and detailed reporting
- The resident’s health and wellbeing is dependent upon the entire team