Objective

• Identify caring behaviors consistent with treating a resident with dignity

The Nature of Dignity

• Everyone is born with dignity
• After people learn about dignity, a remarkable thing happens
  • Dignity has the potential to change the world
• Nurse aides have the potential to change the world where they work by treating each individual with dignity
* Definition of Dignity

Dignity
- Quality or state of being worthy of esteem or self-respect
- Important component in Resident's Rights

Empathy
- Identifying with and understanding the feelings of another without feeling sorry

Resident's Rights
- How residents MUST be treated while living in a long-term care facility (OBRA 1987, 2016)

* Why is Dignity Important?

- Promotes sense of self-importance
- Promotes quality of life
- Promotes feelings of positive self-worth
- Guides in giving care

* Dignity (1)

Nurse Aide's Role
- Meet resident's needs
- Explain procedures
- Respect room and possessions
- Be patient
- Encourage resident to make decisions
* Dignity (2)
Nurse Aide’s Role
• Refrain from judging
• Be positive, supportive and encouraging
• Be familiar with preferences
• Be empathetic
• Listen and be aware of unusual gestures

* Dignity (3)
Nurse Aide’s Role
During interaction with resident, assist resident to maintain and enhance self-esteem and self-worth
• Respect residents
• Focus on as individuals
• Assist to attend activities of choice
• Respect resident’s private space and property – HOW?

* Dignity (4)
Nurse Aide’s Role
How can a nurse aide demonstrate respectful behaviors toward a resident’s private space and property?
Dignity – Points to Remember

Promotion of dignity is constant and on-going

• Nurse aide should always be respectful
• Dignity is essential for every nurse aide activity

A resident’s dignity is valued if the nurse aide gives appropriate, compassionate, and effective care