F 312 483.25(a)(3) ADL CARE PROVIDED FOR DEPENDENT RESIDENTS

A resident who is unable to carry out activities of daily living receives the necessary services to maintain good nutrition, grooming, and personal and oral hygiene.

This REQUIREMENT is not met as evidenced by:
Based on record review, observation and staff interview the facility failed to provide a dependent resident with morning care and incontinent care for a period of 5 hours and failed to provide repositioning for a period of at least 3 hours for 1 of 3 residents (Resident #38) reviewed for activities of daily living care. The findings included:

Resident #38 was admitted 5/2/16 with diagnoses including dementia, malnutrition and heart failure.

The Quarterly Minimum Data Set (MDS) dated 8/4/16 revealed Resident #38 was cognitively impaired and was totally dependent for bed mobility, eating, toileting and personal hygiene. Resident #38 was also frequently incontinent of bladder and always incontinent of bowel.

The care plan updated 8/4/16 revealed a plan of care for alteration in skin integrity with interventions including provide prompt incontinent care. There was also a care plan for the resident needing limited to total assistance for activities of daily living (ADL) care with interventions including assist with ADL’s to completion and assist with turning and repositioning when in bed/Chair.

F312SS=D Submission of the response to the Statement of Deficiencies by the undersigned does not constitute an admission that the deficiencies existed, that they were cited correctly, or that any correction is required.

NA#2 was removed from patient care and provided education/corrective action regarding ADL care and turning and positioning 10 14 2016. Resident #38 was assessed for pain and altered skin integrity by the Treatment Nurse and findings were documented in the patient chart on 10 14 2016. The care guide accurately reflects level of care required for the resident.

The corrective actions accomplished for the resident found to be affected, and for those residents having the potential to be affected by the same deficient practice, are as follows:
An audit of residents and incontinent care, morning care and oral care ADL documentation and skin assessment documentation will be completed and

LABORATORY DIRECTOR’S OR PROVIDER/SUPPLIER REPRESENTATIVE’S SIGNATURE

Electronically Signed

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On 10/14/16 at 8:45 AM Resident #38 was observed in bed with the head of the bed up approximately 75 degrees. Resident #38 was lying on her back and slightly turned to her left side. She was also wearing a neck pillow around the back of her neck. Her unopened and uneaten breakfast tray was on the over bed table which was beside the right side of her bed. The resident was in the far bed within the room, near the window with the privacy curtain between the two beds pulled.

On 10/14/16 at 9:16 AM a staff member was observed entering Resident #38’s room and at 9:18 AM the staff member (Rehabilitation Staff #1) was interviewed and indicated she was providing Rehabilitation Services to the resident’s roommate. Resident #38 was again observed and remained in the same position she was in at 8:45 AM.

On 10/14/16 at 9:20 AM Nursing Assistant #1 (NA #1) was observed entering Resident #38’s room and at 9:30 AM with Resident #38’s breakfast tray. Observation of the breakfast tray revealed Resident #38 had eaten some of her breakfast including eggs, some oatmeal and orange juice. NA #1 stated that she had fed Resident #38 her breakfast but that she was not the resident’s NA that day. She added that she had come down the hall to help the other NA clear breakfast trays and fed Resident #38 because they had a lot of residents to feed on that hall. NA #1 then carried on clearing the trays of other resident’s. Observation of Resident #38 at this time revealed her positioning was unchanged since 8:45 AM.

Continuous observation from 9:30 AM - 10:30 AM compared to the shower schedules. This was completed by the Treatment Nurse on 10 14 2016 to ensure residents received the necessary services to maintain good nutrition, grooming, and personal, oral hygiene, appropriate turning and positioning based on the care plan.

The Treatment Nurse audited all dependent patients for altered skin integrity or complaints of pain on 10 14 2016, as it relates to positioning and documented results in the patient charts. The corrective actions accomplished for the resident found to be affected and for those residents having the potential to be affected by the same deficient practice are as follows:

In-servicing and education will be completed by 11 11 2016 by the Staff Development Coordinator (or Supervisors).

Education to include all CNAs, LPNs, RNs and Supervisors. The in-service will include ADL care/incontinent care/turning and repositioning/oral care.

Nursing Supervisors (or Charge Nurses) will review the ADL documentation for twenty five (25) percent of the dependent residents three (3) times weekly (once on 7-3 shift, once on 3-11 shift and once on 11-7 shift) and twenty five (25) percent of the dependent residents on each weekend (once per 7a-7p, 7p-7a) x ninety (90) days to ensure the personal and oral hygiene needs of the dependent resident are being met. The Clinical Nurse Supervisor or Social Worker will conduct...
COMMENDED PLACE HEALTH AND REHAB, LLC

1 MARITHE COURT
GREENSBORO, NC  27407

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revealed no other staff members entered Resident #38’s room.

On 10/14/16 at 12:02 PM NA #2 was located heading to Resident #38’s room. Before entering she was interviewed and indicated that she had not been in to provide care to Resident #38 at all during her shift (beginning at 7:00 AM). She stated that she was aware that the resident’s roommate received morning care with the assistance of a Rehabilitation staff member. NA #2 added that she was fairly new to the facility and said that she had 10 residents on her assignment and had been giving care to residents on the other end of the hall that morning.

On 10/14/16 at 12:04 AM NA #2 straightened Resident #38 in bed to get her head away from the top of the left side rail. She also lowered the head of Resident #38’s bed and the resident moaned while being repositioned.

On 10/14/16 at 12:06 AM Nurse #1 was asked to enter the room and observed the resident after being repositioned. She stated that Resident #38 should have received morning care and should have been repositioned after breakfast.

random interviews of three (3) residents (and/or resident’s responsible parties) three (3) times a week for ninety (90) days to identify any hygiene or oral care issues or for turning and positioning issues. The Charge Nurses (or Supervisors) will ensure turning and repositioning for the dependent resident in conjunction with the care guide and care plan throughout their shift to ensure it is occurring as per care guide and care plan to avoid altered skin integrity or complaints of pain.

Any concerns identified will be logged in the facility resident grievance log with the appropriate action and follow up as indicated. The Clinical Nurse Supervisor or Social Worker will share any identified concerns regarding hygiene or oral care or turning and positioning daily with the Director of Nursing. The Director of Nursing or Social Worker will follow up with each resident or responsible party to ensure their concerns have been resolved. The findings will be taken to QA Committee by the QA Coordinator monthly x three (3) months by the Director of Nursing or the Quality Assurance Coordinator. The QA Committee will determine the need for further audits and the plan will be updated as indicated.

The Clinical Nursing Supervisor (or Treatment Nurse(s)) will monitor the positioning of five (5) random dependent patients five (5) times weekly x ninety (90) days to ensure there is no altered skin integrity or complaints of pain as it relates to position. The Clinical Nurse Supervisor
On 10/14/16 at 12:08 AM NA #2 started to change the resident’s brief. It was observed to be saturated with urine.

On 10/14/16 at 12:30 AM the Director of Nursing was interviewed and stated that it was her expectation that dependent residents be checked for and receive need incontinent care and be repositioned at least every two hours.

Based on a resident’s comprehensive assessment, the facility must ensure that a resident -

(1) Maintains acceptable parameters of nutritional status, such as body weight and protein levels, unless the resident’s clinical condition demonstrates that this is not possible; and

(2) Receives a therapeutic diet when there is a nutritional problem.

Resident #38 was admitted 5/2/16 with diagnoses including dementia, malnutrition and heart failure.
The Quarterly Minimum Data Set (MDS) dated 8/4/16 revealed Resident #38 was cognitively impaired and was totally dependent for eating. Resident #38 was also on a mechanically altered diet.

The care plan updated 8/4/16 revealed a plan of care for altered nutritional status. Interventions included mighty shakes for weight loss of 5.86% over 38 days (increased from twice a day to three times a day on 10/10/16).

Review of the Physician Orders dated 10/10/16 revealed an order for discontinue twice a day Mighty Shakes and start Mighty Shakes three times a day with meals for nutritional support.

On 10/14/16 at 8:45 AM Resident #38 was observed in bed with the head of the bed up approximately 75 degrees. Her unopened and uneaten breakfast tray was on the over bed table which was beside the right side of her bed. There was no Mighty Shake on the resident’s meal tray.

On 10/14/16 at 9:20 AM Nursing Assistant #1 (NA #1) was observed entering Resident #38 ‘s room. She exited the room at 9:30 AM with Resident #38 ’s breakfast tray. Observation of the breakfast tray revealed Resident #38 had eaten some of her breakfast including eggs, some oatmeal and orange juice. NA #1 acknowledged there was not any Mighty Shake supplement on the resident ’s meal tray or meal ticket.

On 10/14/16 at 12:20 PM the Dietary Manager (DM) was interviewed. She stated that she had entered the new order for Mighty Shake in the dietary computer system on 10/10/16 but had not

On 10 14 2016 The RD was notified of a missing supplement via telephone. The RD reviewed via phone the most current weight for resident #38: 10 05 2016 weight of 111.7lbs (supplement increased on 10 10 2016)10 10 2016 weight of 112.2lbs. Updated weight reviewed and noted by RD on 10 14 2016. Resident continued on weekly weights (10 18 2016 weight of 112.8lbs). RD reviewed and documented on resident #38 on 10 31 2016, weight of 115.8lbs on 10 24 2016. An audit was completed for all residents on supplements with meals on 10/14/2016 by the Dietary Manager using physician orders and RD documentation. The Notepad program was updated for all residents with supplements at meal time to ensure that supplement orders print as ordered on meal ticket. A follow up audit was completed on 11 09 2016 by the Dietary Manager using the pharmacy report and Physician orders.

A copy of all supplement orders is to be provided to the Dietary Manager (or Kitchen Manager/Ambassador) in order to enter all supplement orders into Meal Tracker program so that a label/sticker can be printed for each supplement ordered. The label/sticker is to include: resident’s name, room number, date and scheduled time.

Orders for supplements (Mighty Shakes and Magic Cups) were changed from the meals to be with med pass on 11/01/2016 and percentage consumed is to be charted.

Dietary staff in-serviced on 11 07 2016 by the RD on the following subjects:
Continued From page 5

saved the change. She stated that as a result the Mighty Shake did not get put on Resident #38’s meal ticket and so the resident would not have received the ordered Mighty Shake on her breakfast tray on 10/11/16, 10/12/16, 10/13/16 and 10/14/16. She saved the order at that time and it appeared on the resident’s meal ticket for breakfast. The DM acknowledged that she had not been aware Resident #38 was not receiving the breakfast Mighty Shake until it was brought to her attention.

Dietary department in-serviced on how to enter and print supplement labels/stickers for between meals supplements. Nursing staff in-serviced by SDC on the change in supplements from being served with meals to being provided with medication pass and charting percentage consumed, and the Charge Nurses’ responsibility in passing supplements to appropriate residents at noted times and documenting percentage consumed. Charge Nurse to document on MARS the percentage of supplement consumed. QA Coordinator to monitor MARS for documentation of percentage consumed of supplements. An audit of MARS will be completed for twenty five (25) percent of those on supplements, three (3) times a week x four (4) weeks, then monthly x two(2) months. Any concerns will be brought to the attention of the Dietary Manager and the Director of Nursing. The QA Coordinator will take results to QA Committee monthly x three(3) months. In-services completed by 11 11 2016.

Dietary to provide Nursing with labeled/stickered snack as scheduled. The Charge Nurse is to distribute labeled supplements as ordered for resident and chart percentage consumed on the MARS.
### F 325 Continued From page 6

Dietary Manager (or RD if entered by Dietary Manager) to complete and audit weekly x four(4) weeks and monthly x three(3) months of all new supplement orders as part of QA process to ensure that labels/stickers for ordered supplements are entered into Meal Tracker and correctly printed for residents as ordered. (The number of supplements audited will vary based on census and the need for the addition of or increase in supplements is based on resident needs.) Dietary Manager (or Kitchen Manager) to check twelve (12) trays per week, forty eight (48) trays per month, with four (4) of those trays being checked on the weekend (weekly), a minimum of 2 trays per meal to be audited per week, weekly x four(4) weeks and monthly x three(3) months for accuracy as part of QA process using tray accuracy audit sheets. The Dietary Manager will be responsible for all data analysis of audits and taking results to monthly QA meetings for four (4) months.

### F 356 11/11/16

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<thead>
<tr>
<th>Event ID:</th>
<th>Facility ID: 061197</th>
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<tr>
<td>FORM CMS-2567(02-99) Previous Versions Obsolete</td>
<td>If continuation sheet Page 7 of 9</td>
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**SS=C**

#### F 356

**483.30(e) POSTED NURSE STAFFING INFORMATION**

The facility must post the following information on a daily basis:

- Facility name.
- The current date.
- The total number and the actual hours worked by the following categories of licensed and unlicensed nursing staff directly responsible for resident care per shift:
  - Registered nurses.
**STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION**

**IDENTIFICATION NUMBER:** 345547

**NAME OF PROVIDER OR SUPPLIER:** CAMDEN PLACE HEALTH AND REHAB, LLC

**STREET ADDRESS, CITY, STATE, ZIP CODE:** 1 MARITHE COURT
GREENSBORO, NC  27407

<table>
<thead>
<tr>
<th>ID</th>
<th>PREFIX</th>
<th>TAG</th>
<th>SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)</th>
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<td>F 356</td>
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<td></td>
<td>- Licensed practical nurses or licensed vocational nurses (as defined under State law).</td>
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<td>- Certified nurse aides.</td>
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<td>o Resident census.</td>
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<td>The facility must post the nurse staffing data specified above on a daily basis at the beginning of each shift. Data must be posted as follows:</td>
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<td>o Clear and readable format.</td>
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<td>o In a prominent place readily accessible to residents and visitors.</td>
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<td>The facility must, upon oral or written request, make nurse staffing data available to the public for review at a cost not to exceed the community standard.</td>
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<td>The facility must maintain the posted daily nurse staffing data for a minimum of 18 months, or as required by State law, whichever is greater.</td>
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<td>This REQUIREMENT is not met as evidenced by:</td>
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<td>Based on observation and staff interviews, the facility failed to post updated nurse staffing information for 123 of 135 (the facility’s capacity) residents in 5 of 5 common areas for 1 of 4 days of the survey.</td>
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<td>Findings included:</td>
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<td></td>
<td>An observation was made on 10/12/16 at 9:55 AM of the nursing station for Azalea Village. The posted nursing staff was dated 10/11/16.</td>
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<tr>
<td></td>
<td>An observation was made on 10/12/16 at 10:20 AM of the nursing station for Dogwood Village.</td>
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<td>An observation was made on 10/12/16 at 10:40 AM of the nursing station for Southern Rose</td>
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**PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)**

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**GUIDANCE:**

Submission of the response to the Statement of Deficiencies by the undersigned does not constitute an admission that the deficiencies existed, that they were cited correctly, or that any correction is required.

An audit was completed at each location where Staffing is posted on 10 12 2016. The corrected staffing was posted on Dogwood, Azalea, Magnolia and Southern Rose Villages. The Night Shift Supervisor (or Designee)
### Summary Statement of Deficiencies

(Each deficiency must be preceded by full regulatory or LSC identifying information)

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Village. The posted nursing staff was dated 10/11/16.

An observation was made on 10/12/16 at 10:45 AM of the nursing station for Magnolia Village. The posted nursing staff was dated 10/11/16.

An observation was made on 10/12/16 at 10:50 AM of Minimum Data Set Nursing Office. The posted nursing staff was dated 10/11/16.

An interview was conducted on 10/12/16 at 11:00 AM with Nurse #1. She stated, "It is the night shift supervisor's responsibility to change and update the posted staffing sheets. It is the last thing he/she does before leaving in the morning. It is usually completed between 6:30AM and 7:00AM. I don’t know why it isn’t right today."

An interview was conducted on 10/12/16 at 11:20 AM with the Director of Nursing revealed her expectation was for the staffing sheet to be updated accurately on a daily basis and posted by the night shift supervisor before the completion of her shift.

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will review daily staffing sheets to ensure enough staffing is scheduled, documented and posted in the correct locations to meet the expectations per State Guidelines.

The Clinical Nurse Supervisor (or designee) will observe and ensure the Daily Staffing Sheets are posted daily on the 7a-3p and/or 7a-7p shifts and will include facility name, the current date, and the total number of actual hours worked by the following categories of licensed and unlicensed staff directly responsible for resident care per shift. It will be posted in a visible area on each nursing village. The Director or Nursing(or designee) will ensure compliance by doing random audits three(3) times a week x four(4) weeks then monthly x three(3) to ensure the posting is accurate and posted in the assigned location. The Director of Nursing will bring any incorrect or omitted information to the QA committee for review and to determine if further monitoring should occur.