PRINTED: 11/05/2014 FORM APPROVED OMB NO. 0938-0391

| RIVER TRACE NURSING AND REHABILITATION CENTER RIVER TRACE NURSING AND REHABILITATION CENTER REGULATORY OR LSC IDENTIFYING INFORMATION) FRESH 483.20(k)(3)(i) SERVICES PROVIDED MEET PROFESSIONAL STANDARDS The services provided or arranged by the facility must meet professional standards of quality. This REQUIREMENT is not met as evidenced by: Based on record review and staff interviews the facility failed to transcribe a physician's order to increase the amount of a bolus tube feeding from 4 times each day to 5 times each day for 1 of 16 residents (Resident #106) whose orders were reviewed. Findings included: Resident #106 was re-admitted to the facility on 03/21/14 with cumulative diagnoses of dysphagia (difficulty swallowing), gastrostomy (feeding tube), and end stage renal disease (ESRD) requiring dialysis. Resident #106's Quarterly Minimum Data Set (MDS) dated 08/13/14 showed an order for a specialized liquid nutritional meal supplement one 240cc can via gastrostomy every six hours. Review of the Physician Telephone orders dated 10/03/14 showed an order for a specialized liquid nutritional weal supplement one 240cc can via gastrostomy every six hours. Review of the Physician Telephone orders dated 10/03/14 showed an order for a specialized liquid nutritional weal supplement one 240cc can via gastrostomy every six hours. Review of the Physician Telephone orders dated 10/03/14 showed an order for a specialized liquid nutritional weal supplement one 240cc can via gastrostomy. Review of the October 2014 Medication Administration Record (MAR) showed the 10/03/14 Telephone Order to increase the liquid | | OF DEFICIENCIES OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | , , | FIPLE CONSTRUCTION NG | | ATE SURVEY DMPLETED |
|---|--------|--|--|---------|--|--|------------------------|
| RIVER TRACE NURSING AND REHABILITATION CENTER SUMMARY STATEMENT OF DEFICIENCIES SUMMARY STATEMENT OF DEFICIENCIES | | | 345215 | B. WING | | | |
| FREFIX TAG REGULATORY OR LSC IDENTIFYING INFORMATION) F 281 SS=D F 281 SS=D The services provided or arranged by the facility must meet professional standards of quality. This REQUIREMENT is not met as evidenced by: Based on record review and staff interviews the facility failed to transcribe a physician's order to increase the amount of a bolus tube feeding from 4 times each day to 5 times each day for 1 of 16 residents (Resident #106) whose orders were reviewed. Findings included: Resident #106 was re-admitted to the facility on 03/21/14 with cumulative diagnoses of dysphagia (difficulty swallowing), gastrostomy (feeding tube), and end stage renal disease (ESRD) requiring dialysis. Resident #106 S Quarterly Minimum Data Set (MDS) dated 08/13/14 showed Resident #106 was severely cognitively impaired. Review of the Physician Orders sheet dated 10/01/14-10/31/14 showed an order for a specialized liquid nutritional meal supplement at 250cc (cubic centimeters) 5x (times) QD (every day) bolus via PEG (gastrostomy). Review of the October 2014 Medication Administration Record (MAR) showed the | | | REHABILITATION CENTER | | 250 LOVERS LANE | E, ZIP CODE | 0,00,2014 |
| The services provided or arranged by the facility must meet professional standards of quality. This REQUIREMENT is not met as evidenced by: Based on record review and staff interviews the facility failed to transcribe a physician's order to increase the amount of a bolus tube feeding from 4 times each day to 5 times each day for 1 of 16 residents (Resident #106) whose orders were reviewed. Findings included: Resident #106 was re-admitted to the facility on 03/21/14 with cumulative diagnoses of dysphagia (difficulty swallowing), gastrostomy (feeding tube), and end stage renal disease (ESRD) requiring dialysis. Resident #106's Quarterly Minimum Data Set (MDS) dated 03/13/14 showed Resident #106 was severely cognitively impaired. Review of the Physician Orders sheet dated 10/01/14-10/31/14 showed an order for a specialized liquid nutritional meal supplement one 240cc can via gastrostomy very six hours. Review of the Physician Telephone orders dated 10/03/14 showed an order for a specialized nutritional supplement at 250cc (cubic centimeters) 5x (times) QD (every day) bolus via PEG (gastrostomy). Review of the October 2014 Medication Administration Record (MAR) showed the | PRÉFIX | (EACH DEFICIENCY | MUST BE PRECEDED BY FULL | PREFIX | (EACH CORRECTIVE CROSS-REFERENCED | ACTION SHOULD BE TO THE APPROPRIATE | COMPLETION |
| nutritional meal supplement to be given five times each day had not been transcribed onto the ABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE The dath it follows a reason of teaching order to indicate the indicate in finding and indicating order to indicate the indicate in finding and indicate in the dath it follows a reason of the indicate in finding and indicate | SS=D | PROFESSIONAL S The services provion must meet profession must meet profession. This REQUIREMENT by: Based on record refacility failed to transincrease the amound times each day to residents (Resident reviewed. Findings) Resident #106 was 03/21/14 with cumula (difficulty swallowing and end stage renational stage renational measurement of the Phys 10/01/14-10/31/14 specialized liquid not 240cc can via gastromatic Review of the Phys 10/03/14 showed a nutritional supplement centimeters) 5x (times (gastrostomy)) Review of the Octo Administration Reconstructional meal supplement of the Octo Administration Reconstruction Reconstruct | led or arranged by the facility onal standards of quality. NT is not met as evidenced eview and staff interviews the scribe a physician's order to int of a bolus tube feeding from 5 times each day for 1 of 16 at 106) whose orders were included: re-admitted to the facility on alative diagnoses of dysphagia g), gastrostomy (feeding tube), aldisease (ESRD) requiring and 106's Quarterly Minimum Data 13/13/14 showed Resident #106 tively impaired. ician Orders sheet dated showed an order for a autritional meal supplement one costomy every six hours. ician Telephone orders dated an order for a specialized ent at 250cc (cubic nes) QD (every day) bolus via the corder to increase the liquid oplement to be given five times een transcribed onto the | | River Trace Nursing Center acknowledges Statement of Deficienthis Plan of Correction to summary of findings i and in order to mainta applicable rules and pof care of residents. Torrection is submitted allegation of compliant River Trace Nursing a CenterHs response to Deficiencies does not with the Statement of Deficonstitute an admission deficiency is accurate Trace Nursing & Rehareserves the right to reficiencies on this Statement of Deficiencies on this Statement of Deficiencies through I Resolution, formal apand/or any other Admiproceeding. The current Tube Fee Resident # 106 was to Medication Administration. | the extent that the statually correct ain compliance with provisions of quality. The Plan of ed as a written are. and Rehabilitation of this Statement of denote agreement ciencies nor does it on that any e. Further, River abilitation Center refute any of the tatement of Informal Dispute peal procedure inistrative or legal eding Order for ranscribed to the | |

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

Electronically Signed

10/23/2014

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

| A. BUILDING COMPLET A. BUILDING COMPLET C | 014 |
|---|--------------------------|
| 10/09/2 | 014 |
| NAME OF PROVIDER OR SUPPLIED | |
| NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE | |
| RIVER TRACE NURSING AND REHABILITATION CENTER | |
| WASHINGTON, NC 27889 | |
| (X4) ID SUMMARY STATEMENT OF DEFICIENCIES PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL TAG REGULATORY OR LSC IDENTIFYING INFORMATION) SUMMARY STATEMENT OF DEFICIENCIES ID PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) | (X5) MPLETION DATE |
| F 281 Continued From page 1 F 281 | |
| record. Resident #106 continued to receive the as ordered for documentation of | |
| meal supplement every six hours. administration on 10-9-14 by the Assistant | |
| Director of Nursing (ADON). Tube fed | |
| In an interview on 10/09/14 at 11:27 AM Nurse #1 Residents to include Resident #106 | |
| stated when a telephone order was received the continue to receive necessary care and | |
| order was written on a telephone order sheet and services required to meet professional | |
| then transcribed onto the MAR by the nurse who standards of | |
| wrote the order. The telephone order sheet quality to include receiving tube feedings | |
| consisted of white, pink and yellow copies. The as per physician order and as transcribed | |
| white copy was removed and placed in the to the MAR. | |
| physician's folder to be signed. The pink copy | |
| was placed in a box in a drawer at the nurse's An audit of Physician Orders and MARs | |
| station. The pink copy was then picked up by a for Residents receiving Tube feedings | |
| supervisor who double checked the order and was completed by the Director of Nursing | |
| made sure it was transcribed onto the MAR. The (DON) | |
| yellow copy remained in the chart. If the order and Administrative Nurses to include the | |
| was for a change in a diet or a tube feeding a diet ADON and the Quality Improvement | |
| slip was also filled out and sent to the kitchen. Nurse, on 10-13-14 and again on | |
| In an interview on 10/09/14 at 3:51 PM the 10-20-14 by the Dietary Manager to ensure orders were transcribed | |
| Director of Nurses (DON) stated the nurse who appropriately. Follow up was completed | |
| received the telephone order should also write the for any concerns identified at the time of | |
| order on the MAR. The pink slips from the the audit by the Administrative Nurse | |
| telephone orders were placed in a drawer at the completing the audit. | |
| nurse's station and the Quality Improvement (QI) | |
| nurse was supposed to pick them up and check The QI Nurse was in-serviced on 10-9-14 | |
| them against the MAR to make sure the order by the DON related to her responsibility to | |
| had been transcribed. She indicated the nurse verify transcription of all orders to the | |
| who received the telephone order did not write MAR to include tube feeding orders. In | |
| the order on the MAR and the MAR had not been services related to transcription of | |
| checked to make sure the order had been placed physician orders to the MAR for | |
| on the MAR. She stated it was her expectation documentation to include for tube | |
| that the nurse who took the order transcribe it feedings was initiated for 100% of Facility | |
| onto the MAR and she expected the QI nurse to Nurses by the Staff Facilitator on | |
| check to make sure it had been done. She 10-13-14. | |
| indicated by not providing the nutritional In servicing was completed on 10-21-14. | |
| supplement as ordered Resident #106 was not | |
| receiving the amount of calories that were needed. The in-servicing included the need to ensure the pink copy of physician orders | |

| | OF DEFICIENCIES OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | ` ' | IPLE CONSTRUCTION (X | 3) DATE SURVEY COMPLETED |
|--------------------------|--|--|---------------------|---|-------------------------------|
| | | 345215 | B. WING _ | | C 10/09/2014 |
| | PROVIDER OR SUPPLIER | REHABILITATION CENTER | | STREET ADDRESS, CITY, STATE, ZIP CODE 250 LOVERS LANE WASHINGTON, NC 27889 | 10/03/2014 |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY | TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY) | |
| F 281 | Nurse indicated she orders on the pink s they had been trans never been informed as the QI nurse. She supervising nurse with an interview on 1 Supervisor named dietary orders were nurse who wrote the not check the dietary. | ge 2 0/09/14 at 4:15 PM the QI edid not compare tube feeding slips to the MAR to make sure scribed. She stated she had at that was part of her duties the stated it was a different who checked those orders. 0/09/14 at 4:22 PM the Nurse by the QI Nurse stated that placed on the MAR by the e order. She indicated she did ry pink slips against the MAR der had been transcribed. | F 28 | used for facility tracking was initialed indicating transcription to the MAR by nurse processing the order and then forwarded to the facility QI Nurse for verification of transcription to the MAI Nurses after 10-21-14 will receive in-servicing duri Nursing Orientation by the Staff Facilitator. A QI Tool will be completed weekly by QI Nurse x 8 weeks then monthly x 2 months to reflect the review of allPhysician orders to include orders Tube feedings. Audits will be reviewe weekly x 8 weeks then monthly x 2 months with follow up conducted as necessary for identified concerns by t DON. | R. ng ∕ the for d |
| F 314 SS=D | PREVENT/HEAL P Based on the comp | RESSURE SORES rehensive assessment of a | F 31 | Results of the review will be compiled forwarded by the DON to the Executive Committee for monthly review x 4 monthly review x | ve QI onths ent of |
| | who enters the facil does not develop p individual's clinical they were unavoida | must ensure that a resident lity without pressure sores ressure sores unless the condition demonstrates that ble; and a resident having eives necessary treatment and | | | |

| | OF DEFICIENCIES OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | (X2) MULTIPL A. BUILDING | LE CONSTRUCTION | (X3) DATE SURVI | |
|--------------------------|---|--|-----------------------------|--|--|----------------------|
| | | 345215 | B. WING | | C 10/09/20 1 | 14 |
| | PROVIDER OR SUPPLIER | REHABILITATION CENTER | 2 | TREET ADDRESS, CITY, STATE, ZIP CODE 50 LOVERS LANE VASHINGTON, NC 27889 | 10/00/20 | |
| (X4) ID PREFIX TAG | (EACH DEFICIENC | ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPF DEFICIENCY) | BE COMPL | (5) LETION ATE |
| F 314 | Continued From paservices to promote prevent new sores This REQUIREME by: Based on staff interfacility failed to comphysician-ordered promote wound heresidents (Resident Findings included: Resident #159 was 07/31/14, readmitter and expired in the resident's document pressure ulcers, le vascular disease. A 07/31/14 Wound | age 3 e healing, prevent infection and from developing. NT is not met as evidenced erview and record review the esistently provide nutritional supplements to aling for 1 of 4 sampled t #159) with pressure ulcers. Is admitted to the facility on ed to the facility on 08/01/14, facility on 08/16/14. The ented diagnoses included fit hip fracture, and peripheral | F 314 | Resident # 159 no longer resides in facility. Facility Residents continue to receive necessary treatment and set to promote wound healing, prevent infection and prevent new sores frou developing. A review of Medication Administratic Records (MAR) and Physician order Facility Residents was complete by Director of Nursing(DON) and Administrative Nurses to include the Assistant Director of Nursing (ADO) the Quality Improvement (QI) Nurses 10-13-14 with follow up completed as | n the to ervices mon the eN)and e on at the | |
| | the coccyx, upper of The sheet docume wound was stage I centimeters (cm), y granulation tissue a slough. The ulcer was stage II, measured non-blanchable broken skin. The resudate, with the w tissue and 50% years A 07/31/14 physicia resident's code stage. | dmitted with pressure ulcers to mid-vertebrae, and right hip. Inted the resident's coccyx I, measured 0.7 x 1.5 x 0.3 with the wound bed being 75% and 25% scattered yellow on the upper mid-vertebrae ured 3 x 2 cm, and was a dark area with small areas of ight hip ulcer was stage III, 3 cm with scant serous yound bed being 50% dark pink low slough. The state of the tresidents in the middle of the tresidents in the middle of the tresidents in the middle of the m | | time of the review by the Administra Nurse completing the review. This rincluded Residents with wounds to any supplements ordered were transcribed to the MAR for docume and were being given as ordered. The QI Nurse wasin-serviced on 10 by the DON related to her responsil verify transcription of all orders to the MAR to include dietary supplement orders. In services related to \transcription of physician orders to the MAR for documentation to include for supplements ordered for wound management was initiated with 100 Facility Nurses by the Staff Facilitat 10-13-14 and was completed | review ensure ntation 1-9-14 polity to the cription 1-9-16 when the cri | |

| | OF DEFICIENCIES OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | (X2) MULTIP A. BUILDING | LE CONSTRUCTION | (X3) DATE S COMPL | |
|--------------------------|---|---|----------------------------|--|--|----------------------------|
| | | 345215 | B. WING | | C 10/09 | 9/2014 |
| | PROVIDER OR SUPPLIER | D REHABILITATION CENTER | : | STREET ADDRESS, CITY, STATE, ZIP CODE 250 LOVERS LANE WASHINGTON, NC 27889 | | |
| (X4) ID PREFIX TAG | (EACH DEFICIENC | ATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECTIO (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROP DEFICIENCY) | D BE | (X5) COMPLETION DATE |
| F 314 | albumin level was (g/dL) with normal resident's total pronormal being 6.5 - On 08/04/14 the re"Ulceration or interof layers of skin carelated to: impaire fracture. Resident as a problem. Interincluded, "Suppler A 08/07/14 dietary documented Resident as a problem. Interincluded, "Suppler A 08/07/14 dietary documented Resident as a problem. Interincluded, "Suppler A 08/07/14 dietary documented Resident as urgical wound to right hip, vertebrate at risk for wt loss a infection." A 08/07/14 physicion a regular diet, of (protein supplement) at 12 times daily (QID). Review of the resident administration recondinistration of onever documented. | low at 2.1 grams per deciliter being 3.85 - 5.35 g/dL and the otein was low at 4.0 g/dL with 8.5 g/dL. esident's care plan identified, ference with structural integrity aused by prolonged pressure ed mobility s/p (after) left hip is has pressure ulcer to coccyx" erventions to this problem ments as ordered by physician". supplemental review dent #159 was "able to ds, able to feed self with set up, wing problems, regular diet to 25%, inadequate for needs, left hip and pressure wounds to e, and coccyx. Res (resident) and further breakdown, an order started Resident #159 one four-ounce cup of Gelatein nt) twice daily (BID) with med be 2.0 (liquid nutritional 0 cubic centimeters (cc) four dent's August 2014 medication ord (MAR) revealed the Gelatein and Resource 2.0 was d. | F 314 | on 10-21-14. The in-servicing included the need ensure the pink copy of order used facility tracking was initialed indicat transcription to the MAR and then forwarded to the facility QI Nurse who would then verify the transcription of the order to the MA documentation of the supplement I given. Nurses hired after 10-21-14 receive in-servicing during Nursing Orientation by the Staff Facilitator. A QI Tool will be completed by the Nurse weekly x 8 weeks then more a minimum of 2 months to reflect the review of all Physician orders to incorders for dietary supplements used to promote wou healing, prevent infection and prevulcers from developing. Wounded Residents will be reviewed weekly by the Treat Nurse using a QI Tool as a second to ensure nutritional support is being provided as ordered. Audits will be reviewed weekly x 8 then monthly for a minimum of 2 m with follow up conducted as necessidentified concerns by the DON. Results of the audits will be compil forwarded by the DON to the Exec Committee x 4 months for review and the support is to the execution of the execution o | d for ting d for ting e AR for being will I QI thly for he clude and eent new eatment I check ng weeks nonths sary for led and utive QI and | |
| | severely impaired, | ocumented her cognition was and she had a surgical wound, ure ulcers and one stage III | | identification of trends, developme action plan as determined necessa to determine the need and / or freq | ary and | |

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | , , | LE CONSTRUCTION | (X3) DATE SURVEY COMPLETED | | |
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| | | 345215 | B. WING | | | / 09/2014 | |
| | PROVIDER OR SUPPLIER | REHABILITATION CENTER | : | STREET ADDRESS, CITY, STATE, ZIP COE 250 LOVERS LANE WASHINGTON, NC 27889 | • | 100/2014 | |
| (X4) ID PREFIX TAG | (EACH DEFICIENC) | ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRI (EACH CORRECTIVE ACTION SI CROSS-REFERENCED TO THE AP DEFICIENCY) | HOULD BE | (X5) COMPLETION DATE | |
| F 314 | Resident #159 had the coccyx measur of 75% dark pink g scattered yellow sloulcer to the upper runstageable, measured of 95% dark by slough and scant sulcer remained star a wound bed of 75 scattered yellow slough and Resource 2.0 to poor PO (by momeal intake remains supplements considered to provide the second of the second | Ulcer Flow Sheet documented a stage II pressure ulcer to ing 3 x 4 cm with a wound bed ranulation tissue and 25% ough. The resident's pressure mid-vertebrae declined to suring 9 x 5 cm with a wound rown/black eschar and 5% erous exudate. The right hip ge III, measuring 3 x 2 cm with dark pink tissue and 25% ough and scant serous progress note documented, diet changed to add Gelatein to aid with needs r/t (in regard outh) intake, wound status, as poor at 22% average, with umed total intake is still below eeds, will continue to monitor | F 314 | of continuing QI monitoring. | | | |
| | "Pressure ulcer, ur pressures ulcers. | stageable. Multiple sites of It does appear that her ng. She is starting to have | | | | | |

| | OF DEFICIENCIES OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | , , | FIPLE CONSTRUCTION NG | | | E SURVEY IPLETED |
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| | | 345215 | B. WING | | | | C 09/2014 |
| | PROVIDER OR SUPPLIER RACE NURSING AND | REHABILITATION CENTER | | STREET ADDRESS, CITY, STATE, ZIP 250 LOVERS LANE WASHINGTON, NC 27889 | CODE | | |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY | TEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CO (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE DEFICIENCY) | N SHOULD E APPROPF | BE | (X5) COMPLETION DATE |
| F 314 | "intake approximate 24 hours, Gelatein to feed resident-spi get her to drink bett Recommendation: meal tray, have ST Resource order as except for supplem A 08/16/14 progres #159 expired in the On 10/08/14 at 10:3 Resource and Gelathey would be docu with the amount co On 10/08/14 at 2:58 #159's primary first not remember where any nutritional suppthem during medical been documented consumed. On 10/8/14 at 2:58 primary second shifther resident did recomplement, but consumed to supplement, but consumed to supplement dispendent on intake recorded. On 10/9/14 at 3:55 | ed dietitian (RD) documented, ely 25%, refusing meals past BID refusing, staff attempting ts food out, staff states can ter than eat. send house shake on each (speech therapy) clarify pt (patient) refusing all po ent. Multiple wounds" | F3 | 14 | | | |

| | OF DEFICIENCIES OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | ` ' | LE CONSTRUCTION S | COM | E SURVEY PLETED |
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| | | 345215 | B. WING | | | C 09/2014 |
| | PROVIDER OR SUPPLIER | REHABILITATION CENTER | | STREET ADDRESS, CITY, STATE, ZIP CODE 250 LOVERS LANE WASHINGTON, NC 27889 | 10/ | 03/2014 |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY | TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECTIOI (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPI DEFICIENCY) | BE | (X5) COMPLETION DATE |
| F 314 | receive nutritional spink copies of physplaced in a drawer the quality improved to check all the pink nutritional recomme orders were transcrome orders were transcrome to check all the pink nutritional recomme orders were transcrome orders were transcrome to the magainst the M compare pink copies of any of them against the M compare pink copies and labs to make stomake stomakes or other corders were carried 483.25(i) MAINTAIN UNLESS UNAVOID Based on a resident assessment, the faresident - (1) Maintains acceptatus, such as bod unless the resident demonstrates that the | know that resident was to upplements. She reported the ician phone orders were at night, and the next morning ment (QI) nurse was supposed a copies (including those with endations) to make sure all ribed over to the MAR. PM the QI nurse stated she was her responsibility to take dietary orders and compare ARs. She reported she did as of orders for medications are they were documented on documents to ensure the lout. N NUTRITION STATUS DABLE It's comprehensive cility must ensure that a stable parameters of nutritional by weight and protein levels, is clinical condition this is not possible; and apeutic diet when there is a | F 314 | | | 10/28/14 |
| | by: Based on staff inte facility failed to cons | NT is not met as evidenced rview and record review the sistently provide nutritional supplements to | | Resident #38 no longer resides in facility. Facility Residents continue receive physician ordered nutritions | to | |

| STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE 3 AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING | | E SURVEY PLETED | | | | | |
|--|---|---|--------------------|-----|--|-------------------------------------|----------------------------|
| | | 345215 | B. WING | | | | C 09/2014 |
| NAME OF I | PROVIDER OR SUPPLIER | I . | | S | STREET ADDRESS, CITY, STATE, ZIP CODE | 10/ | JU/2014 |
| | | | | 2 | 250 LOVERS LANE | | |
| RIVER T | RACE NURSING AND | REHABILITATION CENTER | | | WASHINGTON, NC 27889 | | |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY | TEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION) | ID PREFI TAG | | PROVIDER'S PLAN OF CORRECTIO (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROP DEFICIENCY) | BE | (X5) COMPLETION DATE |
| F 325 | Continued From pa | ge 8 | F 3 | 325 | | | |
| | residents (Resident was reviewed. Find | - | | | supplements for weight loss prever and weight loss management as per physician orde continue to have those supplement | ers and | |
| | 08/07/14 and disch resident's documer cardiovascular dise | admitted to the facility on arged home on 09/10/14. The steed diagnoses included ease, hyperlipidemia, chronic ary disease, and right hip | | | documented. 100% of Medications Administratio Records (MAR)and Physician orde Facility Residents were reviewed b Director of Nursing (DON) and | n rs for y the | |
| | was admitted to the | n orders revealed the resident e facility on a regular diet. ght Summary documented she | | | Administrative Nurses to include the Assistant Director of Nursing (ADC) the Quality Improvement (QI) Nurs 10-13-14. This review included Reserveiving nutritional support for we | N) and e on sidents | |
| | albumin was low at with normal being 3 | nds on 08/07/14. s documented the resident's 2.7 grams per deciliter (g/dL) 8.85 - 5.35 g/dL and her total 4.8 g/dL with normal being 6.5 | | | management to ensure any supple ordered were transcribed to the MA documentation. Follow up by the D and / or Administrative Nurses occ necessary for any identified areas concern at the time of the review. | AR for ON urredas | |
| | A 08/10/14 physicia "Admission visit for hospitalization betw fall resulting in hip f | veen 8/3 and 8/7 secondary to racture with surgical ne with a wound VAC to her | | | The QI Nurse wasin-serviced on 10 by the DON related to her respons verify transcription of all orders to t MAR to include dietary supplement orders. In services related to transcription | bility to he | |
| | A 08/12/14 physicial resident's diet to pure A 08/12/14 dietary sedocumented, "Admicommunicate need dentures/natural tector puree per ST (sp. | an order changed the uree with thin liquids. supplemental review itted at 141.2 lbs, able to s, total assist with eating, no eth, diet changed earlier today beech therapy), meal intake | | | physician orders to the MAR for documentation to include for suppl ordered for weight management ar nutritional support was conducted with 100% of Facility Nuthe Staff Facilitator beginning on 10 and was completed on 10-21-14. | ements ad urses by 0-13-14 | |
| | has been poor at 25 | 5% since admit" | | | The in-servicing included the need | to | |

| | OF DEFICIENCIES OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | ` , | LE CONSTRUCTION | (X3) DATE SURVEY COMPLETED |
|--------------------------|---|--|---------------------|--|--|
| | | 345215 | B. WING | | C 10/09/2014 |
| | PROVIDER OR SUPPLIER RACE NURSING AND | REHABILITATION CENTER | | STREET ADDRESS, CITY, STATE, ZIP CODE 250 LOVERS LANE WASHINGTON, NC 27889 | |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY | TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO DEFICIENCY) | JLD BE COMPLÉTION |
| F 325 | "State of nourishmer requirement charactor/t (in regard to) poor meals, need for me chewing difficulty" at this problem include supplementation" a evaluation/recomm The resident's 08/1 Data Set (MDS) did term memory, but of for daily decision mand the assessment all was totally dependent eating, had no swale experienced no signingain. The resident's Weigweighed 138.4 pour A 08/18/14 dietary sedocumented, "Meal pure diet, inadequated A 08/18/14 physicia on Resource 2.0 (licubic centimeters (med pass and one (protein supplemented). | sident's care plan identified, ent; less than body sterized by inadequate intake or PO (by mouth) intake of echanically altered diet r/t as a problem. Interventions to ed, "Provide calorie/protein and "Refer to dietitian for endations." 4/14 Admission Minimum I not assess her short and long documented her cognitive skills aking were severely impaired. so documented the resident ent on a staff member for llowing disorder, and nificant weight loss or weight of Summary documented she and on 08/14/14. Supplemental review I intake at 40% after change to ate for current needs." In order started Resident #38 quid nutrition supplement) 60 cc) three times daily (TID) with four-ounce cup of Gelatein t) daily with med pass. ent's August 2014 medication and (MAR) revealed no sident #38 received Resource | F 325 | ensure copy of order used for fact tracking was initialed indicating transcription to the MAR and the forwarded to the facility QI Nurse who would then verify twas transcribed to the MAR for documentation. Nurses hired afta 10-21-14 will receive in-servicing Nursing Orientation by the Staff Facilitator. A QI Tool will be completed by the Nurse to reflect review of all Phyorders to include supplement or nutritional support for weight management. The ADON utilizing a QI Tool will conduct we review of Residents requiring we management as a second check Tools will be completed weekly x then monthly for a minimum of 2 with follow conducted as necessidentified concerns by the DON. Results of the audits will be comforwarded by the DON to the Exe Committee for review x 4 months identification of trends, developm action plan as appropriate and to determine the need and / or freq continuing QI monitoring. | n he order er during e QI sician ders for eekly ight The QI 8 weeks months ary for piled and ecutive QI s for nent of |

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| F 325 | The resident's Weigweighed 136 pounds on 08/28/14 A 09/01/14 dietary s documented, "CBW pounds, weight downeal intake at 45% estimated caloric necontinue to monitor. The resident's Weigweighed 122.4 pour A 09/04/14 physicial continue Resident Resource 2.0 and Cadded Boost Plus weighed 122.4 pour Review of the residence and decumented Resource. A 09/08/14 registered documented, "Adm | ght Summary documented she is on 08/21/14 and 132 it. Supplemental review / (current body weight) 132 //n by 9.2 pounds x 30 days, total intake is below eeds r/t weight loss, will weights and intakes." ght Summary documented she ands on 09/04/14. In order documented to #38 on a puree diet with Gelatein during med pass, but | F 3. | , | | |
| | - 100%, resource a acceptance. Plan t week." On 10/08/14 at 2:50 first shift primary nuresident received a could not say for su supplements given be documented on percentage of supp | nd protein daily with 50% o d/c (discharge) home this o PM Nurse #5, Resident #38's urse, stated she thought the nutritional supplement but ure. She reported all with medication pass were to the MAR, accompanied by a lement intake. | | | | |
| | On 10/08/14 at 5:42 | 2 PM Nurse #6, Resident #38's | | | | |

| | OF DEFICIENCIES OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | (X2) MULTI A. BUILDIN | PLE CONSTRUCTION IG | | E SURVEY IPLETED |
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| F 325 | remember the reside medication pass dumedication pass du On 10/9/14 at 3:55 (DON) stated the Moursing staff would receive nutritional spink copies of physical placed in a drawer the quality improve to check all the pink nutritional recomme orders were transcorous were transcorous with the Rigiven with a med particular with a med particular with the Rigiven with a med particular with a med particular with the Rigiven with a med particular with a medical place with a manufactural with a medical place with a medica | rige 11 ry nurse, stated she did not dent getting a supplement via uring her nursing home stay. PM the director of nursing MAR was the only way that all know that resident was to supplements. She reported the cician phone orders were at night, and the next morning ment (QI) nurse was supposed at copies (including those with endations) to make sure all ribed over to the MAR. PM, during a telephone RD, she stated supplements ass were supposed to be a MAR. She also reported mented the percent of on the MAR which helped her out continuing or replacing residents continued to lose PM the QI nurse stated she was her responsibility to take dietary orders and compare IARs. She reported she did as of orders for medications ure they were documented on documents to ensure the | F 32 | 25 | | |
| F 366 SS=E | NUTRITIVE VALUE | TITUTES OF SIMILAR | F 36 | 66 | | 10/28/14 |
| | | ives and the facility provides of similar nutritive value to | | | | |

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| DIVED T | DAGE NUIDOING AN | D DELLA DIL ITATIONI GENTED | | 250 LOVERS LANE | | |
| RIVER I | RACE NURSING AN | D REHABILITATION CENTER | | WASHINGTON, NC 27889 | | |
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| F 366 | Continued From presidents who refu | _ | F 36 | 66 | | |
| | by: Based on observed facility failed to prove vegetable (okra) walue. Findings in The lunch trayline on 10/08/14. Observed the surrounding kit the alternate for mask appeared to be tho okra. In an interviewas being served At 2:30 PM on 10/0 (DM) stated corner alternate for a grenutrition standpoir reported the cook meats, starches, and However, she convisually confirmed same nutrient value According to the Ealternates for greegreen vegetables, | began operation at 12:03 PM servation of the steam table and stichen revealed barbecue was swiss steak, noodles was the ned potatoes, and corn e alternate for fried/breaded ew the cook confirmed that corn as the alternate for the okra. (09/14 the dietary manager was never to be served as an en vegetable because from a nt corn was a starch. She chose the alternates for the and vegetables on the menus. Inmented that she usually that the alternates were of the usual the posted menu items. OM, dietary staff was trained that en vegetables were to be other alternates for yellow | | Facility Residents are received substitutes for food it green vegetables ensuring receive equal nutritive valuations are made. The meal substitute conceives and the time of the The corn was discarded. For substituted for Fried Okra. Residents continue to receive food substitutions as evided observations by the Dietar Dietary Assistant Manager Aide as assigned during expreparation. Any concerns corrected at time of the observations by the Dietary staff in-servicing with 10-8-14 and was completed related to correct food item by the Dietary Manager. In included instruction related substitution of a green vegestaff hired after 10-20-14 with the substitution of a green vegestaff hired after 10-20- | ems to include g Residents ue when ern observed on the Dietary e observation. Peas were Facility eive appropriate ent by Manager, or the Dietary ach meal identified are oservation. The control of the dietary are initiated on ed on 10-20-14 in substitutions in-servicing d to appropriate getable. Dietary will receive | |
| | and alternates for other orange vege At 2:38 PM on 10/ stated the cook do starch, and vegeta | o be other yellow vegetables, orange vegetables were to be etables. //09/14 a cook/dietary aide ecided what the alternate meat, able items were going to be at ated dietary staff was trained | | in-servicing during Dietary the Dietary Manager. Food item substitutions wi monitored during routine for the Dietary Manager or Assistant Manager or the assigned during each meaning the Dietary Manager or | Il continue to be ood preparation Dietary Dietary Aide as | |

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | (X2) MULTIPLE CONSTRUCTION A. BUILDING | | | (X3) DATE SURVEY COMPLETED | |
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| | | 345215 | B. WING | | | | C 09/2014 |
| | PROVIDER OR SUPPLIER | REHABILITATION CENTER | | 25 | TREET ADDRESS, CITY, STATE, ZIP CODE 50 LOVERS LANE (ASHINGTON, NC 27889 | 10/ | 03/2014 |
| (X4) ID PREFIX TAG | (EACH DEFICIENCY | TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION) | ID PREFIX TAG | X | PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPF DEFICIENCY) | BE | (X5) COMPLETION DATE |
| F 366 F 371 SS=E | starches, and could green vegetables. 483.35(i) FOOD PR STORE/PREPARE/ The facility must - (1) Procure food fro considered satisfac authorities; and (2) Store, prepare, ounder sanitary conditions. | ROCURE, SERVE - SANITARY om sources approved or tory by Federal, State or local distribute and serve food litions | F3 | | who will also correct any concerns identified at the time of the observa Dietary QI Audit tool will be complet weekly for 4 weeks then weekly x 4 then monthly for a minimum of 2 m to ensure Residents are receiving a substitution for food items. The QI Audit tools will be reviewed x 8 weeks then monthly for 2 month the Quality Improvement Nurse or the Administrator with follow-up as deen ecessary for any identified concern. Results of the audits will be compile monthly by the Quality Improvement Nurse or the Administrator and forward to the Executive Quality Improvement Committee monthly x 4 months for and for identification of trends, development of action plan as approand to determine the need and / or frequency of continuing QI monitorical controls. | ted 3 x weeks onths correct weekly ns by the med ns. ed oft varded ent review | 10/28/14 |
| | THIS INLIGHTED | NT is not met as evidenced | | | | | |

| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: | (X2) MULTIPLE CONSTRUCTION A. BUILDING | | | (X3) DATE SURVEY COMPLETED | |
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| (X4) ID PREFIX TAG | (EACH DEFICIENC | TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF COR (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE A DEFICIENCY) | SHOULD BE | (X5) COMPLETION DATE | |
| F 371 | by: Based on observifacility failed to air it into storage and discard abraded of the control of | ation and staff interview the dry kitchenware before placing on resident trays and failed to roffee mugs. Findings included: uring initial initial tour of the gat 7:07 PM, 4 of 9 tray pans one another in storage had inside. 18 AM 4 of 7 sippy cups placed had moisture inside of them. 19/14 the dietary manager closing the cook inspected by to make sure it was not et. She also reported once or ay she or her assistant checked ake sure it was dry. She ware was to be air dried before storage or placed on resident | F 37 | Facility food is being served sanitary conditions to include served to Residents using d not abraded and are dry with present during stacking and Items with moisture reported were removed from meal trained dried prior to use for me Dietary staff under observational Dietary Manager. Abraded dinclude cups observed were and replaced on 10-8-14 by Manager after reported observed were and replaced on 10-8-14 by Manager after reported observed were and replaced on 10-8-14 by Manager after reported observed were and replaced on 10-8-14 by Manager after reported observed by the facility on 10 placed in use. 100% Dietary staff in-servicion initiated on 10-8-14 and was on 10-20-14 by the Dietary Manager, preparation, distributed and food service under sanitary condictional include ensuring dishes are stacking for storage and distributed and food service items that a Dietary Staff hired after 10-2 receive in-servicing during Dietary Staff hired after 10-2 receive in-servicing during Dietary Aide as assigned for to storage and for damage of the decirion of the decirion of the decirion of the decirion of the damage of the decirion of the decirion of the damage of the decirion of the damage of the da | e being ishes that are noutmoisture storage. d on 10-8-14 ays, rewashed eal by the ion by the dishes to discarded the Dietary ervation. The ordered by 8-14 and were 0-14-14 and fing was a completed wanager ments for food ution and itions to dry prior to cardingdishes are abraded. 20-14 will dietary anager. So and mugs of the Dietary er and / or or drying prior or wear and | | |

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| RIVER | RACE NURSING AND | REHABILITATION CENTER | | WASHINGTON, NC 27889 | | | |
| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) | | ID PROVIDER'S PLAN OF CORRECT PREFIX (EACH CORRECTIVE ACTION SHOU TAG CROSS-REFERENCED TO THE APPRO DEFICIENCY) | | HOULD BE | (X5) COMPLETION DATE | |
| F 371 | kitchenware items. replacements were do an emergency of At 2:38 PM on 10/0 stated any damage the staff, shown to stated cracked, chi | chack-up on-site for most She explained if a not in storage then she could order. 19/14 a cook/dietary aide and kitchenware was pulled by the DM, and replaced. He pped, and abraded sed the chance that the items | F3 | areas indicating need for replantilizing a QI tool. A QI Tool will be completed 3 4 weeks then once weekly for then monthly for a minimum of by the Dietary Manager, Assist Manager and / or Dietary Aide as assigned to record and ensure stored and used without in that dishes in use are not abraconcerns identified will be contime of the observation by the Manager, Assistant Manager Dietary Aide as assigned. The QI Audit tools will be review x 8 weeks then monthly for 2 the Quality Improvement Nurse Administrator with follow-up a necessary for any identified on the Executive Quality Improvement Nurse or the Administrator and to the Executive Quality Improvement of the Executive Quality Improvement of action plan as and to determine the need and frequency of continuing QI more as a series of the interest of the series of the need and frequency of continuing QI more details and to determine the need and frequency of continuing QI more details. | x weekly for 4 weeks of 2 Months stant estant estan | | |