PRINTED: 10/01/2013 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER;	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
		345285	B. WNG _		09	/19/2013	
	ROVIDER OR SUPPLIER N HOME HEALTH AND F	EHAB		STREET ADDRESS, CITY, STATE, ZIP CODE 200 HERITAGE DR HENDERSONVILLE, NC 28739	:		
(X4) ID PREFIX TAG			ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)		(X5) COMPLETION DATE	
	any significant medical This REQUIREMENT by: Based on observation and staff interviews th significant medication administration observation sampled residents observation administration. Lactul per physician orders. (The findings included: Resident #24 was reactly 12/13. Resident #24 paralytic lleus, bilateralytic lleus, bi	re that residents are free of ation errors. is not met as evidenced as, medical record reviews e facility failed to be free of error during medication ation for one (1) of nine (9) served for medication ose was not administered (Resident #24) dmitted to the facility on 24's diagnoses included all leg amputation, es. t physician orders for the 013 included:) per 15 ml (milliliter)) take orally twice daily I with several other erved for medication 8/13 at 3:54 PM. A #1) was observed ons to Resident #24. other medications including p.	F3	The submission of the Correction does not agreement on the part of Home Health and Recenter that the deficiency the report represent practices on the part of Home Health and Recenter. This plan represe going pledge to provide that is rendered in accordal regulatory requirement. Tag: F 333 483.25 (m) (2) free of significant Med error Corrective action for residents: It was unnecessary to mone #24 for negative outcome a error was prevented by state. How other residents with the for deficient practice idented All residents have the potential free feeted by the deficient practice errors.	constitute of Mountain chabilitation y cited with deficient f Mountain chabilitation ents our on- quality care rdance with ts. 2) Residents ors identified citor resident s medication surveyor. che potential ified:		
		JPPLIER REPRESENTATIVE'S SIGNATURE		TITLE	5	(X6) DATE	

Administrator

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosurable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosurable 140 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation. 1 0 2013

If continuation sheets age 1 of 8

by: SKH

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED	
	345285	B. WNG		09/19/2013	
NAME OF PROVIDER OR SUPPLIER MOUNTAIN HOME HEALTH AND REHAB			STREET ADDRESS, CITY, STATE, ZIP CODE 200 HERITAGE DR HENDERSONVILLE, NC 28739		
PREFIX (EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		
and stated that she was Surveyor had to interve instructions for Lactulos label. MA #1 realized the she had not noticed that and now correctly means syrup and administered. A continued interview wat 3:55 PM revealed this and she had worked on and was not familiar with stated that she forgot to completely and did not on the pharmacy label. An interview with charge 4:04 PM confirmed the made and stated that she error report. Nurse #1 states had been instruct Administration Record (on the pharmacy label. MA #1 did not work on the regularly. An interview with the Di 09/19/13 at 2:45 PM confirmed that instruct pharmacy label had to be three times prior to med	lled one tablet of and one tablet of and one tablet of mg to a medication cup is ready to administer. In and asked her to read see order on the pharmacy of the error and stated that at high dose of Lactulose sured 67.5 ml Lactulose is with other medications. With the MA #1 on 09/18/13 is was not her usual hall only a few days this month the the residents. MA #1 is read the order compare the instructions We Nurse #1 on 09/18/13 at error that MA #1 had he would file a medication stated that all medication ted to read the Medication (MAR) and the instructions Nurse #1 confirmed that this side of the hall Trector of Nursing on on on the market in the m	F 364		and sed on are by irector ser 17, sistant e will on all des by sistant e will audits then audits e will s and insure	

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	An in the construction of	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED		
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	MOUNTAIN HOME HEALTH AND REHAB			STREET ADDRESS, CITY, STATE, ZIP CODE 200 HERITAGE DR HENDERSONVILLE, NC 28739				
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES ID PROVIDER'S PLAN OF CORRECTIO (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATION DEFICIENCY)			(X5) COMPLETION DATE				
	food prepared by method value, flavor, and apprepared by method value, flavor, and apprepared by method value, flavor, and apprepared by temperature. This REQUIREMENT by: Based on observation review of facility recipe mixed vegetables and recipe and to conserve observed. The findings included: On 09/16/13 at 10:12 // observation, dietary staff #1 was observed in the menu included bietary staff #1 was observed in the pan interpretable beginned to the pan interpretable beginning to the pan interpretable beginned to the pan interpretable beginning	s and the facility provides hods that conserve nutritive earance; and food that is and at the proper is not met as evidenced as, staff interviews and es, the facility failed to cook zucchini according to the enutrients for 2 of 2 meals AM during a kitchen aff #1 prepared the lunch led steamed zucchini. Eserved to pour frozen ed with salt, pepper, into a stainless steel pan of the steamer. The lunch es AM and the steamed with a watery mushy AM, with the breakfast tray much deep, long stainless d on the stove and ables (corn, lima beans, as and carrots) slowly etables were observed 8:20 AM until 09:57 AM	F3		Tag: F364Nutritive Value/A Palatable/Prefer Temp: It is the policy of this facility to produce flavor, and appearance; and that is palatable, attractive, and proper temperature. Corrective action: One of the ways that this has achieved for dietary staff #1 a included in-service education revi "Following Standardized Represented on October 3, 2013, b Dietary Manager. Because all residents that consume by mouth have the potential affected all dietary staff involv food preparation, storage, distril and service of food handling recthe in-service education revi "Following Standardized Represented on October 3, 2013. The cycle menus and the recipe were reviewed on October 3, 201 the Dietary Manager to ensure rewere available for all menu served.	been the bee		

	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
			X BOLDING				
		345285	B. WNG			09	/19/2013
	NAME OF PROVIDER OR SUPPLIER MOUNTAIN HOME HEALTH AND REHAB			2	STREET ADDRESS, CITY, STATE, ZIP CODE 200 HERITAGE DR HENDERSONVILLE, NC 28739		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X6) COMPLETION DATE
F 364	09:30 AM revealed the He stated he used a retimes. He stated that we zucchini on 09/16/13 Pullipitary staff #1 stated frozen zucchini with seed and steamer and then on the stated that he used that he did not already Dietary staff #2 also stated that he did not already Dietary staff #2 also stated that he did not already Dietary staff #2 also stated that he did not already Dietary staff #2 also stated the tender, be complaints that vegetate He stated he seasoner salt, pepper and marginal Review of the recipes	ary staff #1 on 09/19/13 at at he was the routine cook. ecipe for food preparation at when he prepared the ne did not use a recipe. I that he seasoned the alt, pepper, margarine, ed the zucchini in the he tray line for service. Ary staff #2 on 09/19/13 at at he was the relief cook. I are cipe to prepare foods a know how to prepare. I tated that he increased the less to about four hours to cause of resident ables were served too hard. I do the mixed vegetables with arine. I for zucchini and mixed instructions to steam or boil	F	364	operations with conserving no value of food and service of food palatable, attractive while maint proper temperature the followin occur under the direction of the E Manager. The cooks will put review all recipes needed to prepare upcoming meal. This will in utilizing specified cooking tech cooking times, and equipment specified in the recipe. The cooks will contain the "Potentially Hazardous Temperature Log" which included the initial that recipes followed 3 times per week for 4 vand finally weekly for 3 months.	npliant utritive that is taining g will Dietary II and are the nclude nique, ecified mplete Foods des a were veeks,	
ĺ	seasonings.				Facility monitoring process:		
	dietary manager (DM) to use recipes and coor The DM stated the cook vegetable being cooke instructed the cooks to for vegetables due to regetables were serve provide specific instructed the had not monitored to vegetables, but rather	tions. The DM stated that			Effective October 2013, a Q Assurance program will be implem under the direction of the D Manager and the Registered Die The Dietary Manager will prindings to the Quality Assurance monthly for further reand/or corrective action.	iented ietary titian. resent	10/12/13

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	three hours or more to DM tasted the mixed of carrots are definitely to observed mushy, the water was released fropierced. During an interview or the consultant register frozen vegetables sho and that she agreed the long would contribute 483.35(i) FOOD PROG STORE/PREPARE/SE The facility must - (1) Procure food from considered satisfactor authorities; and (2) Store, prepare, distrumber sanitary conditions. This REQUIREMENT by: Based on observation review of facility policies conduct temperature in hazardous food and stof bacteria during mea	en vegetables could take of prepare by boiling. The vegetables and stated "The coo soft." The carrots were green beans separated and om the green peas when a 09/19/13 at 10:45 AM with red dietitian she stated that ruld not cook for four hours hat boiling vegetables that to the loss of nutrients. CURE, ERVE - SANITARY sources approved or by by Federal, State or local tribute and serve food ons is not met as evidenced as, staff interviews and es, the facility failed to 1) nonitoring of a potentially ore to prevent the growth preparation (cooked and handle dishes/flatware	F 371	Tag: F371Food Pr	proved ederal,	

OLIVILI	O TOTT WEDIOTITE OF	WEDIONID OF WIOLD			OMB M	J. 0938-0391
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	MOUNTAIN HOME HEALTH AND REHAB			STREET ADDRESS, CITY, STATE, ZIP CODE 200 HERITAGE DR HENDERSONVILLE, NC 28739		
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	Leftovers, both policie Foods high in protein are best foods to grow held either below 41°F above 135 °F to reduc Cooked or perishable refrigerated or frozen in (hazardous analysis a cooling methods. During a follow-up kito the following concerns cooked turkey. At 07:3 pans of cooked turkey chopped and pureed) the counter top covere pans of cooked turkey top until 09:15 AM. An interview with dieta 09/19/13 at 8:18 AM at the turkey that morning chopped a portion and turkey. At 09:15 AM, disteamer and began to into the steamer. He steonducted temperature He further stated that his breast from the walk-in prior to slicing, chopping census of 122 resident surveyor, dietary staff amonitoring of the turkey.	sking Temperatures and s undated, recorded in part: and neutral or low in acid bacteria. Foods must be (degrees Fahrenheit) or se food borne illness. foods should be immediately using HACCP and critical control points) hen observation on 9/19/13 were observed with 55 AM three stainless steel (sliced, mechanical were observed stored on d with plastic wrap. The remained on the counter of the remained on the sliced gabout 07:00 AM then pureed a portion of the letary staff #2 opened the place the pans of turkey ated that he had not a monitoring of the turkey refrigerator that morning and pureeing for a s. At the request of the #2 conducted temperature y. Each pan of turkey was. Dietary staff #2 placed		Corrective action: 1) To reinforce this expectation of staff member #2 was reinstruct the HACCP guidelines as pertained to the handling of cooked turkey. Upon identify of the temperature of the turn was immediately wrapped, and labeled and returner refrigeration. 2) It is the expectation that dishes/flatware will be air after washing/sanitization. conditions warrant hand drying to an emergent situation and avoid the untimely delivery of then the use of single-use town proper handling of utensils dishes to avoid improper contact continues to be expectation. Because all residents that consume by mouth have the potential of affected all staff involved in preparation, storage, distribution service of food handling receives service education on "Handlin Potentially Hazardous Foods" presson September 19, 2013. All distaff received in-service training "Storage of Pots, Dishes, Flatware Utensils" on September 19, 2013.	ted on they of the ication rekey it dated of to the ication rekey it dated of to the ication of the ication rekey it dated of to the ication of the ication	

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		345285	B. WNG		09/	19/2013	
MOUNTAIN HOME HEALTH AND REHAB SUMMARY STATEMENT OF DEFICIENCIES		1	STREET ADDRESS, CITY, STATE, ZIP CODE 200 HERITAGE DR HENDERSONVILLE, NC 28739				
(X4) ID PREFIX TAG	IX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (E		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE		
F 371	day before so that he the turkey the next da turkey on the counter temperature monitorinhe was ready to put it #2 stated he was not monitor the temperature under refrigeration under refr	I the turkey was cooked the could slice, chop and puree y. He stated he left the top without conducting as a usual practice until in the steamer. Dietary staff aware that he should are of the turkey or keep it til he was ready to reheat it. Dietary manager (DM) at 10:30 AM and revealed antially hazardous foods key to be kept out of the and stated that PHF should 41 °F or hot at above 135 arin in the "danger zone" for a 13 at 10:45AM with the dietitian revealed that PHF be left out of refrigeration if arage of Pots, Dishes, dated, recorded in part to ware and wear gloves for the observation on concerns were observed and eight insulated bases are towel to towel dry each	F 371	To enhance currently comperations with storage, preparation distribution of food under sa conditions, under the direction of Dietary Manager, the food service will do the following: 1) Conduct temperature monitors the Potentially Hazardous Food assure proper storage, handling storage. 2) Will air dry all dishes/fla	appliant on and unitary of the e staff dis and ag and atware drying towel ed) to nation	10/17/13	

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NAME OF PHOMORE OR SUPPLIER MOUNTAIN HOME HEALTH AND REHAB 200 HERITAGE OR HENDERSON/ULLE, NC 28739		ND PLAN OF CORRECTION IDENTIFICATION NUMBER:		8 8	TIPLE CONSTRUCTION NG		(X3) DATE SURVEY COMPLETED	
STREET ADDRESS, CITY, STATE, JPP CODE STREET ADDRESS, CITY, STATE, JPP CODE STATE ADDRESS ADDRES			345285	B. WNG _		09/19		
FRETIX TAG REGULATORY OR LSC IDENTIFYING INFORMATION) F 371 Continued From page 7 the items to air dry prior to use. b. At 08:11 AM the DM was observed to remove a tray of nine forks, nine knives, and nine spoons from the chemical sanitzer dishwasher. Using his bare hands and the towel previously used to dry insulated domes and bases he towel dried each piece of flatware and rolled them in napkins for use on the tray line. He did not perform hand hyglene, use gloves or allow the flatware to air dry prior to use. During an interview on 09/19/13 at 10:30 AM, the DM stated that he did not air dry the dishes because he was trying to get the items to the tray line without holding up the tray line. The DM also stated that he should have worn gloves when he handled the clean dishes. PREFIX TAG Facility monitoring process: Effective, October 2013 a Quality Assurance program will be implemented under the supervision of the Dietary Manager and the Registered Dietitian review the following concerns: 1) A formal audit using the Potentially Hazardous Foods Temperature Monitoring Log will be completed daily by the food service worker for 4 weeks, and then weekly for 3 months. Any deficiencies will be corrected immediately and the findings of the audit will be documented and submitted at the Quality Assurance Committee meeting for further review and/or corrective action. 2) The procedure for the proper handling of dishes, flatware and utensits is posted in the serving area. All dietary staff has been educated and is responsible for adhering to this procedure. A checklist is posted and available for staff member to initial if for any reason one of the above stated items are not completely air-dried and must be hand dried during tray line service. Initialing of this form thereby acknowledges that the employec has adhered to the posted procedure. Any deficiencies will be corrected	TOT WAS IN THE CONTROL OF THE CONTRO			200 HERITAGE DR				
the items to air dry prior to use. b. At 08-11 AM the DM was observed to remove a tray of nine forks, nine knives, and nine spoons from the chemical sanitzer dishwasher. Using his bare hands and the towel previously used to dry insulated domes and bases he towel dried each piece of flatware and rolled them in napkins for use on the tray line. He did not perform hand hyglene, use gloves or allow the flatware to air dry prior to use. During an interview on 09/19/13 at 10:30 AM, the DM stated that he did not air dry the dishes because he was trying to get the items to the tray line without holding up the tray line. The DM also stated that he should have worn gloves when he handled the clean dishes. Effective, October 2013 a Quality Assurance program will be implemented under the supervision of the Dietary Manager and the Registered Dictitian review the following concerns: 1) A formal audit using the Potentially Hazardous Foods Temperature Monitoring Log will be completed daily by the food service worker for 4 weeks, then 3 times per week for 4 weeks, and then weekly for 3 months. Any deficiencies will be corrected immediately and the findings of the audit will be documented and submitted at the Quality Assurance Committee meeting for further review and/or corrective action. 2) The procedure for the proper handling of dishes, flatware and utensils is posted in the serving area. All dietary staff has been educated and is responsible for adhering to this procedure. A checklist is posted and available for staff member to initial if for any reason one of the above stated items are not completely air-dried and must be hand dried during tray line service. Initialing of this form thereby acknowledges that the employee has adhered to the posted procedure. Any deficiencies will be corrected	PREFIX	(EACH DEFICIENC)	Y MUST BE PRECEDED BY FULL	PREFIX	X (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO	(EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE		
DRM CMS-2567(02-99) Previous Versions Obsolete Event ID: RJP611 Faci immediately. The Dietary Manager leet Page 8 of 8		the items to air dry pri b. At 08:11 AM the a tray of nine forks, ni from the chemical san bare hands and the to insulated domes and I piece of flatware and I use on the tray line. H hygiene, use gloves o prior to use. During an interview or DM stated that he did because he was trying line without holding up stated that he should I handled the clean dish	or to use. DM was observed to remove ne knives, and nine spoons hitizer dishwasher. Using his wel previously used to dry bases he towel dried each rolled them in napkins for e did not perform hand r allow the flatware to air dry 109/19/13 at 10:30 AM, the not air dry the dishes to get the items to the tray the tray line. The DM also have worn gloves when he hes.		Effective, October 2013 a Assurance program will be implunder the supervision of the Manager and the Registered review the following concerns: 1) A formal audit using the Potential Hazardous Foods Tem Monitoring Log will be concerned as the service were decided as the service weeks, and then weekly months. Any deficiencies corrected immediately a findings of the audit documented and submitted Quality Assurance Concertive action. 2) The procedure for the handling of dishes, flatw utensils is posted in the service All dietary staff has been and is responsible for adhithis procedure. A check posted and available for member to initial if for any one of the above stated item completely air-dried and a hand dried during tray line Initialing of this form acknowledges that the employable controlled and the posted procedured to the posted procedured to the posted procedured will be controlled.	emented Dietary Dietary Dietitian dentially perature empleted rker for ek for 4 for 3 will be at the end the vill be at the emmittee and/or proper are and engarea, ducated ering to klist is r staff reason are not enust be service, thereby yee has cedure, orrected		

will complete a formal audit of this checklist monthly for 6 months with results compiled and submitted to the Quality Assurance Committee.