AMENDED

PRINTED: 05/07/2013 FORM APPROVED OMB NO. 0938-0391

	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	180 000180000000000	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
		345205	B. WNG			03/	01/2013	
	ROVIDER OR SUPPLIER OD HILLS NURSING ANI	O REHABILITATION CENTER		1	REET ADDRESS, CITY, STATE, ZIP CODE 016 FLETCHER ST VILKESBORO, NC 28697			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREF TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIAT DEFICIENCY)		(X5) COMPLETION DATE	
F 246 SS=D	OF NEEDS/PREFER A resident has the rig services in the facility accommodations of ir	ht to reside and receive with reasonable idividual needs and then the health or safety of	F	246	Westwood Hills Nursing and Rehabilitaticenter (WWHNRC) acknowledges receipt the Statement of Deficiencies (SoD) and proposes this Plan of Correction to the ethat the summary of findings is factually correct and in order to maintain complia with applicable rules and provisions of of care of residents. The Plan of Correct submitted as a written allegation of compliance.	ot of extent / ance quality	*	
	by: Based on observation resident and staff inte provide toileting as re	*			WWHNRC's response to this Statement Deficiencies (SoD) does not denote agreement with the SoD nor does it constitute an admission that any deficie accurate. Further, WWHNRC reserves the right to refute any of the deficiencies on SoD through Informal Dispute Resolution formal appeal procedure and/or any oth administrative or legal proceeding.	ency is ne n this n,		
	01/18/13 with diagnost failure, a history of uriand urinary retention. A review of a hospital 01/18/13 indicated Retract infection (UTI) with bacteria and infection body). The summary #181 had recurrent UT hospital with fever, low decreased level of consick for more than 2 m. The most recent re-ad Minimum Data Set (M.)	Insciousness and had been nonths. Imission/significant change DS) dated 01/25/13			Nursing Assistants provided toileting assistance to Resident #181 on 02/28/13 approximately 9:50 AM. She is currently receiving incontinence care timely as requested. All residents have the potential to be affected by the deficient practice. The Quarterly Executive QI Committee review audits to determine the continuenced for frequency of monitoring. Any recommended changes in the plan will be discussed and carried out as agreed upon that time.	fected will ed be	3/26/13	
ABORATORY	DIPECTOR'S OR PROVIDERS	UPPLIER REPRESENTATIVE'S SIGNATURE	R	l	vines taxon		(X6) DATE	

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued MAY 1 6 2013

program participation.

SKH

If continuation sheet Page 1 of 31 by:

	TOF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED			
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F 246	short term and long to resident was cognitive indicated Resident #1 staff for transfers and assistance with toileti incontinent with blade. During an observation Resident #181 was he room out into the hall resident's room and Fishe needed to urinate she was burning and resident the Nurse Aid they would be there so out of the room to a mallway. During an interview of Resident #181 she stawas waiting on staff to needed to urinate. Si yeast infection and the and if she wet herself. During an interview of Nurse #4 stated she we needed to urinate and further stated NAs we residents and they wo shortly.	81 had no problems with arm memory and the ely intact. The MDS further 81 was totally dependent on required extensive ing and hygiene and was der and bowel. In on 02/28/13 at 8:45 AM eard crying loudly from her way. Nurse #4 entered the Resident #181 told Nurse #4 enow because it hurt and in pain. Nurse #4 told the des (NAs) were busy but hortly and Nurse #4 walked in edication cart in the In 02/28/13 at 8:46 AM with ated she was in pain and to help her because she in e further stated she had a lought she might have a UTI the urine burned her skin. In 02/28/13 at 8:48 AM was aware Resident #181 the NAs were aware. She are busy assisting other build assist Resident #181 continued	F	246			

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F 246	During an observation Resident #181's call lidoor in the hallway are entered the room. Remeded to go to the bid dressed. NA #3 remore Resident #181's close about 25 minutes until her because she was resident and NA #3 w. During an observation call light was flashing #181's door in the hall also calling out "nurse. During an observation Resident #181 was creplease hurry, someboom During an observation Nurse #4 entered the stated she needed to she would let the NAs there in a few minutes a few minutes I'll wet on walked out of the room. During an observation #3 and NA #4 entered Resident #181 stated wanted privacy. Both around Resident #181 the curtain. Resident finished and NA #3 and NA #4 and NA #3 and NA #4 and NA #3 and NA #3 and NA #4 and NA #4 and NA #3 and NA #4 an	in on 02/28/13 at 9:25 AM ight was flashing above her and Nurse Aide (NA) #3 sident #181 stated she athroom and wanted to get oved clean clothing from at and stated it would be I her coworker could help busy helping another alked out of the room. In on 02/28/13 at 9:39 AM the over the top of Resident Iway. Resident #181 was then "hello." In on 02/28/13 at 9:41 AM ying and calling out "nurse, dy come here." In on 02/28/13 at 9:42 AM room and Resident #181 urinate. Nurse #4 stated is know and they would be at Resident #181 stated "in on myself" and Nurse #4 in. In on 02/28/13 at 9:46 AM NA I Resident #181's room. she needed to urinate and NAs pulled the curtain 's bed and stepped outside #181 stated she was and NA #4 walked back removed Resident #181's ith urine and provided	F 246				

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F 246	During an interview of NA #3 she stated it all to turn and provide in #181. She explained Resident #181 when because she was bus residents and could in she had a co-worker stated Resident #181 walk to the bathroom not think Resident #1 she wore a brief all of her brief they cleaned. During an interview of Resident #181 stated and it burned her skir calling for assistance did not want to wet he any longer. She veriff the NAs changed her Resident #181 explain if she needed to urina brief and the NAs chand told nursing staff skin and she had a yestated she understooresidents but she war as they could when she wanted them to get the would stop burning.	e 3 n 02/28/13 at 10:22 AM with ways took 2 staff members continence care to Resident she could not assist she first went into her room by providing care to other ot assist Resident #181 until available to help her. She was not able to stand and She further stated she did 81 would use a bedpan and the time and when she wet		246			
	Director of Nursing (Dexpectation for the National and dry and ass	ON) stated it was her As to keep Resident #181					

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F 279 SS=B	NAs in the past and to make the resident was stop what they were of clean and change the could go back to their finished her care. 483.20(d), 483.20(k)(COMPREHENSIVE COMPREHENSIVE COM	bild them they should not it for care but they should doing, help each other to be resident and then they revious tasks after they 1) DEVELOP CARE PLANS The results of the assessment doing a comprehensive care at that includes measurable bles to meet a resident's mental and psychosocial and in the comprehensive describe the services that are an or maintain the resident's anysical, mental, and any as required under vices that would otherwise 33.25 but are not provided exercise of rights under the right to refuse treatment. The results of the assessment doing a comprehensive care in the comprehensive describes the services that are any sical, mental, and any as required under vices that would otherwise 33.25 but are not provided exercise of rights under the right to refuse treatment. The results of the assessment doing a comprehensive care in the comprehensive care in the comprehensive describes the services that are not provided exercise of rights under the right to refuse treatment. The results of the assessment doing to the care in the comprehensive care in the		2246	Resident #85's MDS, CAA's, CAT's Care Plan were reviewed by the M Coordinator. Resdient #85's Care F was updated to include potential fineffective breathing pattern relat history of bronchitis and CHF. Resident #41's MDS, CAA's, and CA for vision were reviewed by the M coordinator. The Care Plan was updated to include visual impairmed All Care Plans will be developed per RAI Manual and as discussed in trasessions during their next quarterly assessment. The Interdisciplinary Care Team members including MDS coordinate were re-educated by the corporate Nurse Consultant on Care Area Assessments, Care Area Triggers and decisions to proceed to Care Plann This was done on 3/25/2013. The corporate Nurse Consultant wereview 5 comprehensive assessment and care plans for triggered Care Assessment Areas weekly x 4 weeks continued accuracy. Retraining will	IDS Plan For ed to AT's DS ents. er the aining y cors e and aing. ill ants s for	3/26/13
		zations and a care plan for			and the second of the second o	St. Contract of the Contract o	

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F 279	o1/08/13. Review of Frecord revealed he wawith the diagnosis of Ichronic pain, and con Further review or resirevealed he was discled o1/21/13. Review of Edischarge summary dwas admitted to the eincreasing shortness Resident #85's discharge increasing shortness Resident #85's discharge increasing over the notified immediately sexperience any worse associated chest pain have daily weights do greater than 2 pounds pounds in a week, this to the physician resident He should be on a 15 grams sodium diet." Edischarged from the hithe facility 01/24/13. Review of Resident #(MDS) Discharge Asservealed return to the The MDS also noted and included the diagifailure.	admitted to the facility on Resident #85's medical as admitted to the facility pronchitis, atrial fibrillation, gestive heart failure. Ident #85's medical record harged to the hospital on Resident #85's hospital ated 01/24/13 revealed he mergency department with post breath. Further review of large summary read in part, nursing facility should be should the patient ening shortness of breath, fevers, etc. He should ne and should weight be so in a day or greater than 5 as weight change to be called ent over the nursing facility.	F 279	The Weekly QI Committee will review audit results and recommend any chathe plans as needed. The Quarterly Executive QI Committer review audits to determine the continued for frequency of monitoring. An recommended changes in the plan will discussed and carried out as agreed uthat time.	ee will nued y		

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F 279	hospital discharge surevealed Resident #8 pneumonia and sepsi summary read in part showed tubes and lin- persistent left pleural decreased pulmonary consistent with a reso congestive heart failu Review of Resident # there was no plan ad failure. Furthermore, to goals or nursing inter- congestive heart failu An interview was con- Nurse #3 who was wo when he was dischare 02/22/13. She stated discharged to the hosp breath and wheezing saturation was in the respirations were incr An interview was con- PM with the Director of stated the resident wa on 01/21/13 and 02/2 failure. She further sta should have been ad care plan. An interview was con- PM with Nurse #2 who	n discharged from the on 02/22/13. Review of the mmary dated 02/25/13 5 was admitted with bilateral s. The hospital discharge , "Chest X-ray on admission es as noted above with effusion, cardiomegaly, and vasculature most olving versus compensated re." 85's care plan revealed dressing congestive heart there were no measurable ventions regarding re for Resident #85. ducted on 03/01/13 with orking with Resident #85 ged to the hospital on Resident #85 was epital due to shortness of She stated is oxygen 80's, and his pulse and	F2	2.79		*

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F 279	heart failure. She stat should have been add when the resident wa on 01/24/13. 2. Resident # 41 was 06/21/12 with diagnos vision impairment in control of the control of t	pital twice for congestive ed congestive heart failure dressed on the care plan is readmitted to the facility. admitted to the facility on ses which included total included total included total included total included included total included total included included total included	F	279			

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F 279	admission to the facili impaired vision. During an interview o MDS Coordinator #1 not develop vision cat the resident was expected to improve affecting the resident of Daily Living. She could not see letters a people's faces. She see declined since he had did not think there was vision to improve. She	ity regarding his moderately n 03/01/13 at 4:09 PM with she stated she routinely did re plans for residents unless eriencing an acute eye ent's eye condition was or if the condition was sability to perform Activities explained Resident #41 at all but he could identify stated his vision had not it been in the facility but she is any expectation for his e also confirmed that a made for an eye exam to ent's vision could be	F 279			
F 309 SS=G	Director of Nursing (Distated she would expedienced to address impaired vision. She goal would be to main status. 483.25 PROVIDE CA HIGHEST WELL BEIL Each resident must reprovide the necessary or maintain the highes mental, and psychosol	resident with moderately further stated the care plan ntain a resident's visual RE/SERVICES FOR NG receive and the facility must or care and services to attain st practicable physical,	F 309	Resident #22 was reassessed by the face physician and the wound physician on to determine the need for further pain interventions. Resident # 20 received pain medication	3/5/13	

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NAME OF PROVIDER OR SUPPLIER WESTWOOD HILLS NURSING AND REHABILITATIO	N CENTER		10	EET ADDRESS, CITY, STATE, ZIP CODE 16 FLETCHER ST ILKESBORO, NC 28697		
(X4) ID SUMMARY STATEMENT OF DEFICIE PREFIX (EACH DEFICIENCY MUST BE PRECEDE TAG REGULATORY OR LSC IDENTIFYING INF	D BY FULL	ID PREFIX TAG	(PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
This REQUIREMENT is not met as experience by: Based on observations, record review interviews, resident interviews, and pheassistant interview, the facility failed to administer effective pain control medic of 4 residents reviewed for pressure so implement the facility's bowel regime for residents reviewed for constipation. #22's pain regimen was not clarified at to coordinate with therapy and pressure dressing changes. Resident #20 was assessed for pain prior to a dressing of staff failed to stop the procedure when occurred. Resident #94's constipation addressed per the facility's protocol. The findings included: 1. Resident #22 was admitted to the four of the four of the facility's protocol. The findings included: 1. Resident #22 was admitted to the four of the facility's protocol. The findings included: 1. Resident #22 was admitted to the four of the facility's protocol. The findings included: 1. Resident #22 was admitted to the four of the facility's protocol. The findings included: 1. Resident #22 was admitted to the four of the facility's protocol. The findings included: 1. Resident #22 was admitted to the four of the facility's protocol. The findings included: 1. Resident #22 was admitted to the four of the facility's protocol. The findings included: 1. Resident #22 was admitted to the four of the facility's protocol. The findings included: 1. Resident #22 was admitted to the four of the facility's protocol. The findings included: 1. Resident #22 was admitted to the four of the facility's protocol. The findings included: 1. Resident #22 was admitted to the four of the facility is protocol. The findings included: 1. Resident #22 was admitted to the four of the facility is protocol. The findings included: 1. Resident #22 was admitted to the four of the facility is protocol. The findings included: 1. Resident #22 was admitted to the four of the facility is protocol. The findings included: 1. Resident #22 was admitted to the facility is protocol. The finding facility is proto	y, staff ysician plan and pation for 2 pres and or 1 of 10 esident nd planned re ulcer not hange and pain was not acility on rt disease, cle poplasm flux. ne pain dered every six 12 noon, 6 a 50mg r M and 4	F3		2/28/13 at 1:00 PM. Resident #20 was reassessed by the facility physician an wound physician on 3/5/13 to determ need for further pain interventions. Residents receiving pressure ulcer dre changes and/or pulse lavage debridem have the potential to be affected by the deficient practice. Residents receiving care and/or pulse lavage debridement received a pain scale assessment of an before and during treatments. Any paissues were addressed by physician notification. These will be completed to 3/25/2013. The Corporate Wound Nurse educated nursing staff responsible for wound caphysical therapy staff responsible for plavage debridement of wounds on prowound care technique and pain assess prior to and during the procedures. Resident's complaints of pain will be addressed immediately. Physical Thera staff responsible for pulse lavage will complete a pain assessment and docuon the weekly therapy progress notes. training was completed on 3/25/2013. Weekly nursing wound progress notes include assessments for pain.	ssing nent ne wound y pain in by I re and bulse per ment mpy	

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F 309	heel ulcer twice a day with a wound care phy and treatment of the r 01/03/13 the Lidocain a day (to coincide with changes). The most recent Mining change dated 02/01/13 severely impaired cogextensive assistance living skills, receiving having no pain, and hissue injury measuring There was no trigger for pain. A current care plan, in the potential for actual the left hand and hear no interruption in normal through next review (0 included: *acknowledge presentand listen to resident's administer pain mediand note the effective and interruption in the potential for signs/symsuch as changes in brigging out, mood/behaverssion, crying, cleatenseness, rigidity of the nurse.	o be applied to the right along with a wound consult visician for the evaluation ight heel ulcer. On e gel was changed to once nonce a day dressing mum Data Set, a significant 3, coded Resident #22 with inition skills, requiring with most activities of daily schedule pain medications, aving an unstageable deep g 1.8 cm x 1.7 cm x 0.7 cm. for a care area assessment initiated 06/06/12, addressed I pain related to cancer of the disease. The goal was formal activities due to pain 105/7/13). Interventions ce of pain and discomfort is concerns; cation as per MD orders need for pain relief and intervention, grunting, moans, moans,	F 30	The Director of Nursing or her d perform weekly random audits of a residents receiving wound care determine if their pain has been before and during wound care. audits will then be performed ex x 2 weeks on 3 residents receiving care x 2 weeks, then 3 residents to ensure compliance on an ongound Any concerns will be addressed at the audit which may include staff education. Weekly then monthly be turned into the Administrator. The Weekly QI Committee will reaudit results and recommend and the plans as needed. The Quarterly Executive QI Committee will reaudit results to determine the concern weekly audits to determine the concern weekly and carried out as agree that time. Resident #94's bowel movement reviewed on 3/1/13 by the QI nurrevealed the resident was curren bowel movements.	x 2 weeks on e to addressed Random very 2 weeks on wound on a monthly oing basis. In the time of fre-raudits will for review. Eview the cy changes in mittee will ontinued and will be sed upon at record was ree and		

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F 309	physician with notes i *On 02/08/13 the wou stated the wound mea a depth of 0.7 cm. Th granulation tissue and to the tendon and also bone. The area was a Lidocaine jelly, but the amount of pain." The from bactroban to sar some enzymatic debr was "not really able to the pain." The subse 02/08/13 stated the w Lidocaine for 30 minu of the heel and trimm stated he could not st new order for santyl v physician. *On 02/12/13 the area manipulation." The tr continued. Nursing no revealed the wound o some yellow slough fir resident verbalized pa touched or cleaned. *On 02/19/13 Lidocain left on for several min wound was debrided "had a fair amount of pain and discomfort, r this." The area was r with the santyl and the physical therapy. On 02/28/13 at 10:02	reated by a wound care including: and care physician's note asured 2.0 cm x 2.0 cm with here was minimum at the wound extended down to on probing this to the innesthetized with 5% are resident "still had a fair treatment was changed anyl ointment to try to have idement as the physician of effectively debride this with quent nursing note dated found care physician applied the wound. The resident and that and that it hurt. A was given by the wound care as was "very tender to any eatment of santyl was	F 309	All residents have the potential to be by the deficient practice. The QI nurreviewed all resident's bowel moven patterns on 3/1/13 and residents trip for no bowel movements in 3 days refollow-up by the staff nurse. The Staff Development Coordinator all nursing staff the importance of noclearing electronic alerts for resident have not had a bowel movement in the days. Nursing staff was also educate responsibility of the QI nurse to clear and address bowel movement concentrates and initiation of the facility's protocol was included. This was completed was included. This was completed the protocol has been implemented. Auch be completed daily on-going as a part QAPI program. The QI nurse will also complete week on all residents on an ongoing basis the staff is compliant with training regard alerts and bowel protocol implement Any concerns will be address by the Quitter of the plans as needed. The Weekly QI Committee will review audit results and recommend any charter plans as needed.	see nent ggered eceived educated ot s who chree d it is the ralerts rns. bowel pleted educated educated educated ot s who chree d it is the ralerts rns. bowel pleted educated	

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		345205	B. WNG		03	/01/2013	
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(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORREC' (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPR DEFICIENCY)	JLD BE	(X5) COMPLETION DATE	
F 309	physical therapist aid removed his right soon. The PTA proceed to a therapy which include of oxygen from a tank with normal saline and debride the pressure. During the procedure stated this one was the stated he had all he comore; stated it was of hurt so bad he didn't stated the wound was most of the time he with that it was debride trouble with sensitivity. The wound was cover the wound nurse wound nurse wound nurse wound nurse #2 entered and dressing to Resid When the wound nurse with sterile water, Residual to the wound it and "you don't feel like kicking the residual to the wound and foam affixed with tape. The flinched during this proagain when his sock wound out the wound and foam affixed with the wound the wound and foam affixed with tape. The flinched during this proagain when his sock wound out the wound and the wound and foam affixed with the wound with which with with with with with with with wit	e (PTA). When the PTA ek, the resident groaned. provide the pulse lavage ed using 15 liters per minute of and spraying the wound d oxygen to help clean and ulcer on his right heel. In Resident #22 flinched; The sorest he had ever had; The sould stand; flinched some of for hurting; and stated it want to move it. The PTA the very sensitive and that the sas able to tolerate the spray the decently and he had more they since the debridement. The dosely in anticipation and dress it soon. This the six mately 15 minutes. AM, the wound nurse #1 the to provide the treatment then #22's right heel ulcer. The washed the open wound the sident #22 called out "don't the thing the sound santyl the was then applied around covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and to covered the wound and was the resident grimaced and the treatment and the t	F 30	The Quarterly Executive QI Commeview audits to determine the coneed for frequency of monitoring recommended changes in the pladiscussed and carried out as agreement time.	ontinued g. Any in will be		
	conducted with the we						

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	100 0	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED	
		345205	B. WNG		03	3/01/2013	
	ROVIDER OR SUPPLIER OD HILLS NURSING AND	REHABILITATION CENTER		TREET ADDRESS, CITY, STATE, ZIP CODE 1016 FLETCHER ST WILKESBORO, NC 28697			
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORF (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE AIDEFICIENCY)	HOULD BE	(X5) COMPLETION DATE	
F 309	order arterial studies a osteomyelitis. She stathan others related to during treatment. The it more sensitive per to chart and stated he had ordered. A follow up interview of the treatment of the pain varied. She had leaved and before she quite as sensitive to the was on 02/28/13. PT/ increased since the discussed the pain with while back" who order there was no discuss nurse to administer the pain medications before treatment. Interview with the Direct of the treatment of the treatment of the treatment. On 03/01/13 at 11:08 AM Lidocaine should work should be administered treatment. On 03/01/13 at 11:15 (NP) who ordered the interviewed. She state should be coordinated and dressing treatment the Norco should be gulse lavage treatment be administered 15 - 3	we causing the physician to and X-rays to rule out ated some days were worse the pain the resident felt a depth of the wound made the nurse. She reviewed the ad some routine pain meds with the PTA on 03/01/13 at a seident #22's complaints of the past 3 at left the right heel was not the lavage treatment as he a stated his sensitivity had abbridement. She stated she are the Lidocaine gel. In with the wound care the Lidocaine gel or other re the pulse lavage. The Nurse Practioner Lidocaine gel was ad that the pain regimen around the pulse lavage at. The NP further stated the Lidocaine should and the Lidocaine should.	F 30				

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	200200000000000000000000000000000000000	PLE CONSTRUCTION IG		E SURVEY PLETED
		345205	B. WNG_		03.	/01/2013
	OVIDER OR SUPPLIER OD HILLS NURSING AND	REHABILITATION CENTER		STREET ADDRESS, CITY, STATE, ZIP CODE 1016 FLETCHER ST WILKESBORO, NC 28697		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORREC (EACH CORRECTIVE ACTION SHO CROSS-REFERENCED TO THE APPR DEFICIENCY)	ULD BE	(X5) COMPLETION DATE
F 309	#1 on 03/01/13 at 11:: the order for Lidocains stated she never claric determine if there was effectiveness. She fur checked to make sure medications ordered be coordinate the time of the therapy and dress she tried to do the dres time and no coordinate further stated that add completed due to the having more pain with thought he should. Observations on 03/0 lavage was finished a change began at 11:3 received his routine N 2. Resident #20 was 11/17/11 with diagnos anxiety among others Data Set (MDS) dated resident's cognition was also specified the resi pain that made if hard and limited her day-to The Care Area Assess 12/10/12 for pain spec acknowledged presen	with the wound care nurse 23 AM revealed she initiated e gel for Resident #22. She fied the Lidocaine order to s any wait time for rther stated she had he had routine pain but had not tried to the routine pain meds with ing changes. She stated essing change shortly after ment but there was no set ion of pain regimen. She litional studies had been fact Resident #22 was the wound care than staff 1/13 revealed the pulse t 11:34 AM, the dressing 8 AM and Resident #22 orco at 11:59 AM. readmitted to the facility on the sthat included pain and the most recent Minimum t 12/04/12 specified the the as not impaired. The MDS dent experienced frequent for her to sleep at night day activities. sment (CAA) dated	F3	09		

AND PLAN OF CORRECTION IDENTIFICATION NUMBER		125 0.52	E CONSTRUCTION		(X3) DATE SURVEY COMPLETED	
	a	345205	B. WNG		03/	01/2013
	COVIDER OR SUPPLIER OD HILLS NURSING AND	REHABILITATION CENTER		REET ADDRESS, CITY, STATE, ZIP CODE 1016 FLETCHER ST WILKESBORO, NC 28697		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD E CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)	BE .	(X5) COMPLETION DATE
F 309	medical doctor. The dencourage resident to before pain becomes for characteristics of pain such as moans, grimacing and rigidity. Resident #20's care paspecified the resident included interventions. - Acknowledge pairesident's concerns. - Administer pain in the physician. - Encourage resident #revealed physician or included: - Ultram 100mg tw. - Norco 5/325mg expain. Further review of Resident #revealed she remedication daily because of the treatment nurse Resident #20. The observed resident's right foot was resident.	cation as ordered by the CAA also specified to request pain medication severe and monitor resident pain and non-verbal signs of cyclling out, clenched teeth, of body. Ian for pain dated 11/30/11 would have pain relief and such as: In and discomfort. Listen to medications as ordered by ent to request pain in becomes severe 20's medical record ders for pain medication that sice a day very 4 hours as needed for	F 309			

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION IDENTIFICATION NUMBER: A. BUILDING		(X3) DATE SURVEY COMPLETED			
		345205	B. WNG			03/	01/2013
	OVIDER OR SUPPLIER OD HILLS NURSING AND	REHABILITATION CENTER		10	EET ADDRESS, CITY, STATE, ZIP CODE 016 FLETCHER ST VILKESBORO, NC 28697		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 309	Resident #20's right for "My foot's burning menurse proceeded to proceeded the treatment nursual determine if a resident medications prior to what not checked with to beginning the treatmedication. She addiresponsibility of the remedication prior to recede the treatment. At 12:30 offered to get Resident treatment nurse continuate and had complete entered the room with pain medication. On 03/01/13 at 10:30 (DON) was interviewed she expected the treatment nurse to concern added that she were treatment nurse to concern a treatment form experiencing paint in the treatment of the treatment nurse to concern a treatment from experiencing paint.	ved the bandages from toot. Resident #20 replied, to death." The treatment rovide wound care to seel. Resident #20 reported that the treatment hurt. At 20 grimaced in pain and the was turned. During this rese was interviewed and y checked with the nurse to thad received pain round care. She added she Resident #20's nurse prior ment. She reported she had already received pain red that it was the esident to ask for pain round added that pain rive in lessening the pain of 51 PM the treatment nurse at #20 pain medication. The nued providing the wound red the care as the nurse. Resident #20's as needed AM the Director of Nursing red. The DON reported that the the that the providing treatment red also expect the ordinate with the medication and pain medication prior to the to prevent the resident.	F	309			

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		A. BUILD			(X3) DATE SURVEY COMPLETED		
		345205	B. WNG			03	/01/2013
	OVIDER OR SUPPLIER	D REHABILITATION CENTER	•	10	EET ADDRESS, CITY, STATE, ZIP CODE 16 FLETCHER ST ILKESBORO, NC 28697		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG	200	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPR DEFICIENCY)	BE	(X5) COMPLETION DATE
F 309	The most recent Mini 01/15/13 specified the impaired and required Activities of Daily Livi specified the resident of bowel and bladder. Resident #94's care powel incontinence sincluded: Record bowel me consistency and reportant explanate resident revealed a document signed by the physicia part: 2) Milk of Magnesia (I constipation. Notify a constipation persists. 3) Fleets enema per reconstipation not reliev Notify attending physical Resident #94's bowel reviewed and revealed a. Starting 01/22/13 a bowel movements we b. Starting 02/14/13 a bowel movements we can be supported to the control of the	ses that included dementia. mum Data Set (MDS) dated e resident was cognitively d extensive assistance with ng (ADL). The MDS also was frequently incontinent clan dated 10/25/12 for pecified interventions that every pecified	F	309			

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	March March 1997		E CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		345205	B. WNG			03/	01/2013
Section 2 on the contract of t	OVIDER OR SUPPLIER OD HILLS NURSING ANI	REHABILITATION CENTER		1	REET ADDRESS, CITY, STATE, ZIP CODE 1016 FLETCHER ST WILKESBORO, NC 28697		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 309	periods of 01/22/13 the through 02/18/13; and revealed no document treatment for constipate of the treatment of the treatm	otes for Resident #94 for the arough 01/25/13; 02/14/13 at 02/20/13 through 02/27/13 at ation of assessment or ation. ident #94's medical record accive routine laxatives or apation and did not receive Fleets enema per standing AM the Quality Improvement ewed and reported that the dents to ensure they novement every 3 days. She are accepted from the esidents who had not had a days. She stated that the dividual nurses to as to relieve constipation. That she would follow-up the enterventions were a resident's constipation. Id Resident #94's bowel derevealed that she eriods of constipation had the nurse to address. She	F	309			
F 312 SS=D	episodes of constipati	RE PROVIDED FOR	F	312			

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
		345205	B. WNG_		03	3/01/2013	
	OVIDER OR SUPPLIER OD HILLS NURSING ANI	D REHABILITATION CENTER	STREET ADDRESS, CITY, STATE, ZIP CODE 1016 FLETCHER ST WILKESBORO, NC 28697				
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRE (EACH CORRECTIVE ACTION SH CROSS-REFERENCED TO THE APP DEFICIENCY)	OUĻD BE	(X5) COMPLETION DATE	
F 312	daily living receives the	e 19 ble to carry out activities of ne necessary services to n, grooming, and personal	F 3	Resident #123 was approached i and refused oral care from the N Assistant and the nurse. Several	ursing attempts	3/26/13	
	This REQUIREMENT is not met as evidenced by: Based on observations, facility policy, medical record review and staff interview, the facility failed to provide mouth care for 1 of 3 residents observed for activities of daily living. (Resident #123) The findings included: The facility's policy entitled Grooming, dated			care each time. Oral care will correndered daily and as needed, as will allow. All residents who are dependent oral care have the potential to be the deficient practice. Mouth car provided daily and as needed	All residents who are dependent on staff for oral care have the potential to be affected by the deficient practice. Mouth care is being provided daily and as needed All Nursing Assistants were educated by the		
	08/2012, read, "Groot and as needed. This is shaving, nail care, an Resident #123 was at Alzheimer's dementia Resident #123's most Data Set (MDS) dated severe cognitive imparassessment of behavicare was not exhibited review of the MDS review.	ming will be performed daily ncludes shampooing, d mouth care." dmitted to the facility with and depression. Review of recent Quarterly Minimum d 01/20/13 revealed she had airment. The MDS for indicated rejection of d by Resident #123. Further realed Resident #123 istance with all activities of		Supervisors to provide daily oral residents who are dependent on hygiene. Education included residents and report refusals. This resistance to care and the proper handle and report refusals. This resident was completed 3/6/2013 thru 3/ Staff members on vacation, leaves staff will receive education prior to work.	care for staff for oral dent way to etraining 15/2013.		
	01/22/13 did not addre	ess activities of daily living. nade on 02/27/13 at 10:07					

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	100 CO 10	CONSTRUCTION		(X3) DATE SURVEY COMPLETED	
		345205	B. WNG		03/0	1/2013	
	ROVIDER OR SUPPLIER OD HILLS NURSING ANI	O REHABILITATION CENTER	10	EET ADDRESS, CITY, STATE, ZIP CODE 016 FLETCHER ST VILKESBORO, NC 28697			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPR DEFICIENCY)	BE	(X5) COMPLETION DATE	
F 312	AM of Resident #123. thick yellow coating of Her lower gums were. An observation was made and of Resident #123 teeth were noted to hear the work in the morning. It mouth care as part of care. An observation was made and had her work in the morning. It mouth care as part of care. An observation was made and had her work in the morning. It mouth care as part of care. An observation was made and	She was noted to have a her top and bottom teeth. red and appeared inflamed. Inade on 02/28/13 at 9:48 sitting in the day room. Her ave a thick yellow coating. Iducted on 02/28/13 at 9:57 stant (NA) #1. NA #1 stated ang care for Resident #123 her face, and go the Resident #123 was usually shoes on when she started NA #1 did not mention Resident #123's morning Inade on 03/01/13 at 8:40 sitting in the dining room. Used to have a thick yellow Her gums were red and Iducted on 03/01/13 at 8:40 ling morning care for 1 stated Resident #123 are at times but she found if ked to the resident she Iducted on 03/01/13 at 8:43 liso provided care for 2 stated she and NA #1 both 2 for Resident #123. She vide mouth care for orning nor had she ever	F 312	The QI nurse or designee will audit of for 5 residents per week x 2 weeks, the residents every 2 weeks x 2 weeks the monthly to ensure compliance on an basis. Any concerns will be addressed time of the audit which may include education. Weekly then monthly audit be turned into the Administrator for the Weekly QI Committee will review audit results and recommend any charter plans as needed. The Quarterly Executive QI Committee review audits to determine the continued for frequency of monitoring. An recommended changes in the plan will discussed and carried out as agreed to that time.	hen 5 en ongoing d at the staff re- lits will review. the anges in ee will nued y ill be		

AND PLAN OF CORRE	MENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING				(X3) DATE SURVEY COMPLETED	
		345205	B. WNG			03/	01/2013	
NAME OF PROVIDER		D REHABILITATION CENTER		1	REET ADDRESS, CITY, STATE, ZIP CODE 016 FLETCHER ST VILKESBORO, NC 28697			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL .SC IDENTIFYING INFORMATION)	ID PREF TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE	
An in AM we the Stappronevel on 0 made Unit. #2 we persone #2 lowere looked one hand hand hand hand hand hand hand hand	with NA #1. She is parks Unit (locked parks Unit (locked parks Unit (locked parks) 2 months of the closet in During this observed able to show and care items with labeled plastic parks on the Soked for Resider able to find one and them in their NA #2 were unable to find one and them in their NA #2 were unable to find one at the softh and the parks of the Sparks or if they had on the triview was convith Nurse #1. Note that the Director of the provided for the provided for the provided in the morning and at the provided in the morning fast. The DON for the care to be provided if the provided if the provided if the provided if the provided in the morning fast. The DON for the provided if the prov	ducted on 03/01/13 at 8:53 stated she had worked on ed Alzheimer's unit) for ths. She stated she had in care for Resident #123. AM an observation was the bathroom of the Sparks ervation both NA #1 and NA where the residents' were kept. These items were e individual containers for all parks Unit. NA #1 and NA int #123's toothbrush but in NA#1 and NA #2 also ents' toothbrushes but no personal care boxes. NA #1 ble to say where the is Unit's toothbrushes were e. ducted on 03/01/13 at 9:05 urse #1 stated mouth care in the residents in the ine. She stated all resident rush. ducted on 03/01/13 at 3:03 of Nursing (DON). The DON in was for mouth care to be ing either before or after further stated she expected wided at least once per day. sidents are resistive to care iff to go back and try again to led.		312				

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		345205	B. WNG			03/	01/2013
	ROVIDER OR SUPPLIER OD HILLS NURSING ANI	REHABILITATION CENTER		10	EET ADDRESS, CITY, STATE, ZIP CODE 016 FLETCHER ST VILKESBORO, NC 28697		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREF TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 314 SS=D				314	Subsequent dressing changes for Resident #20 are to be performed on a clean field. Residents with open wounds were identified by the facility to have the potential to be affected by the deficient practice. They will continue to be provided with a clean field during dressing changes. The Corporate Wound Nurse educated nursing staff responsible for wound care on proper wound care technique on 3/25/2013.		3/26/13
	by: Based on observation record review the faci wound from being cor care for 1 of 4 sample ulcers (Resident #20) The findings include: Resident #20 was rea 11/17/11 with diagnos hypertension, anxiety others. The most reco	dmitted to the facility on es that included pain, and atrial fibrillation among ent Minimum Data Set specified the resident's The MDS also specified the r developing a pressure ntly have a pressure ulcer. are Area Assessment (CAA) ed the resident had risk own that included pain, nood and increased so specified a care plan	ě		The Director of Nursing or her designed perform weekly random audits x 2 wee 3 residents receiving wound care to ensure correct aseptic technique is performed wound care. Random audits will then be performed every 2 weeks x 2 weeks on residents receiving wound care x 2 weethen 3 residents on a monthly to ensure compliance on an ongoing basis. Any concerns will be addressed at the time audit which may include staff re-educated Weekly then monthly audits will be turn into the Administrator for review. The Weekly QI Committee will review the plans as needed. The Quarterly Executive QI Committee review audits to determine the continuous need for frequency of monitoring. Any recommended changes in the plan will discussed and carried out as agreed up that time.	e will ued	

	TEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA D PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MUL A. BUILD		(X3) DATE SURVEY COMPLETED		
		345205	B. WNG			03/	01/2013
	OVIDER OR SUPPLIER	O REHABILITATION CENTER		10	EET ADDRESS, CITY, STATE, ZIP CODE 016 FLETCHER ST /ILKESBORO, NC 28697		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFIX TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD E CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)		(X5) COMPLETION DATE
F 314	specified the resident development of press listed on the care plant - follow facility proskin integrity - treatment as orded. Review of Resident # revealed a nurses' en nurse dated 01/04/13 was noted to have an her right heel. Further review of the pressure ulcer assess specified Resident #2 pressure ulcer on her 3.1 centimeters (cm) of 0.1 cm. On 2/28/13 at 12:40 Fof the treatment nurse Resident #20. The of resident was in bed for resident was in bed for resident's right foot whandages and rested Observations were m that revealed the pillo appeared dried and s case. The treatment bandages and allowe to rest on top of pillow exposed pressure ulcered.	ssure ulcer dated 11/30/11 would have no further sure ulcers. Interventions in included: tocol for treating breaks in ered by physician 20's medical record try made by the Treatment that specified the resident area with broken skin on medical record revealed a sment dated 02/27/13 that to had an unstageable right heel that measured by 2.8 cm and had a depth PM observations were made e providing wound care to oservations revealed the or the wound care. The as noted to be wrapped with	F	314			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED	
		345205	B. WNG		03/01/2013	
NAME OF PROVIDER OR SUPPLIER WESTWOOD HILLS NURSING AND REHABILITATION CENTER			1	REET ADDRESS, CITY, STATE, ZIP CODE 016 FLETCHER ST VILKESBORO, NC 28697		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) BY TAG PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)				(X5) COMPLETION DATE	
F 315 SS=D	that the red stains we resident's wounds. The completed the wound She stated that it was sterile environment whand confirmed the resight heel had direct of the pillow. She stated down a barrier to prevent wound contact we towel, but failed to do her usual practice to up revent wound contart wound care. On 03/01/13 at 10:30 (DON) was interviewed she expected the treat barrier between the rearea of contact. She seen sure the resident's winfected. 483.25(d) NO CATHE RESTORE BLADDER. Based on the resident assessment, the facilities resident who enters the indwelling catheter is a resident's clinical concatheterization was now who is incontinent of betreatment and services.	d at this time and reported re dried drainage from the ne treatment nurse care and was interviewed. not possible to provide a nen providing wound care ident's open ulcer on her ontact with the drainage on a that she could have put rent the open wound from ith a soiled cloth, such as so. She added it was not use a clean barrier to mination when providing. AM the Director of Nursing d. The DON reported that the that the that this was to wound didn't become. TER, PREVENT UTI, 's comprehensive by must ensure that a	F 314	Resident #181 is currently being provided with incontinence care as needed with protechnique. All female residents who are dependent a staff for incontinence care have the potent to be affected by the deficient practice. The are be provided with incontinence care as needed with proper technique.	oper on ntial hey	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING		SURVEY LETED		
		345205	B. WNG		03/01/201			
NAME OF PROVIDER OR SUPPLIER WESTWOOD HILLS NURSING AND REHABILITATION CENTER			1	STREET ADDRESS, CITY, STATE, ZIP CODE 1016 FLETCHER ST WILKESBORO, NC 28697				
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE	(X5) COMPLETION DATE		
F 315	This REQUIREMENT by: Based on observation interviews the facility a resident requested resident's legs and lain incontinence care for requested assistance #181). The findings included Resident #181 was recontinent, a history of urand urinary retention. A review of a facility of dated 02/2007 indicated nerineal area and was the most recent reamonimum Data Set (Note indicated Resident #181) was cognitive indicated Resident #181 was cognitive indicated Resident #181 was cognitive indicated Resident #181 was sent to the blood pressure, and continent with blade was sent to the blood pressure, and continent with blood pressure.	is not met as evidenced ons, record reviews and staff failed to provide toileting as and failed to separate the bia to clean the skin during 1 of 3 residents who with toileting. (Resident i: e-admitted to the facility on ses which included kidney inary tract infections (UTIs) opolicy titled "Perineal Care" ted in part to expose sh perineal area. dmission/significant change MDS) dated 01/25/13 181 had no problems with erm memory and the ely intact. The MDS further 181 required extensive ing and hygiene and was der and bowel. I discharge summary dated esident #181 had a urinary with sepsis (the presence of that spreads throughout the of further indicated Resident hospital with fever, low	F 315	All Nursing Assistants were educat Staff Development Coordinator an Supervisors on the correct techniq providing incontinence care to the resident. This was provided 3/6/20 3/15/2013. Nursing Assistants on vacation, lead pring staff will receive education prior returning to work. The QI nurse or designee will audit incontinence care for 5 residents pure 2 weeks, then 5 residents every 2 weeks then monthly to ensure comman ongoing basis. Any concerns will addressed at the time of the audit vinclude staff re-education. Weekly to monthly audits will be turned into the Administrator for review. The Weekly QI Committee will review audit results and recommend any of the plans as needed.	d Nursing ue on female 13 thru ve and/or or to female er week x veeks x 2 pliance on be which may then he			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	2-11 Patricipal Section	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
		345205	B. WING			03/	01/2013	
	ROVIDER OR SUPPLIER OD HILLS NURSING AND	D REHABILITATION CENTER		10	REET ADDRESS, CITY, STATE, ZIP CODE 016 FLETCHER ST WILKESBORO, NC 28697			
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG	80-57-0	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE	
F 315	months. The summar #181 had recurrent U antibiotic and was also infection. A review of a physicial indicated Nystatin Creweeks for yeast infection. A review of a physicial 11:00 AM indicated a sensitivity due to diffice the control of the contr	ry also indicated Resident ITIs and was treated with an so treated for a yeast an's order dated 01/18/13 eam daily to groin for 2	F	315				

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		345205	B. WNG		03/0	01/2013
NAME OF PROVIDER OR SUPPLIER WESTWOOD HILLS NURSING AND REHABILITATION CENTER			10	EET ADDRESS, CITY, STATE, ZIP CODE 016 FLETCHER ST /ILKESBORO, NC 28697		
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F 315	Resident #181 she stawas waiting on staff to urinate. She further sinfection and thought she wet herself the ur. During an interview on Nurse #4 stated she was needed to urinate and further stated NAs we Resident #181 shortly. During continuous observation and the stated NAs we Resident #181 shortly. During continuous observation and the stated wanted to get dressed clothing from Resident would be about 25 mic could help her because another resident and the room. During an observation call light was flashing #181's door in the hall also calling out "nurse During an observation call light was flashing #181's door in the hall also calling out "nurse During an observation Resident #181 was criplease hurry, someboometer the state of the	ated she was in pain and because she needed to stated she had a yeast she might have a UTI and if ine would burn her skin. In 02/28/13 at 8:48 AM was aware Resident #181 If the NAs were aware. She are busy and would assist with the NAs were aware as a servations on 02/28/13 from the NA Resident #181 continued as help me with the non 02/28/13 at 9:25 AM and the needed to urinate and the NA #3 removed clean at #181's closet and stated it nutes until her coworker se she was busy helping NA #3 walked our of the non 02/28/13 at 9:39 AM the over the top of Resident laway. Resident #181 was the needed the non 02/28/13 at 9:41 AM ying and calling out "nurse,"	F 315			

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		345205	B. WNG		03/	01/2013	
NAME OF PROVIDER OR SUPPLIER WESTWOOD HILLS NURSING AND REHABILITATION CENTER			1	REET ADDRESS, CITY, STATE, ZIP CODE 1016 FLETCHER ST WILKESBORO, NC 28697			
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F 315	#4 entered the room she needed to urinate would let the NAs knd in a few minutes. Re minutes I'll wet on my out of the room. During an observation #3 and NA #4 entered washed their hands a #181 stated she need privacy. Both NAs put Resident #181's bed curtain. Resident #18 and NA #3 and NA #4 curtain and removed was wet with urine. Fher right side and NA inside the resident's be pre-moistened wipe. turned to her left side to front with a pre-moistened wipe to front with a pre-moistened wipe down inside side. NA #3 did not sto expose the labia and labia. NA #3 and NA the resident and chart During an interview on NA #3 she stated it to and provide incontine She explained she was to other residents and #181 until she had a few was to the state of the	and Resident #181 stated e. Nurse #4 stated she ow and they would be there sident #181 stated "in a few rself" and Nurse #4 walked on on 02/28/13 at 9:46 AM NA d Resident #181's room, and put on gloves. Resident ded to urinate and wanted alled the curtain around and stepped outside the 81 stated she was finished d walked back inside the Resident #181's brief which Resident #181 was turned to #4 wiped back and forth outtocks with a Resident #181 was then and NA #3 wiped from back istened wipe and the o her back. NA #3 wiped ident #181's pubic area tened wipe and then pushed each groin twice on each eparate the resident's legs and did not clean inside the #4 placed a clean brief on	F 315				

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		345205	B. WING		03/01/2013		
NAME OF PROVIDER OR SUPPLIER WESTWOOD HILLS NURSING AND REHABILITATION CENTER				10	EET ADDRESS, CITY, STATE, ZIP CODE 016 FLETCHER ST /ILKESBORO, NC 28697		
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F 315	stand and walk to the stated she did not thin a bedpan and she wowhen she was wet the her. NA #3 explained incontinence care wh facility and the expect to back and get the reshe did not separate clean inside the labia a certain way she was cleaned her "her way. During an interview of Resident #181 stated and it burned her skir assistance this mornito wet herself but she She verified her brief changed her and her #181 explained she coneeded to urinate but and the NAs changed told nursing staff that and she had a yeast is she knew the NAs we residents but she war clean her as soon as them so the urine word During an interview of Director of Nursing (Dexpectation for the NA clean and dry and the incontinence care according the procedures. She furth had a history of UTIs	bathroom. She further nk Resident #181 would use a brief all of the time and ey cleaned and changed I she received orientation for en she was hired at the tation was to wipe from front esident clean. She verified Resident #181's legs or because Resident #181 had need to be cleaned so they." In 02/28/13 at 2:46 PM her urine was really strong a because she did not want couldn't wait any longer. was wet when the NAs skin was burning. Resident ould use a bedpan if she she usually wet her brief I her. She stated she had her urine burned her skin infection. She further stated are busy helping other need them to come and they could when she called alld stop burning her skin. In 03/01/13 at 11:24 AM the pone in the two her provided to stop to facility er stated Resident #181	F	315			

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		345205	B. WNG	B. WING		03/	01/2013
NAME OF PROVIDER OR SUPPLIER WESTWOOD HILLS NURSING AND REHABILITATION CENTER				1016	T ADDRESS, CITY, STATE, ZIP CODE S FLETCHER ST KESBORO, NC 28697		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)		(X5) COMPLETION DATE
F 315	make the resident was stop what they were of clean and change the could go back to their finished her care. Shincontinence care should she expected the	d the NAs they should not it for care but they should doing, help each other to resident and then they revious tasks after they e stated the resident's buld not be compromised NAs to separate the bia during incontinence care	F	315			