DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 02/01/2013 FORM APPROVED OMB NO. 0938-0391

	DE DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CHA)LTIP	LE CONSTRUCTION	(X3) DATESU	
		IDENTIFICATION NUMBER: A. BUILDING COMPLETED					EU
		345233	B, WING	3	W. T.	01/1	7/2013
NAME OF PR	OVIDER OR SUPPLIER				EET ADDRESS, CITY, STATE, ZIP CODE	,	
SUNRISE	REHABILITATION & CA	RE			DE DEER PARK ROAD		
040.15	Of lunes Day of	TATAL DE DESIGNATION DE LA CONTRACTION DEL CONTRACTION DE LA CONTR	1	N	EBO, NC 28761		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	PREFI TAG		PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	DBE	(X5) COMPLETION DATE
F 242 \$S=D	The resident has the schedules, and healt her interests, assess interact with member inside and outside the about aspects of his are significant to the This REQUIREMENT by: Based on record resinterviews, the facility resident's preference morning for 2 of 3 resident's preference morning for 2 of 3 residents (Resident #127) and frequency residents (Resident #44 was diagnoses including a quarterly Minimum D 12/05/12 revealed Resident #44 require assistance with bathin During an interview of 3:21 PM Resident #44 choice regarding what morning or how many showered. Resident received two showers.	view, and resident and staff y failed to accommodate of for time to get up in the sidents (Residents #44 and of showers a week for 1 of 3 #44) reviewed for choices. readmitted on 06/15/12 with Alzheimer's Dementia. A ata Set (MDS) dated esident #44 had moderately and was able to make her uarterly MDS noted d one person physical ang. conducted on 01/14/13 at 4 stated did not have a at time she got up in the		242		viewed d for ning. bictorial and up ont's iewed t up ont's care were cording sidents ignee ois/her the clude uring the sting dent	
LABORATORY	DIRECTOR'S OR PROVIDER	SUPPLIER REPRESENTATIVE'S SIGNATURE	<u> </u> 		, IITLE	4:	(X6) DATE
(2)	innie 1	Ollison	01) ~	as insight atte	02/	97/12

Any deficiency statement ending vitin an asterisk (*) denotes a deficiency which the institution may be excused from correction provided its determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings shall above are the sable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings are plants CSS to the days following the date these documents are made available to the facility. If deficiencies are cited, an approved part of correction is requisite frontinued program participation.

FEB 0 8 2013

Dy: PAM

		RMEDICALI SERVICES	Į.			- OWR MG): 0938-0391
	DE DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) III	UETIPI	LE CONSTRUCTION	(X3) DATE SU: COMPLET	
			A. BUI	LDING	<u> </u>	00111 221	
		345233	8. WA	G		01/1	7/2013
NAME OF PR	OVIDER OR SUPPLIER		,	STR	EET ADDRESS, CITY, STATE, ZIP CODE		
SUNRISE	REHABILITATION & C	ARE		30	06 DEER PARK ROAD	•	
0011111012	·	AIL		N	EBO, NC 28761		
(X4) ID PREFIX TAG	(EACH DEFICIE)	STATEMENT OF DEFICIENCIES ICY MUST BE PRECEDED BY FULL R LSC IDENTIFYING INFORMATION)	ID PREF TAC		PROVIDER'S PLAN OF CORREC (EACH CORRECTIVE ACTION SHO CROSS REFERENCED TO THE APPR DEFICIENCY)	IULD BE	DATE COMPLETION (X5)
F 242	daily prior to her ad interview further revilke to get up early every day and she least 7:30 AM. An interview with N at 9:55 AM reveale were showered twimaster shower schroom number. NA residents who were a week but was no scheduled for addit. An interview was c Admission/Marketin at 2:24 PM. During the resident and/or the resident preferr they liked to stay u admission process residents received the family requeste interview further remembers were not preference regardit week or what time morning. During an interview Director of Nursing list was assigned b for additional show DON confirmed reswere not asked for regarding the numbers.	mission to the facility. The vealed Resident #44 did not yet staff woke her at 6:30 AM would like to sleep until at urse Aide (NA) #3 on 01/17/13 di the majority of residents ce a week according to a edule which was based on #3 stated there were a few a scheduled for three showers it sure how residents were		242	Activity director to continusk preferences with sect admission, annual and Sinchange, MDS interviews document responses in mand update care plan/ piccard. 3. Admission Director, nurse Activity director will be its serviced by DON/ADON process for obtaining and documenting resident of the documenting resident of the documenting preferences a facility's accommodation those preferences week monthly x 2 then quarter Findings will be reported QA nurse at the monthly meetings.	tion F on gnificant and notes ctorial ses and in-on the hoices. Designee dents and the ns of cly x 4, erly. d by the	2-14-13

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		WEDICAID SERVICES				1	- naag-698-1-	 [
	DE DÉCICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) t	ULTIPL	E CONSTRUCTION	COMPLETS		-
AND LEAN OF	JORNEO HOR	IDENTA FOR HORIZON	A. BUI	LDING		COMPLET	EU	ļ
			B. VM	4G		1		
		345233				01/17/2013		
NAME OF PR	OVIDER OR SUPPLIER			STRE	EET ADDRESS, CITY, STATE, ZIP CODE			
©11KDIGE	REHABILITATION & C.	ADE		30	6 DEER PARK ROAD			
SOMMISE	REHABILITA HON & C.	ARE		NE	EBO, NC 28761	4.		
(X4) ID	SUMMARY S	STATEMENT OF DEFICIENCIES	ID ID		PROVIDER'S PLAN OF CORRECT	TION	(X5)	1
PREFIX		ICY MUST BE PRECEDED BY FULL	PRE		(EACH CORRECTIVE ACTION SHOT		COMPLETION DATE	
TAG	REGULATURE OF	R LSC IDENTIFYING INFORMATION)	TA	خ	CROSS-REFERENCED TO THE APPR DEFICIENCY)	UPRIATE	, OAIL	
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F 242	Continued From pa	go 2		242				
1 2-72	Continued From pa	ye z	1	242				
					_			
	Based on record re	view and resident and staff		ļ				
	interviews, the facil	ity failed to accommodate						
		ce for time to get up in the						
		esidents (Residents #44 and						
		by of showers a week for 1 of 3						
	residents (Resident	#44) reviewed for choices.						
	The findings are:							
	The mange are.							
	 2. Resident #127 v	vas readmitted on 08/31/12						
	with diagnoses incl	uding After care hip fracture						
		ain. A 60-day Minimum Data						
		0/29/12 revealed Resident						
		ly intact and was able to make						
		The quarterly MDS noted						
		uired one person physical						
	assistance with trai	nsfers and walking in room.						
	During an interview	conducted on 01/15/13 at						
		#127 stated she did not have a						
		hat time she got up in the						
		#127 further stated she would						1
		least 8:00 AM yet staff woke						
	her at 7:00 AM or e	earlier every day.		ŀ				
	Into-day, with Nives	e #10 on 01/17/13 at 10:45				-	,	
	1	edule of times to wake up	-					
	i	ped by the third shift nurses						
		schedule, bath schedule, and						
1		residents who have made their						
		rences known. Nurse 10						
	further revealed the	ere was no assessment						
	<u> </u>	ut residents' waking up time			٠			
D. Verreger	preferences and th	at the schedule of times to						
l					1		İ	

DEPART	MENT OF HEALTH A	ND HUMAN SERVICES				PRINTE	D: 02/01/2013
		MEDICAID SERVICES					M APPROVED D. 0938-0391
	OF DEFICIENCIES	(X1) PROVIDER/SURPLIER/CLIA	(X2) M	VLTIP	LE CONSTRUCTION	(X3) DATE SU	
AND PLAN OF	CORRECTION	IDENTIFICATION:NUMBER:	A. BUII			COMPLET	
		345233	B. WIN	G	-	01/1	7/2013
NAME OF PR	ROVIDER OR SUPPLIER			STR	EET ADDRESS, CITY, STATE, ZIP CODE		772010
SUNRISE	REHABILITATION & CA	RE		30	06 IDEER PARK ROAID IEBO, NC 28761		
(X4) ID	SUMMARY ST	ATEMENT OF DEFICIENCIES	li li D	<u> </u>	<u> </u>		
PREFIX TAG	(EACH DEFICIENC	Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	PREF TAG		PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE	(X5) COMPLETION DATE
F 242	Captioned France	- 0					
1 2 4 2	Taring and a contract of the page		F	242	·		
	except for the addition residents.	ayed the same over time n of newly admitted					
	Intentious with Nurse	Aide (NA) #2 on 01/17/13 at					,
	11:15 AM revealed R	lesident #127 was one of the					
		w awakened daily when she					
	started working on the	e floor between 6:45 and	1				
i ·	7:00 AM, NA #2 furth	ner revealed she had never					
	asked Resident #127	about her preferences					
E 004	about time to wake up		-		-		
F 281 SS=D		ICES PROVIDED MEET ANDARDS	F	281	F 281-SS=D		
00- D					 Resident #34's physicia 		
·		d or arranged by the facility			notified regarding the o		
	must meet profession	nal standards of quality.			being completed and fo		
		•			futher orders for hemo	cult stool	
	The DECUMENT				testing.]
	by:	is not met as evidenced			2. Don/Adon/ QA nurse/ o	designee	
		cord review and staff			will audit charts for the	last 3	
		failed to follow physician		ı	months to ensure orde	rs have 🧸	
	orders to obtain Hemi	occult tests for 1 of 10		ļ	been followed.		
		viewed for unnecessary			3. Nurses were in-service	d bv	
	medications and labo	ratory test results.			Don/ADON on respons		
	(Residents #34)				follow physician orders		
	The findings are:]	notify the physician of		
	The indings are.				do so ,for futher instru		
	Resident #34 was add	mitted to the facility with			4. Don/ ADON /QA nurse		
	diagnoses including a	nemia,			/designee will randomly	audit	'
.		#34's medical record		- 1	charts for completion and		
	revealed physician or			.	up of physician's orders v		.
	have Hemoscult of an	4/2012 for the resident to			up of physician's orders to	etorly	
	for the presence of ble	testing preformed, (tests		***	x4, monthly x 2 then qua	hutba	
	decrease in Hemoglo	bin, Hematocrit, and Red	ļ		Findings will be reported		
	Blood cells. A review	of the resident's medical			QA nurse at the monthly	'ŲA	2-14-2013
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CENTER	S FOR MEDICARE &	MEDICAID SERVICES				OMB-NO	-0938-0391
	OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CUA	(X2) <u>1:</u> 1	ULTI PI	LE SONSTRUCTION	(X3) DATE SUR	
AND PLAN UP	CORRECTION	IDENTIFICATION NUMBER:	A. BUI	LDING	<u> </u>	COMPLETE	ED
		345233	B. WA	lG		01/1	7/2013
NAME OF PR	OVIDER OR SUPPLIER			STRE	SET ADDRESS, CITY, STATE, ZIP CODE	1	
SUNRISE	REHABILITATION & CAI	RE		30	06 DEER PARK ROAD EBO, NC 28761		
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F 281	Hemoccult tests as o 08/21/2012, and 11/1 On 01/16/13 at 8:45	failed to complete the rdered on 06/25/2012, 4/2012.	F	281			
	Resident #34's medic to find documentation completed for the ord On 01/17/2012 1:50 I revealed she reviewe Resident #34 and con that Hemoccult #3 for	cal records and was unable in that Hemoccult #3 was ler dated 11/14/2012. PM Nurse #6 in an interview and the medical record of build find no documentation or the 06/25/2012 order was 2 and #3 was done for the		-			
F 318 ss≒D	(DON) was interview expectations were the physician's orders in MAR. The DON also was for the nurse to i (NA's) when a specimand follow the facility specimen and then g confirmed the Hernor 08/21/2012, and 11/1 completed as ordered 483.25(e)(2) INCREA IN RANGE OF MOTHER Based on the compression, the facility in with a limited range of	e nurses would document the nurse's notes and on the stated part of the procedure inform the Nursing Aide's inen was required for testing procedure to save the stool o get the nurse. The DON coult orders on 06/25/2012, 4/2012 had not been d. ASE/PREVENT DECREASE ON chensive assessment of a inust ensure that a resident of motion receives t and services to increase or to prevent further	F	318	F318-SS=D 1. Resident #61's physician w notified, order obtained and rewas referred to OT and PT to eand treat for PROM, contractumanagement, and restorative	esident evaluate ire	

INTERPRETATION DESCRIPTION DES	CENTER	S FOR MEDICARE &	MEDICAID SERVICES				— OWR-MO	<u> -0938-0391 —</u>
NAME OF PREMORE OR SUPPLIER SUNRISE REHABILITATION & CARE PREMORE REHABILITATION & CARE O(4) ID PREFER REMORE RESOLUTION OF CHILD EPHTHYMNO NORMATION PREDICTION OF CHILD PREMORE O				(X2) 5	#F#Ibf	E-CONSTRUCTION	(X3) DATE SUR	VEY
NAME OF PROVIDER OR SUPPLIER SUNRISE REHABILITATION & CARE SUMMARY STATEMENT OF DETICIENCIES SUMMARY STATEMENT OF DETICIENCIES PARK ROAD NEBO, NC 28761	AND PLAN OF	CORRECTION	IDENTIFICATION NUMBER:	A. BU	LDING	· · · · · · · · · · · · · · · · · · ·	COMPLETE	ED
SURRISE REHABILITATION & CARE SURRISE REHABILITATION & CARE (CA) ID (CA)			345233	B. Wil	4G	and the district of the second	01/1	7/2013
SURRISE REHABILITATION & CARE Continued From page 5 Summany fatatement of Deficiencies Page	NAME OF PR	OVIDER OR SUPPLIER			STRE	ET ADDRESS, CITY STATE ZIP CODE	.1	
SUMMARY STATEMENT OF DEFICIENCIES SUMMARY STATEMENT OF DEFICIENCIES PREFIX PROVISERS PLAN OF CONFISCION PROVIS	e: Moiec	DEUADU ITATION C OA	pr		Į.			i i
F318 Continued From page 5 This REQUIREMENT is not met as evidenced by: Based on observations, record review, and staff interviews the facility failed to treat a hand contracture with hand splint or range of motion services to prevent deterioration of contracture for 1 of 1 resident reviewed for range of motion. The findings are: Resident #61 was admitted in 2011 with diagnosis including Hyperension, Cerebrovascutar Accident, and Depression. A significant change Minimum bata Set (MIDS) completed 07/13/12 revealed Resident #61 was cognitively impaired and totally dependent in all ADL areas. The significant change MDS noted impairment in both sides of upper extremity 6 hours per day and provide range of motion Review of an Occupational Therapy (OT) discharge summary dated 04/20/11 revealed Resident #61 was referred to Restorative nursing with recommendations to apply splint to left upper extremity. Occupational Therapy in of dated 04/12/11 revealed Resident #61 was at risk of tone and range deterioration, skin breakdown,	SUNNISE	KENASILITATION & CA			N	EBO, NC 28761		
This REQUIREMENT is not met as evidenced by: Based on observations, record review, and staff interviews the facility falled to freat a hand contracture with hand splint or range of motion services to prevent deterioration of contracture for 1 of 1 resident reviewed for range of motion. The findings are: Resident #61 was admitted in 2011 with diagnosis including Hypertension, Cerebrovascular Accident, and Depression. A significent change Minimum Data Set (MDS) completed 07/11/12 revealed Resident #81 was cognitively impaired and totally dependent in all ADL areas. The significant change MDS noted impairment on both sides of upper extremities for functional status. Interview with Nurse 8 on 01/14/13 at 2:15 PM revealed Resident #61 hand but did not wear a splint or receive range of motion services. Review of an Occupational Therapy (OT) discharge summary dated 04/20/11 revealed Resident #81 was a felt upper extremity 6-8 hours per day and provide range of motion (ROM) versicass 5 days per week for left upper extremity. Occupational Therapy note dated 04/12/11 revealed Resident #81 was at risk of tone and range deterioration, skin breakdown,	PREFIX	(EACH DEFICIENC	Y MUST BE PRECEDED BY FULL	PRE	TX.	LEACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO	ILD BE	COMPLETION
	F 318	This REQUIREMEN' by: Based on observation interviews the facility contracture with han services to prevent of for 1 of 1 resident retrieval to functional status. Interview with Nurse revealed Resident # hand but did not wear motion services. Review of an Occup discharge summary Resident #61 was rewith recommendation extremity 6-8 hours motion (ROM) exercity for 1 of 1 revealed to 1 revealed	T is not met as evidenced ons, record review, and staff railed to treat a hand displint or range of motion deterioration of contracture viewed for range of motion. Idmitted in 2011 with hypertension, clident, and Depression. A linimum Data Set (MDS) revealed Resident #61 was and totally dependent in all difficant change MDS noted sides of upper extremities for 8 on 01/14/13 at 2:15 PM 61 had a contracture on left ar a splint or receive range of dated 04/20/11 revealed efferred to Restorative Nursing ns to apply splint to left upper per day and provide range of dises 5 days per week for left cupational Therapy note aled Resident #61 was at risk elerioration, skin breakdown,		318	ROM/contractures as evident MDS will be reviewed and ord obtained for referrals to there indicated. Restorative policy updated to include notificatio RN with any decline, refusal, then change, discontinuation or treput on hold. 3. DON/ADON re-in-serviced RN and restorative aides on the restorative policy including the 4. DON/ADON/QA nurse/de audit restorative flow sheets a monthly x 2, then quarterly, there are no changes requiring the there are no changes requiring the there were the there are the world report to CQA nurse who will report to CQA nurse who wil	lers apy as has been n of the creatment eatment he e update. signee to weekly x 4, o ensure g a e given to	

CENTER:	S FOR MEDICARE 8	MEDICAID SERVICES				OMB_N	IO_0938-0391	<u></u>
STATEMENT O	F DEEICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA	X2/11/	ULTIPL	5 CONSTRUCTION-	(X3) DATE SI	URVEY	Ţ
AND PLAN OF		IDENTIFICATION NUMBER:	l, ,	LDING		COMPLE		
		345233	B. WIN	∜G	·	01/	117/2013	
NAME OF PR	OVIDER OR SUPPLIER			STRE	EET ADDRESS, CITY, STATE, ZIP CODE			٦
SUNRISE	REHABILITATION & CA	18E		1	06 DEER PARK ROAD			
				N	EBO, NC 28761			
(X4) ID PREFIX TAG	(EACH DEFICIEN	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL R LSC IDENTIFYING INFORMATION)	ID PREF TAG	TX	PROVIDER'S PLAN OF CORR (EACH CORRECTIVE ACTION SI CROSS-REFERENCED TO THE AF DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE	
F 318	Continued From page	ge 6	H.	318				
	04/20/11 revealed to ROM and applies R week. Range is fair. Record notes dated revealed Resident & wearing the splint for	Restorative Care Plan dated nat "Restorative care does hand splint 6-8 hours 5 x " Weekly Restorative Flow between 4/27/11 and 7/8/11 followed the ROM and for 6-8 hours daily well and air range of motion with the	entriter in de la companyation d					
	between 07/11/11 a Resident removed t extremity within 15 on. Restorative Nu revealed that Resid	ow Record notes dated and 07/15/11 revealed he splint from left upper minutes of the splint being put raing Note dated 07/17/11 ent #61 was discontinued arsing services due to	The second secon					
	had no use of hand	ed 10/03/12 revealed resident s across all assessments, and range of motion was nely poor.						And the best of the second sec
	01/17/12 at 9:17 an was to refer resider whenever Restorati discontinued, so the adaptation of splint OT reported that no	pational Therapist (OT) on nevealed Restorative Nurse sits for assessment by OT ve Nursing services were at resident's need for or services can be evaluated. In referral had been made for Restorative Nursing services on 07/27/11.						
A CONTRACTOR OF THE CONTRACTOR	for splint and/or RC	luation of Resident #61's need M services for upper left al Therapist (PT) and DON.						

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	DE DESICIENCIES	(X1) PROVIDER/SUPPLIER/GUA		ULTIPL	E CONSTRUCTION	(X3) DATE SUR	
AND PLAN OF	CORRECTION	IDENTIFICATION NUMBER:	A. BUI	LDING		COMPLETE	Ð
		345233	B, Win	'G		01/17	7/2013
NAME OF PR	ROVIDER OR SUPPLIER			STRE	EET ADDRESS, CITY, STATE, ZIP CODE		
				f	06 DEER PARK ROAD		
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				1	DEFICIENCY)		
			1		- ,		
F 318	Continued From page	ge 7	F	318			
	1	reported that there was	1	-			
		eft had muscles from misuse		İ	•		
		PT reported that Resident		İ			
		om splint and ROM services					
		functional status. PT					
	reported left upper	extremity had extremely poor				ļ	
	range and had dete	riorated since Restorative					
	Nursing services we	ere discontinued in July of	ŀ				
	2011.	·					
		·	1				
	1	Chapman, Director of					
		01/17/13 at 1:20 PM revealed		:			
		t when restorative nursing was					-
	1	cian should be contacted for					
		referral will be made to					
	I .	tional therapy to assess for					
F 074	needs.	· ·		074			
F 371	1			371	= 274 CC F	-	
SS≃E	STURE/PREPARE	/SERVE - SANITARY			F-371-SS=E	<i>₹</i> 7. '	=42
	The facility must -	•			1. A .North and South Pantry	was	
		m sources approved or			cleaned and sanitized by Hou	isekeeping	
		tory by Federal, State or local			staff immediately.		
	authorities; and	tory by readible, draw of rocal			B. Dietary Aide # 1 was re-	in-serviced	
		distribute and serve food			on infection control policies.		
	under sanitary cond	***			2. A. C NA daily assignment s	heets	
	and same,				revised to be more specific i	in regards	
					to cleaning responsibilities.		
					housekeeper was in-serviced		
					responsibilities in regards to	the	
	This REQUIREMENT	VT is not met as evidenced			pantries.		**
	by:				1		
		tions and interviews the facility					
		eanliness of 2 of 2 nutrition					1
1		oper hand washing technique					
	,	the dirty to the clean area of			·		ĺ
	the dish line.	•					
1						•	1 ,

CENTERS FOR MEDICARE & MEDICAID SERVICES STATEMENT OF DEFICIENCIES (X4) PROVIDERISUPPLIERICHA (X2) MULTIPLE CONSTRUCTION YOU DATE CHOOK COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING B. WING 345233 01/17/2013 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 306 DEER PARK ROAD SUNRISE REHABILITATION & CARE NEBO, NC 28761 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (X4) 1D (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY F 371 Continued From page 8 F 371 3. A. CNA staff has been in-serviced by DON on the duties related to the The findings are: pantries. Housekeeping staff has been 1.a. An observation of the north unit nutrition in-serviced by EES in regards to the pantry on 01/14/13 at 9:31 AM revealed the duties related to the pantries. following: B. Dietary staff has been in-serviced - microwave with dried food splattered on the on hand washing and infection control walls and turntable policies by Dietary Manager. - 10 pieces of dried cereal on the bottom shelf of a cabinet over the sink - a wrapped ham and cheese sandwich dated 4. DON/ ADON/ QA Nurse/ designee to 01/11/13 in a cabinet over the refrigerator audit pantries for cleanliness weekly x4, - dried coffee grounds, 8 inch by 4 inch dried dark monthly 2, then quarterly. Report to be brown spill, a large pile of crumbs, and single given at QA nurse who will report to serving jelly packet sticky to the touch in a cabinet QA committee monthly, which contained approximately 15 reusable Dietary Manager or designee to audit resident water pitcher straws. - coffee grounds and dried coffee spills on pantries for cleanliness weekly ongoing, counter next to coffee pot Dietary Manger will randomly observe - all lower cabinet doors and drawers had dried infection control/handwashing white spills down the front that were sticky to the technique of 1 dietary staff member weekly x 4, monthly x 2 then guarterly. Subsequent observations of the north unit Dietary Manager will report findings of 2-14-13 nutrition pantry on 01/14/13 at at 4:50 PM, both audit and observations at the 01/15/13 at 9:55 AM, and 01/15/13 at 3:45 PM monthly QA meeting. revealed no changes in the condition of the nutrition pantry from the initial observation on 01/14/13 at 9:31 AM. During an interview on 01/15/13 at 3:14 PM Nurse Aide (NA) #4 and NA #5 stated they were responsible for cleaning up the nutrition pantry at the end of the 3:00 PM to 11:00 PM shift. NA #4 and NA #5 explained they took dirty dishes to the kitchen, wiped up the counters, swept up the floor If needed, and checked the refrigerator to be sure food items had a name and date. Neither NA

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CENTER	S FOR MEDICARE & 7	MEDICAID SERVICES				— OMB N€	0938-0391
	OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA	(X3)341	TETEL	ECONSTRUCTION	(X3) DATE SUF	
AND PLAN OF	CORRECTION	IDENTIFICATION NUMBER:	A. BUIL	DING		COMPLET	EO
<u>. </u>		345233	8. WN	G		01/1	7/2013
NAME OF PR	OVIDER OR SUPPLIER			STRE	EET ADDRESS, CITY, STATE, ZIP CODE		772010
SUNRISE	REHABILITATION & CAI	₹Ë		30	66 DEER PARK ROAD EBO, NC 28761		***
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG	ıx	PROVIDER'S PLAN OF CORREC (EACH CORRECTIVE ACTION SHO CROSS-REFERENCED TO THE APPI DEFICIENCY)	DULD BE	(X5) COMPLETION DATE
F 371	of the cabinets.	nsible for cleaning the inside	·F	371			
	(DON) observed the and stated the current not acceptable. The assigned to clean the she expected them to and the inside of the confirmed the microwave. revealed 1st shift (6:0 housekeeping staff wand mopping the pan counter tops, and clear districts to the drawers and cabinets.	rave was used to heat up the expected the NAs to The interview further 00 AM-2:00 PM) ras responsible for sweeping try floor, cleaning the aning the front of the s. The DON also stated she esk the pantries to make sure					
	and Housekeeping S 8:50 AM revealed the trained to clean the p both pantries twice di Maintenance Superviwere expected to disi and mop the floors, c cabinets and drawers Supervisors stated th rounds of the facility was maintained satis pantries.	isor stated the housekeepers infect the counters, sweep lean the fronts of the s, and empty the trash. Both ley did not make any formal to make sure cleanliness factorily in the nutrition			- -		
	stated she was respo	ne 1st shift housekeeper onsible for sweeping and on cleaning the counters, and					

DEPART	MENT OF HEALTH A	ND HUMAN SERVICES					D: 02/01/2013	
		MEDICAID SERVICES					MAPPROVED	_
	OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE-CONSTRUCTION (X3) DATE SURVEY IDENTIFICATION NUMBER: (X4) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE-CONSTRUCTION (X3) DATE SURVEY (X4) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE-CONSTRUCTION (X3) DATE SURVEY (X4) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE-CONSTRUCTION (X3) DATE SURVEY (X4) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE-CONSTRUCTION (X3) DATE SURVEY (X4) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE-CONSTRUCTION (X3) DATE SURVEY (X5) DATE SURVEY (X6) DATE SURVEY (X6) DATE SURVEY (X7) DATE SURVEY (X7) DATE SURVEY (X8) DATE SURVEY						
AND PLAN OF	CORRECTION	IDENTIFICATION NUMBER:	A BU	LDI	NING	1''		
·		345233	B. W11	∜G_	<u> </u>	01/	7/2013	
NAME OF PR	ROVIDER OR SUPPLIER			s	STREET ADDRESS, CITY, STATE, ZIP CODE			
SUNRISE	REHABILITATION & CA	RE .			306 DEER PARK ROAD NEBO, NC 28761		-	
(X4) ID PREFIX TAG	REFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL				PROVIDER'S PLAN OF CORR (EACH CORRECTIVE ACTION SH CROSS-REFERENCED TO THE AP DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE	
F 371	taking out the trash. stated she had mopp and 01/15/13 and mu fronts of the cabinets b. An observation of ton 01/14/13 at 9:47 Area quarter-sized yellor front of the refrigerate touch - coffee grounds and counter next to coffee all lower cabinet downite spills down the touch. - coffee grounds and shelves in a cabinet to which contained residually which contained residualition pantry on 01 01/15/13 at 8:50 AM, revealed no changes nutrition pantry from the 01/14/13 at 9:47 AM. An interview with NA revealed NAs were refine pantry during the NA #6 explained they the kitchen, checked unlabeled food items,	The housekeeper further ed both pantries on 01/14/13 ast have overlooked the and drawers. The south unit nutrition pantry the south unit nutrition pantry the south unit nutrition pantry the revealed the following: by dried spill on the floor in or that was sticky to the dried coffee spills on the pot the pot the pot ors and drawers had dried front that were sticky to the food crumbs noted on under the coffee maker the defined equipment. July 13 at at 4:55 PM, and 01/15/13 at 3:35 PM in the condition of the he initial observation on #6 on 01/15/13 at 3:30 PM asponsible for cleaning up 3:00 PM to 11:00 PM shift.	F	37				
	It was the 7:00 AM to	e of the cabinets but thought 3:00 PM shift. PM the Director of Nursing						
	しっけいほうの はっぱんこうごう	INCORC LINGUION OF INTESSED	1		-		, ,	

DEPART	MENT OF HEALTH AN	ND HUMAN SERVICES					D: 02/01/2013 VIAPPROVED	
CENTER	S FOR MEDICARE &	MEDICAID SERVICES					5. 0938-0391	
	DE DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/BLIA IDENTIFICATION NUMBER:	(X2) M A. BUI		CONSTRUCTION	(X3) DATE SU COMPLET	RVEY	1
		345233	B. WIN	!G		01/1	7/2013	
NAME OF PR	OVIDER OR SUPPLIER			STREET	ADDRESS, CITY, STATE, ZIP CODE			1
SUNRISE	REHABILITATION & CAI	RE		308 E	DEER PARK ROAD O, NG 28761			-
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREF TAG	1	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHO CROSS-REFERENCED TO THE APP! DEFICIENCY)	ULD BE	(X5) COMPLETION DATE	
F 371	and stated the current not acceptable. The assigned to clean the she expected them to and the inside of the confirmed the microwaresident's food and si clean the microwave, revealed 1st shift (6:0 housekeeping staff wand mopping the pancounter tops, and cle drawers and cabinets did not routinely checicanliness was main. An interview with the and Housekeeping S 8:50 AM revealed the trained to clean the poth pantries twice did Maintenance Superviwere expected to disi and mop the floors, cabinets and drawers Supervisors stated throunds of the facility was maintained satis pantries. During an interview the stated she was responsed to the trash, stated she had mopping the pantries taking out the trash.	south unit nutrition pantry it condition of the pantry was DON further stated NAs are in nutrition pantry daily and o clean off the counter tops cabinets. The DON vave was used to heat up the expected the NAs to The interview further DO AM-2:00 PM) vas responsible for sweeping stry floor, cleaning the aning the front of the s. The DON also stated she six the pantries to make sure stained. Maintenance Supervisor upervisor on 01/16/13 at a 1st shift housekeeper were antries daily and round on uring their shift. The lsor stated the housekeepers infect the counters, sweep	F	371				And the second s

fronts of the cabinets and drawers.

		WEDICAID SERVICES				- OMB-N	0.0938-0391
AND PLAN OF	DE DEFICIENCIES CORRECTION	(X3) PROVIDER/SUPPLIER/CUA IDENTIFICATION NUMBER:	—— (X3) 14	ULTIPLE	CONSTRUCTION	(X3) DATE SU	RVEY
	OCIALECTION	IDENTIFICATION NOMBER;	A. BUI	LDING		COMPLE	TED
		345233	B, Wilh	G			
MAKE OF DE	KOVIDER OR SUPPLIER	340203		1		01/	17/2013
NAME OF FR	COVIDER OR SUPPLIER				ET ADDRESS, CITY, STATE, ZIP CODE		
SUNRISE	REHABILITATION & CA	RE		1	DEER PARK ROAD		
OV A U.D.	SULTIA DV CT	CATCLICATION DEPOSITIONS		NE	BO, NC 28761		
(X4) ID PREFIX TAG	(EACH DEFICIENC	TATEMENT OF DEFICIENCIES Y HUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	PREF TAG		PROVIDER'S PLAN OF CORF (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE A DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE
F 371	Continued From pag	e 12	II.	371			
		- · · · · · · · · · · · · · · · · · · ·		-	·		
	at 9:01 AM Dietary A wearing disposable of food debris from resi	our of the kitchen on 01/14/13 ide #1 was observed gloves on both hands rinsing dents' breakfast dishes and ck in front of the dishwasher					,
	dishes at the other e without removing her washing her hands. mug and a plate dom nearby metal rack. I interrupted before sh confirmed she had to wearing the pair of diwhile rinsing the dirty stated she had been gloves, wash her har of disposable gloves	Aide #1 moved to a rack of and of the dish washing line or disposable gloves and Dietary Aide #1 picked up a me and placed them on a Dietary Aide #1 was me continued any further and puched clean dishes while disposable gloves she wore or dishes. Dietary Aide #1 trained to remove her mads, and put on a clean pair when she moved from the area of the dish washing					
	01/14/13 at 9:05 AM Dietary Aide #1 touch same gloves she had debris from residents stated Dietary Aide #	etary Manager (DM) on revealed she had observed in the clean dishes with the di worn while rinsing food by breakfast dishes. The DM if should have removed her ashed her hands, and put on					

CENTER	S FOR MEDICARE &	MEDICAID SERVICES			OMB NO	0.0938-0391
	OF-DEFICIENCIES	(X1) PROVIDER/SUPPLIET/CELA	(X2):MUL	TIPLE CONSTRUCTION	(X3) DATE SUI	रएष्टर
AND PLAN OF CORRECTION IDENTIFICATION NUMBER: 345233		IDENTIFICATION NUMBER:	A. BUILD	ING	COMPLET	ED
		B. WING		01/1	7/2013	
NAME OF PR	OVIDER OR SUPPLIER		8	STREET ADDRESS, CITY, STATE, ZIP CODE		
SUNRISE	REHABILITATION & CA	RE		306 DEER PARK ROAD		L. L. L. L. L. L. L. L. L. L. L. L. L. L
				NEBO, NC 28761		
(X4) ID PREFIX TAG	(EACH DEFICIENC	TATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CO (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE DEFICIENCY)	N SHOULD BE	(X5) COMPLETION DATE
F 371	a clean pair of dispo clean dishes. The D staff were educated washing during their instructed regarding	sable gloves before handling M further stated all dietary regarding proper hand orientation and also were the dish washing procedure	F3	71		
F 431 SS=D	LABEL/STORE DRU The facility must em a licensed pharmaci of records of receipt controlled drugs in s accurate reconciliati records are in order controlled drugs is n reconciled. Drugs and biological labeled in accordance professional principle appropriate accessor instructions, and the applicable. In accordance with sfacility must store all locked compartment controls, and permit have access to the little to the facility must propermanently affixed controlled drugs listed Comprehensive Dru Control Act of 1976 abuse, except when	RUG RECORDS, JGS & BIOLOGICALS ploy or obtain the services of st who establishes a system and disposition of all ufficient detail to enable an on; and determines that drug and that an account of all naintained and periodically Is used in the facility must be be with currently accepted es, and include the ry and cautionary expiration date when State and Federal laws, the drugs and biologicals in s under proper temperature only authorized personnel to	F4	1. Expired PPD vials were in discarded. 2. Nurses on duty instructed cabinets, refrigerators, and for expired meds. Refrigerator temperature was revised to include a chexpired meds in refrigeration third shift nurses. Pharmacy consultant to confor expired meds every maken updated guideline for respiration dates was put cheach medication refrigeration for all MAR's. 3. Nurses in-serviced by Diprocedure change. 4. DON/ADON/QA/other chaudit Med Room refrigeration dates weekly x 4 x2, then quarterly. Report to QA nurse who will report committee monthly.	ed to check all dimed carts audit sheet neck for or weekly by ontinue audit onth. medication on front of tor and in ON on designee to ators for then monthly ts to be given	2-16-13

-DEPARTI	MENT-OF-HEALTH-/	ND HUMAN SERVICES					APPROVED	
_CENTER	S FOR MEDICARE 8	MEDICAID SERVICES			· · · · · · · · · · · · · · · · · · ·		. 0938-0391	_
STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION (DENTIFICATION NUMBER: 345233			1 '	(X2) BUILTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
			B. WAN	G	·	01/17/2013		
NAME OF PR	OVIDER OR SUPPLIER			STREET	ADDRESS, CITY, STATE, ZIP CODE			
SUNRISE	REHABILITATION & C	ARE		306 (DEER PARK ROAD O, NC 28761		and the state of t	
(X4) ID PREFIX TAG	FIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL			х	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHO CROSS-REFERENCED TO THE APPROFICIENCY)	ULD BE	(X5)- COMPLETION DATE	
F 431	Continued From page 14 quantity stored is minimal and a missing dose can be readily detected.		Ę	431				
	by: Based on observal interviews the facili multi-dose vials of Derivative (PPD) th	NT is not met as evidenced lions, record review, and staff by failed to discard two ruberculin Purified Protein lat were expired in 2 of 2 ators available for use.		e mary et en ein einer et kenn erlieben der geste bestellt gegen gegen einen erne				
	The findings are:							
	refrigerator on the I expired drugs. The PPD dated 12/08/2 the refrigerator was "Policy: All multi-demedications and vadesignated staff per is broken and the fire	following expiration dates shall						
	with Nurse #5; who confirmed the PPD 12/08/2012. Nurse was for vials of PP and discarded afte the PPD vial dated days expiration and immediately.	on 01/15/2013 at 11:10 AM assigned to the North Hall; vial was open and dated #5 revealed the facility policy D to be dated when opened r 30 days. Nurse #5 confirmed 12/08/2013 was past the 30 d should be thrown away					-	
	On 01/15/2013 at 1	11:15 AM the medication						

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DEPARTMENT OF HEALTH AND HUMAN SERVICES							PRINTED: 02/01/2013 FORM APPROVED		
CENTER	S FOR MEDICARE &	MEDICAID SERVICES					IO. 0938 0391		
STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/GLA AND PLAN OF CORRECTION IDENTIFICATION NUMBER: 345233		(X2) MULTIPLE CONSTRUCTION A. BUILDING B. WING			(X3) DATE 8		1		
					01/	17/2013	,		
NAME OF PR	OVIDER OR SUPPLIER			STREET	ADDRESS, CITY, STATE, ZIP CODE				
SUNRISE	REHABILITATION & CA	RE	•	1	EER PARK ROAD O, NC 28761			-	
(X4) ID PREFIX TAG	(EACH DEFICIENC	TATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREF TAG	TX XI	PROVIDER'S PLAN OF COR (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE A DEFICIENCY)	SHOULD BE	(X5) COMPLETION DATE		
F 431	REGULATORY OR LSC IDENTIFYING INFORMATION)			431					
	on 01/15/2013 at 1: Director of Nurses (I were for nursing state of the properties o	oiration it was to be thrown 00 PM in an interview the DON) stated her expectations if to follow the facility policy to a opened, to routinely check or dates and discard any past							

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FORM APPROVED

OMB NO. 0938-0391

CENTER	S FOR MEDICARE &	MEDICAID SERVICES	OMB NO. 0938-0391			
STATEMENT (OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULT	IPLE CONSTRUCTION	(X3) DATE SURVEY	
AND PLAN OF	CORRECTION	IDENTIFICATION NUMBER:	À. BUILDIN	3G	COMPLETED	
	•	345233	B. WING		01/17	
NAME OF PROVIDER OR SUPPLIER SUNRISE REHABILITATION & CARE			REET ADDRESS, CITY, STATE, ZIP CODE 306 DEER PARK ROAD NEBO, NC 28761			
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	JD PREFIX TAG	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOI CROSS-REFERENCED TO THE APPR DEFICIENCY)	OLD SE	(X5) COMPLETION DATE
F 441	the posted expiration 483.65 INFECTION (SPREAD, LINENS) The facility must estal infection Control Prosafe, sanitary and coto help prevent the dof disease and infection Control The facility must estal Program under which (1) Investigates, continuite facility; (2) Decides what proshould be applied to (3) Maintains a recording related to infection of the facility must estal prevent the spread of isolate the resident. (2) The facility must communicable disease from direct contact will train (3) The facility must hands after each direct contact will train the professional practices. (c) Linens Personnel must hand	dates. CONTROL, PREVENT ablish and maintain an gram designed to provide a mfortable environment and evelopment and transmission ion. Program ablish an Infection Control in it—trois, and prevents infections recdures, such as isolation, an individual resident; and dof incidents and corrective ections. ad of Infection on Control Program sident needs isolation to of infection, the facility must prohibit employees with a see or infected skin lesions with residents or their food, if insmit the disease. require staff to wash their ect resident contact for which icated by accepted	F 43		ent ntial to be by Staff agement ng ple gloves g with ect er urses ly X2, then to QA	2-16-13

DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 02/01/2013 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE A. BUILDING	CONSTRUCTION		(X3) DATE SURVEY COMPLETED			
		345233	B. WNG		01	/17/2013		
NAME OF PROVIDER OR SUPPLIER SUNRISE REHABILITATION & CARE			STREET ADDRESS, CITY, STATE, ZIP CODE 306 DEER PARK ROAD NEBO, NC 28761					
(X4) ID PREFIX TAG	. (EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN (EACH CORRECTIVE A CROSS-REFERENCED TI DEFICIE	CTION SHOULD BE O THE APPROPRIATE	(X5) COMPLETION DATE		
F 441	Continued From page	: 17	F 441		,			
	by: Based on observatio interviews the facility between residents du glucose testing of 3 o (Residents # 24, 85 a) The findings are: 1. Review of a facility Handwashing During Care" updated 07/21/must wash their hand circumstances; before invasive procedure su glucose. On 01/15/13 at 3:30 F was made of Nurse # blood glucose tests. N gloves, prepared Resobtained the finger stil Nurse #1 removed he Resident #24's room hands, returned to the gloves and cleaned the After cleaning the bloogathered supplies and room, donned clean glinger stick blood glucoremoved her gloves p #85's room and witho returned to the medic	ring finger stick blood f 3 sampled residents nd 90). r policy titled "Policy on the Provision of Resident 11, revealed employees s under the following e and after performing any uch as a finger stick blood PM a continuous observation 1 obtaining three finger stick sturse #1 donned a pair of ident #24's finger and ick blood glucose test. It gloves prior to leaving and without washing her e medication cart, reapplied the blood glucose meter. The provision of t						

DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION UPDATESCATION ADDRESS		(X2) MULTIPLE CONSTRUCTION				(X3) DATE SURVEY	
	OUNTEDION	IDENTIFICATION NUMBER:	A. BUILDING			COMPLETED	
	· · · · · · · · · · · · · · · · · · ·	345233	B. WW	G	<u> </u>	01.	/17/2013
	ROVIDER OR SUPPLIER REHABILITATION &	CARE	STREET ADDRESS, CITY, STATE, ZIP CODE 306 DEER PARK ROAD NEBO, NC 28761				
(X4) ID PREFIX TAG	. (EACH DEFIC	Y STATEMENT OF DEFICIENCIES ENCY MUST BE PRECEDED BY FULL 'OR LSC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORI (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE AL DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE
F 441	cleaning the blood gathered supplies room, donned cle finger stick blood her gloves prior to and without wash medication cart, reblood glucose medication cart, reblo	d glucose meter, Nurse #1 and entered Resident #90's an gloves and performed a glucose test. Nurse #1 removed b leaving Resident #90's room ing her hands, returned to the eapplied gloves and cleaned the eter. 15 PM Nurse #1 was ecknowledged she did not wash en residents while performing glucose testing. Nurse #1 uld have washed her hands		441			
-						-	