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DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 08/14/2012 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MUI A. BUILD	TIPLE CONSTRUCTION	(X3) DATE S COMPLI	
		. 345089	B. WING		08	02/2012
,	ROVIDER OR SUPPLIER COVE HEALTH AND REI	HABILITATION CENTER		STREET ADDRESS, CITY, STATE, ZIP 511 WINDMILL ST WALNUT COVE, NC 27052		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	(EACH CORRECTIVE CROSS-REFERENCED		(X5) COMPLETION DATE
F 428 SS=D	IRREGULAR, ACT C The drug regimen of reviewed at least one pharmacist. The pharmacist must the attending physician	GIMEN REVIEW, REPORT N each resident must be e a month by a licensed report any irregularities to an, and the director of ports must be acted upon.	F 4	This Plan of Correcticonstitute an admission agreement by the Prince on Conclusions set forth Statement of Deficien Plan of Correction is solely because it is restate and Federal law	sion or covider of the eged or In this encles. This prepared equired by V.	8/23/12
	by: Based on staff intervence on sultant pharmack irregularities to the at Director of Nursing for (Residents #55 and funnecessary medical). Resident #55 was 05/14/12 with diabete accident, hypertension Record review of the revealed orders for: Restoril (temaze capsule by mouth at 2. Remeron (mirtate every day at bedtime 3. Ativan (lorezepe written 05/14/12.) Record review of hor revealed the residen	tending physician and or 2 of 13 residents of 19) reviewed for tions. admitted to the facility on es, cerebral vascular on and chronic anemia. resident's clinical record opam) 15 mg (milligram) bedtime, written 07/17/12.		1. Resident #55 and Remedication regimen have by the attending physic 55 antidepressant med administration time has by the attending physic 19 anxiolytic medication time has been adjusted physician. 2. A review of current receiving sedative/hypranxiolytic medications is completed by the Direct Services with any irregit to the attention of the physician. Corrective/pitaken at time of discover consultant pharmacist who the Nursing Home Aregarding completing the review every 30 days on The pharmacist will cormedication regimen revinconsistency with usual accepted, or right appropharmaceutical services basis.	ve been reviewed clan. Resident # ication sheen adjusted clan. Resident # in administration if by the attending residents and or as been tor of Clinical ularities brought attending hysician orders ery. The was re-educated dministrator and drug regimen in 08/20/2012. Implete a riew to identify al proper, oaches to provide	(X8) DA €

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

FORM CMS-2567(02-99) Previous Versions Obsolete

Event ID: RLPQ11

Facility ID: 923219

If continuation sheet Page 1 of 4

CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING B. WING 345089 08/02/2012 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **611 WINDMILL ST** WALNUT COVE HEALTH AND REHABILITATION CENTER WALNUT COVE, NC 27052 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION ID PREFIX (X5) COMPLETION DATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) PREFIX (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY 3. The consultant pharmacist will F 428 Continued From page 1 F 428 conduct a drug regimen review at least orders for Remeron and Ativan. monthly in order to identify irregularities and to identify significant risks and adverse consequences resulting from or Lexi-comp's Geriatric Dosage Handbook, 17th associated with the use of sedatives and edition, revealed that Remeron is an hypnotics. The pharmacist will report antidepressant agent with significant chance of the finding to the attending physician somnolence (54%). and /Director of Clinical Services for Ativan is listed as a sedative/hypnotic, anxiolytic follow up. The Director of Clinical medication in the benzodiazepine class which Services will complete a review of causes central nervous system depression physician orders monthly to identify resulting in sedation. those residents receiving Restoril is listed as an anxiolytic sedative hypnotic sedative/hypnotic and/or anxiolytic that per manufacturer 's instructions should not medications to cross reference with pharmacy recommendations done be used for more than 7-10 days. The monthly x 6 months to monitor follow medication can cause central nervous system up for those residents identified. depression resulting in sedation. 4. The Director of Clinical Services will report the results of the review of Review of the pharmacist 's drug regimen review physician orders to the performance sheet from May 2012 through July 2012 did not Improvement Committee monthly to reveal a review asking the physician for a identify trends and need for further risk/benefit statement for the use of 3 sedating monitoring. The consultant pharmacist medications; or a review for use of a sedative will report findings of reviews on a hypnotic for more than 10 days. quarterly basis. Review of the care plan written on 05/23/12, revealed the resident to be a high risk for falls and the resident had fallen on 07/26/12. The resident was also care planned for "monitor therapeutic effectiveness and for adverse effects of Atlvan, Remeron and Restoril." Interview with the consultant pharmacist by phone on August 1, 2012 at 2:30 PM revealed that he had not addressed the overlap sedation issue and the use of a sedative hypnotic for more than 10 days. 2. Resident # 19 was admitted to the facility on 04/29/11 with cumulative diagnoses of end stage

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FORM APPROVED

FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING B. WING_ 345089 08/02/2012 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 511 WINDMILL ST WALNUT COVE HEALTH AND REHABILITATION CENTER WALNUT COVE, NC 27052 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE 10 (X5) COMPLETION DATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX TAG PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) F 428 Continued From page 2 F 428 COPD (chronic obstructive pulmonary disease, hypertension, hypothyroidism, and diabetes mellitus. Record review of the resident 's clinical chart revealed orders for: 1. Ambien(zolpidem) 5 mg (milligrams) one tablet at bedtime for insomnia, written 2/19/12 2. Ativan (lorazepam) 0.5 mg at bedtime for anxiety, written 3/12/12. Lexi-comp 's Geriatric Dosage Handbook, 17th edition, stated that Ambien is a hypnotic medication. "Use with caution with respiratory disease", the text recommends that the medication should only be used for 7-10 days before re-evaluation. Ativan is listed as a sedative/hypnotic, anxioivtic medication in the benzodiazepine class which causes central nervous system depression resulting in sedation. Review of the pharmacist's drug regimen review sheet revealed that the last review for Ambien was in August 2011, the Ativan review was written on 03/01/12; however the attending physician was not made aware that the resident was on two sedating medications both given at bedtime. The resident was care planned on 04/24/12 for COPD and the need to monitor for possible drug interaction/increased side effects due to multiple medication use and for falls. The resident did fall on 04/16/12 and had no injuries.

interview with the consultant pharmacist by phone on August 1, 2012 at 2:30 PM revealed that he

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AME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 611 WINDMILL ST				
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F 428	Continued From page 3 had not addressed the overlap sedation issue and the use of a sedative hypnotic for more than 10 days.	F 42	8	
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And the state of t				

DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION SEP 1 3 2012X3) DATE SURVEY A BUILDING 01 - MAIN BUILDING 01
	345089	B. WING 08/22/2012
NAME OF PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP CODE
	REHABILITATION CENTER	511 WINDMILL ST WALNUT COVE, NC 27052
(AA) ID (EACH DESIGNENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PROVIDER'S PLAN OF CORRECTION (X6) PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETIVE ACTION SHOULD BE COMPLETIVE ACTION SHOULD BE COMPLETIVE DATE DATE TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY)
conducted as per at 42CFR 483.70(a Care section of the publications. This is construction, one sautomatic sprinkle. The deficiencies of are as follows: K 038 NFPA 101 LIFE Sections of the section of the publications. This is a construction, one sautomatic sprinkle. The deficiencies of are as follows: NFPA 101 LIFE Sections of the section of the	ode(LSC) survey was The Code of Federal Register a); using the Existing Health a LSC and its referenced building is Type III(211) story, with a complete r system. etermined during the survey AFETY CODE STANDARD anged so that exits are readily mes in accordance with section is not met as evidenced by: a 8/22/12 at approximately noon access was non-compliant, access was non-com	months.
LABORATORY PIRECTOR'S OR PRO	VIDER/SUPPLIER REPRESENTATIVE'S SIG	Executive Orector 9/7/

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

Facility ID: 923219

DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MÉDICARE & MEDICAID SERVICES

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CENTERS FOR MEDIC STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING 01 - MAIN BUILDING 01		(X3) DATE SURVEY COMPLETED	
		345089	B. WING		08/22/2012	
NAME OF PROVIDER OR SUPPLIER WALNUT COVE HEALTH AND REHABILITATION CENTER		51	EET ADDRESS, CITY, STATE, ZIP CODE 1 WINDMILL ST ALNUT COVE, NC 27052			
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. K 052	Continued From pa	age 1	K 052	1. How Corrective action will be accomplished by the facility to correct the deficient practice; Annual certification for the fire alar control panel was completed 8/28/12. 2. How will you identify other is safety issues having the potento affect residents by the same deficient practice and what	m , 9/11/5	
K 067 SS=D	42 CFR 483.70(a) By observation on the following fire all non-compliant, spe annual certification was last completed NFPA 101 LIFE Some Heating, ventilating with the provisions in accordance with	6/29/11 at approximately noon arm system was observed as cellic findings include the fire alarm control panel.	K 067	corrective action will be taken; Maintenance Director will check all alarm certifications ensuring all and checks have been completed and maintain an annual inspection log. 3. What measures will be put i place or what systemic change you will make to ensure that ti deficient practice will not recu Maintenance Department will check alarm system and certification mor and log monthly check every mont months. 4. How the facility plans to mo its performance to make sure i solutions are sustained; The Maintenance Director will repor results of findings to the Risk	nto ss he r; k fire athly h x12 nitor that	
K 147 SS≖D	42 CFR 483.70(a By observation on the following Heat Conditioning (HVA findings include th did not shut down the 100 hall pull si nurses station (zo NFPA 101 LIFE S	is not met as evidenced by: 8/22/12 at approximately noon ing Ventilating and Air C) was non-compliant, specific e HVAC system on the 100 hall with fire alarm activation when ation and the pull station at the ne 3) was activated. AFETY CODE STANDARD and equipment is in accordance	K 147	Management/Quality improvement committee for continued compliant 12 months. K067 1. How Corrective action will i accomplished by the facility to correct the deficient practice; The facility HVAC System has indiput Detectors for each air handle. The correct pull station and HVAC system area for 100 hall was iden by Maintenance Director. 2. How will you identify other safety issues having the potento affect residents by the sam deficient practice and what corrective action will be taker	ce x be vidual er. tified life ntial	

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CENTERS FOR MED	ICARE & MEDICAID SERVICES		0830-0381	
TATEMENT OF DEFICIENCE IND PLAN OF CORRECTION			(X3) DATE SURVEY COMPLETED	
	345089	B. WING 08/2:	2/2012	
(X4) ID SUMI	PPLIER TH AND REHABILITATION CENTER IARY STATEMENT OF DEFICIENCIES FICIENCY MUST BE PRECEDED BY FULL	STREET ADDRESS, CITY, STATE, ZIP CODE 511 WINDMILL ST WALNUT COVE, NC 27052 ID PROVIDER'S PLAN OF CORRECTION PROPERTY (EACH CORRECTIVE ACTION SHOULD BE	(X5) COMPLETION DAYE	
PREFIX (EACH DE TAG : REGULAT	ORY OR LSC IDENTIFYING INFORMATION)	TAG CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) Maintenance Director will check all pull		
This STAN 42 CFR 48 By observe the following	70, National Electrical Code. 9.1.2 OARD is not met as evidenced by:	stations to ensure individual duct detectors activate HVAC shut down in the define area. 3. What measures will be put into place or what systemic changes you will make to ensure that the deficient practice will not recur; Maintenance Department will check HVAC system at a different pull station daily x 10 days then monthly x 12 months thereafter 4. How the facility plans to monitor its performance to make sure that solutions are sustained; The Maintenance Director will report results of findings to the Risk Management/Quality Improvement committee for continued compliance x 12 months.	9/11/18	
	,	1. How Corrective action will be accomplished by the facility to correct the deficient practice; Electrical wiring was capped off, taped up, and put into metal box with cover. Metal box was fastened to the ceiling. 2. How will you identify other life safety issues having the potential to affect residents by the same deficient practice and what corrective action will be taken; Maintenance Director will check all sprinkler riser room for hanging wire and fix. 3. What measures will be put into place or what systemic changes you will make to ensure that the deficient practice will not recur; Maintenance Department will check Sprinkler riser room weekly x three months thereafter Sprinkler riser room checks will be completed monthly x12 months.		

PRINTED: 08/23/2012 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY COMPLETED (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION 01 - MAIN BUILDING 01 A BUILDING B. WING _ 08/22/2012 345089 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 511 WINDMILL ST WALNUT COVE HEALTH AND REHABILITATION CENTER WALNUT COVE, NC 27052 PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) (X5) COMPLETION ID (X4) ID PREFIX PREFIX DATE TAG TAG 4. How the facility plans to monitor its performance to make sure that solutions are sustained; The Maintenance Director will report results of findings to the Risk Management/Quality improvement committee for continued compliance x 12 months.

This Plan of Correction does not constitute an admission or agreement by the Provider of the truth of the facts alleged or conclusions set forth in this Statement of Deficiencies. This Plan of Correction is prepared solely because it is required by state and Federal law.

- 1. How Corrective action will be accomplished by the facility to correct the deficient practice; The exit door on 100 hall was repaired before surveyors exit.
- 2. How will you identify other life safety issues having the potential to affect residents by the same deficient practice and what corrective action will be taken; Maintenance Director will check and provided all exits doors ensuring that less than fifteen pounds of pressure is needed to operate. Any doors requiring more than fifteen pounds to operate will be repaired or replaced.
- 3. What measures will be put into place or what systemic changes you will make to ensure that the deficient practice will not recur; Maintenance Department will check doors daily for 30 days and then monthly checks will be perform thereafter.
- 4. How the facility plans to monitor its performance to make sure that solutions are sustained; The Maintenance Director will report results of findings to the Risk Management/Quality Improvement committee for continued compliance x 6 months.

K052

- 1. How Corrective action will be accomplished by the facility to correct the deficient practice; Annual certification for the fire alarm control panel was completed 8/28/12.
- 2. How will you identify other life safety issues having the potential to affect residents by the same deficient practice and what corrective action will be taken; Maintenance Director will check all fire alarm certifications ensuring all annual checks have been completed and maintain an annual inspection log.
- 3. What measures will be put into place or what systemic changes you will make to ensure that the deficient practice will not recur; Maintenance Department will check fire alarm system and certification monthly and log monthly check every month x12 months
- A. How the facility plans to monitor its performance to make sure that solutions are sustained;
 The Maintenance Director will report results of findings to the Risk Management/Quality improvement committee for continued compliance x 12 months.

K067

1. How Corrective action will be accomplished by the facility to correct the deficient practice; The facility HVAC System has individual Duct Detectors for each air handler. The correct pull station and HVAC system area for 100 hall was identified by Maintenance Director.

2. How will you identify other life safety issues having the potential to affect residents by the same deficient practice and what corrective action will be taken; Maintenance Director will check all pull stations to ensure individual duct detectors activate HVAC shut down in the define area.

3. What measures will be put into place or what systemic changes you will make to ensure that the deficient practice will not recur; Maintenance Department will check HVAC system at a different pull station daily x 10 days then monthly x 12 months thereafter

4. How the facility plans to monitor its performance to make sure that solutions are sustained;

The Maintenance Director will report results of findings to the Risk Management/Quality Improvement committee for continued compliance x 12 months.

K147

- 1. How Corrective action will be accomplished by the facility to correct the deficient practice; Electrical wiring was capped off, taped up, and put into metal box with cover. Metal box was fastened to the ceiling.
 2. How will you identify other life safety issues having the potential to affect residents by the same deficient practice and what corrective action will be taken; Maintenance Director will check all sprinkler riser room for hanging wire and fix.
- 3. What measures will be put into place or what systemic changes you will make to ensure that the deficient practice will not recur; Maintenance Department will check Sprinkler riser room weekly x three months thereafter Sprinkler riser room checks will be completed monthly x12 months.
- 4. How the facility plans to monitor its performance to make sure that solutions are sustained;
 The Maintenance Director will report results of findings to the Risk Management/Quality improvement committee for continued compliance x 12 months.