

<b>National Requirements (NCCR) to include Local Continued Competency Requirements (LCCR)</b>	<b>EMR Time in hours</b>	<b>EMT Time in hours</b>	<b>AEMT Time in hours</b>	<b>PARAMEDIC Time in hours</b>
Airway, Respirations, Ventilations	3.00	10.00	10.00	12.00
Cardiovascular	6.00	12.00	18.00	23.00
Trauma	2.50	8.00	13.00	14.00
Medical Emergencies	7.50	16.00	21.00	25.00
Operations	5.00	14.00	13.00	16.00
<b>NCCR / LCCR HOUR TOTALS</b>	<b>24.00</b>	<b>60.00</b>	<b>75.00</b>	<b>90.00</b>
<b>INDIVIDUAL Continued Competency Requirements (ICCR)</b>	<b>8.00</b>	<b>20.00</b>	<b>25.00</b>	<b>30.00</b>
<b>TOTAL HOURS</b>	<b>32.00</b>	<b>80.00</b>	<b>100.00</b>	<b>120.00</b>

**Current North Carolina Credential holders:** will follow a locally (System) prescribed process based upon any deficiencies identified by the EMS System, Peer Review or Self Tracking Assessment Tools (STATS) provided by the EMSPIC. If no deficiencies are indicated, the EMS provider may select any EMS related education for their ICCR

**Current NREMT Card holders with a valid North Carolina Credential:** will follow the NREMT process based upon the outcomes of a self assessment guide for those that hold a NREMT and may be found on the NREMT website as part of the recertification submission process. The assessment guide will help providers assess their knowledge and remediate any identified deficiencies (over four core content areas). The specific assessment guide results are provided only to the individual EMS provider; deidentified, aggregate data will be provided to Training Officers and **no actions** will be taken to restrict practice or certification of providers who need remediation. If no deficiencies are indicated, the EMS provider may select any EMS related education for their ICCR