



NORTH CAROLINA OFFICE OF EMERGENCY MEDICAL SERVICES
 DIVISION OF HEALTH SERVICE REGULATION • DEPARTMENT OF HEALTH AND HUMAN SERVICES

EMT Continuing Education Guideline

Continuing Education Requirements (Over the four (4) year Credential period)

| Provider Level | National Requirements (NCCR) | Local Requirements (LCCR) | Individual Requirements (ICCR) | Total Hours* |
|-------------------------------------|-------------------------------------|----------------------------------|---------------------------------------|---------------------|
| Emergency Medical Technician | 40 | 20 | 20 | 80 |

1) NATIONAL Continued Competency Requirements (NCCR)

National Continued Competency Requirements comprises 50% of the overall requirements necessary to recertify. Topics in the NCCR are chosen among the following: evidence-based medicine, any changes in the National EMS Scope of Practice Model, science-related position papers that affect EMS patient care, topics which cover patient care tasks that have low frequency yet high criticality, and articles which improve knowledge to deliver patient care. Educational materials for this component to the EMS community may be obtained from the National Registry of Emergency Medical Technicians at www.nremt.org

2) LOCAL Continued Competency Requirements (LCCR)

Local Continued Competency Requirements are developed and delivered at the local EMS level. LCCR represents 25% of the necessary requirements for all provider levels. The LCCR topics are chosen by local authorities (or State EMS Office, if applicable). These topics may include changes in local protocols, tasks which require remediation based upon a quality assurance system, and/or topics noted to be of importance based upon run data reported to the National EMS Information Systems from the local level. These topics are locally chosen and will likely be different for every EMS system in the nation. As a guide for those non-affiliated, the North Carolina Office of Emergency Medical Services will accept the following content and hours:

| National Requirements (NCCR) to include Local Continued Competency Requirements (LCCR) | EMT |
|---|------------|
| Airway, Respiration and Ventilation | 10 |
| Cardiovascular | 12 |
| Trauma - To include Pediatrics | 8 |
| Medical - To include Pediatrics | 16 |
| Operations | 14 |
| Totals | 60 |

3) INDIVIDUAL Continued Competency Requirements (ICCR)

Individual Continued Competency Requirements represent 25% of the needed education. Listed below, are the ICCR hour requirements for non-affiliated EMS personnel.

| Individual Continued Competency Requirements (ICCR) | EMT |
|--|------------|
| Hours Required | 20 |

For affiliated EMS personnel or individuals possessing a current NREMT, one of the **following educational requirements will apply:**

- **Current NREMT Card holders with a valid North Carolina Credential:** will follow the NREMT process based upon the outcomes of a self-assessment guide for those that hold a NREMT and may be found on the NREMT website as part of the recertification submission process. The assessment guide will help providers assess their knowledge and remediate any identified deficiencies (over four core content areas). The specific assessment guide results are provided only to the individual EMS provider; de-identified, aggregate data will be provided to Training Officers and **no actions** will be taken to restrict practice or certification of providers who need remediation. If no deficiencies are indicated, the EMS provider may select any EMS-related education for their ICCR component.
- **Current North Carolina Credential holders:** will follow a locally (System) prescribed process based upon any deficiencies identified by the EMS System, Peer Review or Self Tracking Assessment Tools (STATS) provided by the EMSPIC. If no deficiencies are indicated, the EMS provider may select any EMS-related education for their ICCR component.