March 29, 2022

Renee Mullings
renee_mullings@affecttherapeutics.com

No Review
Record #: 3853
Date of Request: March 21, 2022
Business Name: Affect Therapeutics, Inc.
Business #: 3536
Project Description: Conduct outpatient, non-residential, stimulant use disorder treatment.
County: Statewide

Dear Ms. Mullings:

The Healthcare Planning and Certificate of Need Section, Division of Health Service Regulation (Agency) received your correspondence regarding the project described above. Based on the CON law in effect on the date of this response to your request, the project as described is not governed by, and therefore, does not currently require a certificate of need. If the CON law is subsequently amended such that the above referenced proposal would require a certificate of need, this determination does not authorize you to proceed to develop the above referenced proposal when the new law becomes effective.

This determination is binding only for the facts represented in your correspondence. If changes are made in the project or in the facts provided in the correspondence referenced above, a new determination as to whether a certificate of need is required would need to be made by this office.

Please do not hesitate to contact this office if you have any questions.

Sincerely,

[Signature]
Gregory F. Yakaboski
Project Analyst

[Signature]
Micheala Mitchell
Chief
Hey Martha,

Just received this No Review Request. It is a “Statewide” request.

Thanks,
Greg

Sincerely,

Gregory F. Yakaboski

Project Analyst
Division of Health Service Regulation, Certificate of Need
NC Department of Health and Human Services

Help protect your family and neighbors from COVID-19. Know the 3 Ws. Wear. Wait. Wash. #StayStrongNC and get the latest at nc.gov/covid19

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2704 Mail Service Center
Raleigh, NC  27699-2704

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Good Afternoon Greg!

This is Renee Mullings from Affect Therapeutics, Inc. I am the one with the 951 area code that moved from CA to KY lol. Thank you for speaking to me on the phone earlier today! Below are some bullet points regarding what Affect Therapeutics does and is regarding SUD treatment:

- Affect Therapeutics is a telehealth stimulant use disorder treatment organization.
- All groups and one on ones are conducted through HIPAA compliant video sharing.
- We are in the process of becoming certified through CARF.
- We are a non-residential, ASAM Level 1 Outpatient only.
- Services are provided on a regularly scheduled basis through 2 one hour group sessions and 1 half hour counseling session per week.
- All clinical services are provided by licensed counselors.
- Affect Therapeutics' program model utilizes two tools for recovery: group therapy using the Matrix Curriculum, and community support, and contingency management.
- Group size will not go over 12 individuals per group.
- All services shall be provided in accordance with the needs of the individual as identified in the assessment and treatment plan, as follows: (a) Individual counseling; (b) Group counseling; (c) Counseling with families or support system; (d) Substance-related and recovery-focused education, such as strategies for avoiding substance use or relapse, health problems related to substance use, motivational enhancement and strategies for achieving a substance-free lifestyle; and (e) Crisis intervention.

Please let me know if you need any more information! Have a great day!

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K. Renee Mullings, CADC III
Director of Clinical Compliance
Affect Therapeutics