



DEPARTMENT OF HEALTH AND HUMAN SERVICES  
DIVISION OF HEALTH SERVICE REGULATION

ROY COOPER  
GOVERNOR

MANDY COHEN, MD, MPH  
SECRETARY

MARK PAYNE  
DIRECTOR

September 27, 2017

Lynn S. DeJaco  
155 Memorial Drive  
Pinehurst, NC 28374

**Exempt from Review – Physician Office**

**Record #:** 2401  
**Business Name:** FirstHealth of the Carolinas, Inc.  
**Business #:** 737  
**Project Description:** Develop a physician office building and health and fitness center  
**County:** Lee

Dear Ms. DeJaco:

The Healthcare Planning and Certificate of Need Section, Division of Health Service Regulation (Agency), determined that based on your letter of September 15, 2017, the above referenced proposal is exempt from certificate of need review in accordance with N.C. Gen. Stat. §131E-184(a)(9). Therefore, you may proceed to offer, develop or establish the above referenced project without a certificate of need.

However, you need to contact the Agency's Construction and Acute and Home Care Licensure and Certification Sections to determine if they have any requirements for development of the proposed physician office.

It should be noted that this Agency's position is based solely on the facts represented by you and that any change in facts as represented would require further consideration by the Agency and a separate determination. If you have any questions concerning this matter, please feel free to contact this office.

Sincerely,

Bernetta Thorne-Williams  
Project Analyst

Martha J. Frisone  
Chief, Healthcare Planning and  
Certificate of Need Section

cc: Construction Section, DHSR  
Acute and Home Care Licensure and Certification Section, DHSR  
Sharetta Blackwell, Program Assistant, Healthcare Planning, DHSR

**HEALTHCARE PLANNING AND CERTIFICATE OF NEED SECTION**

WWW.NCDHHS.GOV

TELEPHONE 919-855-3873

LOCATION: EDGERTON BUILDING • 809 RUGGLES DRIVE • RALEIGH, NC 27603

MAILING ADDRESS: 2704 MAIL SERVICE CENTER • RALEIGH, NC 27699-2704

AN EQUAL OPPORTUNITY/ AFFIRMATIVE ACTION EMPLOYER



Record # 2408  
Bus # 737



September 15, 2017

Martha J. Frisone, Chief  
Healthcare Planning and Certificate of Need Section  
North Carolina Department of Health and Human Services  
Division of Health Service Regulation  
809 Ruggles Drive  
Raleigh, North Carolina 27603



Re: FirstHealth of the Carolinas, Inc.  
County: Lee  
HSA: IV  
Project: Develop a Physician Office Building and Health and Fitness Center

Dear Ms. Frisone:

On behalf of FirstHealth of the Carolinas, Inc. ("FirstHealth"), and pursuant to N.C. Gen. Stat. § 131E-184(a)(9), I am writing to provide the CON Section with prior written notice of FirstHealth's intention to develop a physician office building and Health and Fitness Center located at 2919 Beechtree Drive, Sanford, NC 27330 (the "Building"). The Building will consist of a 25,000 Health and Fitness Center and a 40,000 square foot, 3-story medical office building in which various physician offices will be located. Similar to other FirstHealth Health and Fitness Centers in Pinehurst, Southern Pines, Raeford, Rockingham and Troy, the proposed Health and Fitness Center in Sanford will offer a variety of exercise programs, nutrition classes and massage therapy. No new institutional health services as defined in N.C. Gen. Stat. § 131E-176(16) will be offered or developed in the Building without prior CON approval.

FirstHealth respectfully requests that the CON Section confirm in writing that FirstHealth's proposal to develop the Building is exempt from CON review pursuant to N.C. Gen. Stat. § 131E-184(a)(9).

Please let me know if you have any questions or need further information. Thank you for your time and attention.

With best personal regards.

Sincerely,

Lynn S. DeJaco  
Chief Financial Officer  
FirstHealth Of The Carolinas