

Infection Control in Adult Care Homes

Section 3 (Part 2)

Breaking the Chain of Infection
Activities and Skills

Objectives

- Discuss the use of Personal Protective Equipment by the staff.
- Demonstrate procedures important to the prevention of infection in adult care homes – donning/removing gloves, gowns, and mask.

Personal Protective Equipment



A group of items used to block harmful germs from getting on skin and clothes

What staff put on at work to keep blood, urine, stool, spit, and sputum off of the skin and clothes

Personal Protective Equipment



Protect skin on hands



Protect skin and clothes



Protect mouth and nose

Plus goggles that protect eyes and face shields that protect whole face



Personal Protective Equipment

How will I know which equipment I will need?



Gloves

Gloves - Description

The most common type of PPE that you will wear while working at an adult care home

- Non-sterile (clean) gloves made of different materials, such as latex and vinyl
- Come in different sizes

Gloves - Rules

- Wear once and throw away
- Always work from clean before touching contaminated
- Change gloves if move from contaminated area to clean area
- Change immediately if dirty or torn
- Take gloves off carefully and do not touch skin or clothes with dirty side
- Do not touch anything with dirty gloves that others may touch without gloves
- Never touch face when wearing gloves
- Wear comfortable size

Gloves – When to Wear

- Whenever you think you will come into contact with blood or body fluids
- Whenever you think you will come into contact with non-intact skin
- Whenever you think you will come into contact with mucus membranes

YOU MUST WEAR GLOVES

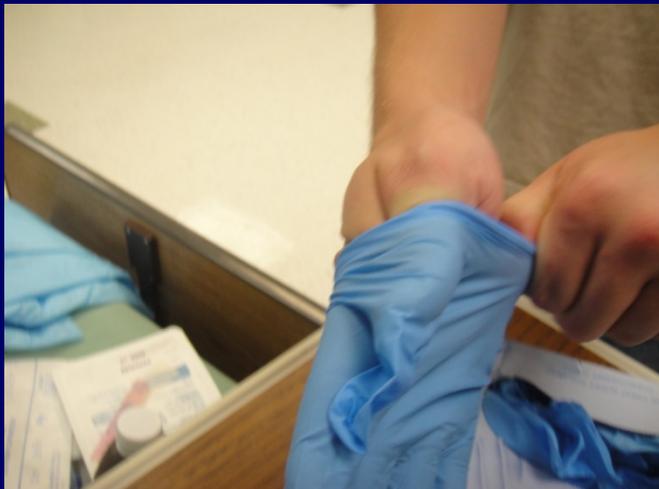
When to Wear Gloves at Work?



How to Don Gloves



#1 Select correct type and size of glove



#2 Insert hands into gloves



How to Don Gloves



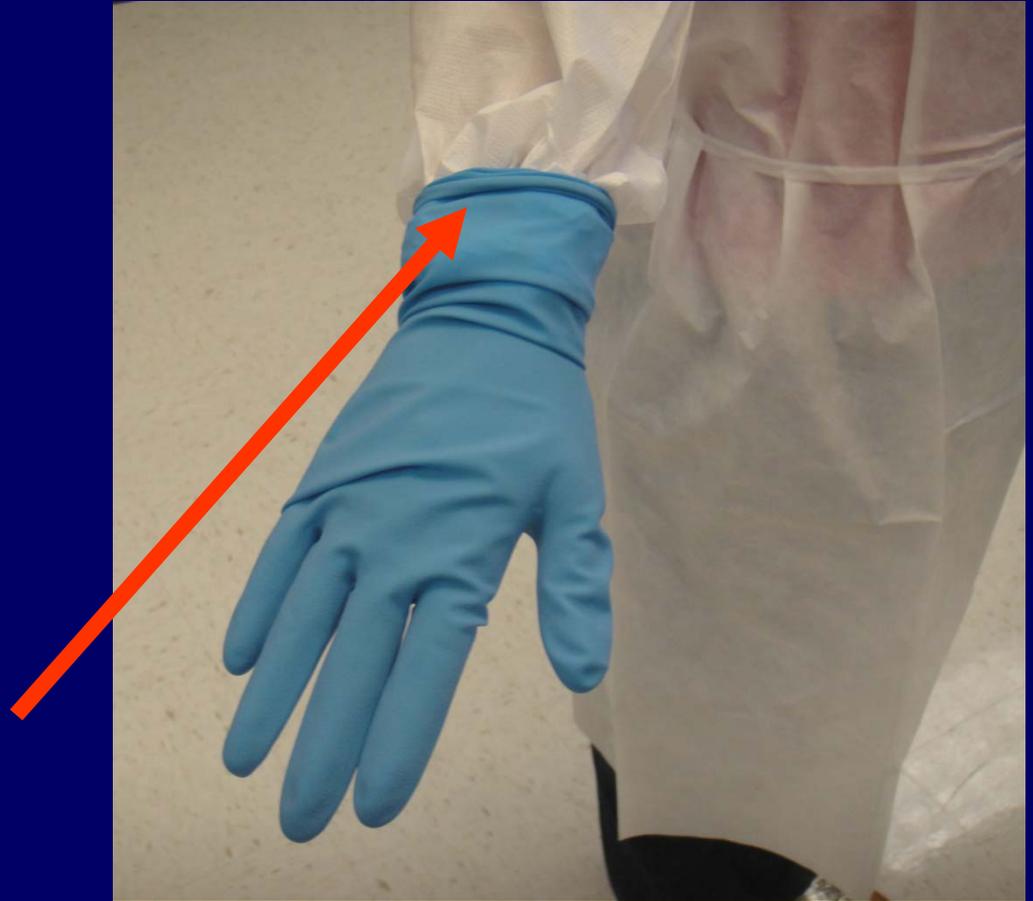
#3 Interlace fingers and smooth out folds creating a comfortable fit

#4 Carefully look for tears, holes, or discolored spots

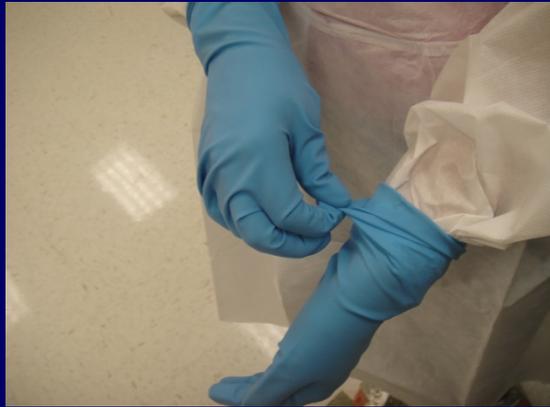


When Donning Gloves

Special Notice:
When you must wear gloves and gown, ensure that each glove is extended over the gown cuff



How to Remove Gloves



#1 Grasp outside edge near wrist

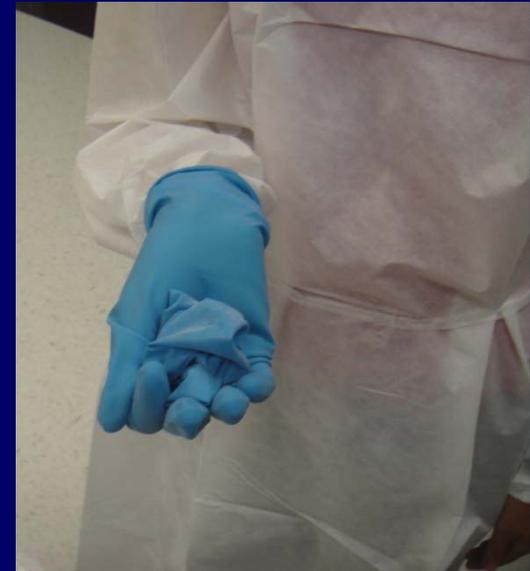


#2 Peel away from hand turning glove inside-out



How to Remove Gloves

#3 Hold the removed glove in opposite gloved hand



#4 With the ungloved hand, slide 1 or 2 fingers under the wrist of the other glove

How to Remove Gloves



#5 Peel off second glove from inside, creating a bag for both gloves



How to Remove Gloves



#6 Discard

#7 Wash hands



Gown



Gown – Description/Rules

Protects the skin/clothes from contamination and made of liquid-resistant material

- Wear once and discard immediately
- Change right away if wet, dirty, or torn
- Take off carefully and do not touch skin or clothes with dirty side
- Take off before leaving resident's room

Gowns – When to Wear

- When care worker may be exposed to blood or body fluids beyond the gloves
- When changing and disposing of soiled bed linen, gown, pads, or bandages may soil skin and clothes beyond the gloves
- When having direct contact with resident on Contact Precautions

How to Don a Gown

#1 Select correct type and size of gown

#2 Without shaking, open gown, holding it in front of self



#3 Slip arms into sleeve and pull gown on

How to Don a Gown

#4 Tie neck tie into a bow



#5 Reaching behind, pull gown together in back so it covers clothes



How to Don a Gown



#6 Tie in back

How to Remove a Gown



#1
Unfasten
ties



#2 Slip hands
underneath gown at
neck and shoulders



How to Remove a Gown



#3 Turn contaminated outside of gown to the inside

#4 Fold or roll into a bundle, with the contaminated side on the inside



How to Remove a Gown



#5 Discard

#6 Wash hands



Mask



Mask - Description

Protects you from breathing in harmful germs through mouth and nose

- Loose fitting and disposable
- Ties or elastic straps hold in place

Masks – Rules and When to Wear

- Wear once and throw away
- Should fit snugly over nose and mouth
- Change right away if wet, dirty, or torn
- Take off carefully and do not touch skin or clothes with dirty side
- Take off before leaving resident's room

Wear when caring for resident who is on Droplet Precautions

How to Don a Mask

- #1 Select mask and place over nose, mouth, and chin
- #2 Fit flexible nose piece over nose bridge
- #3 Secure on head with ties or elastic



#4 Adjust to fit



How to Remove a Mask



#1 Untie the bottom tie,
then the top tie

#2 Remove
from face



#3 Discard



Personal Protective Equipment Sequence

Putting On

1. Gown
2. Mask
3. Gloves



Removing

1. Gloves
2. Gown
3. Mask

Personal Protective Equipment Clean and Contaminated During Removal

DIRTY = the outside front and sleeves of gown, outside front of mask, and outside of gloves

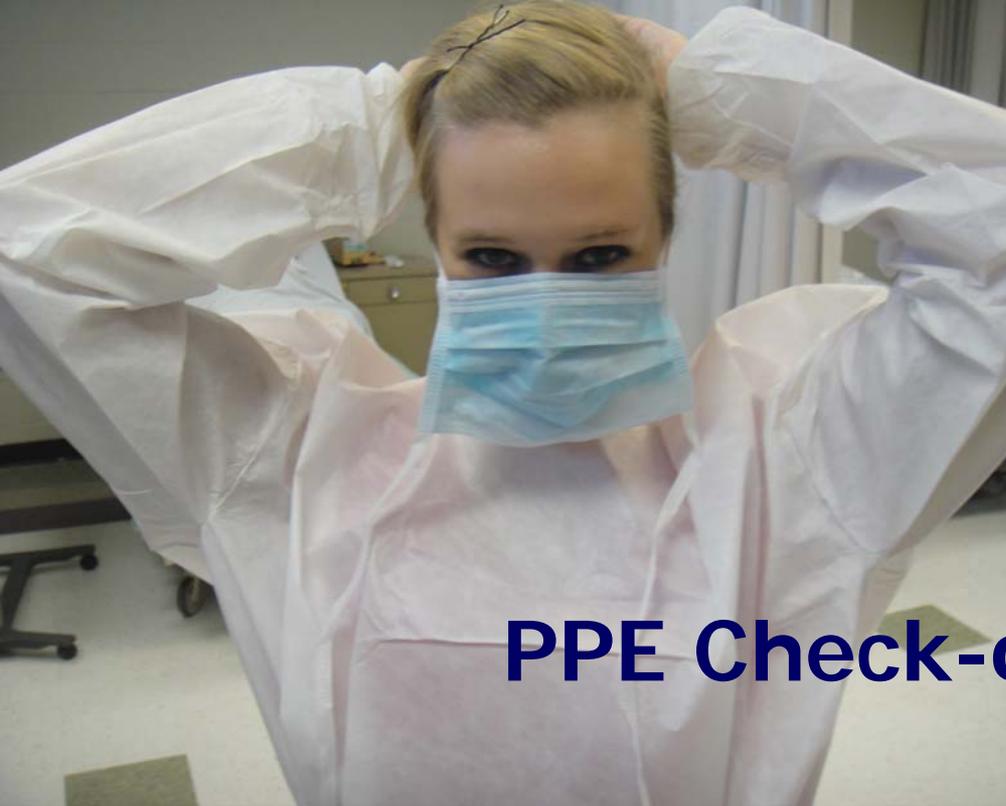
CLEAN = inside and back of gown including ties, inside gloves, and ties of the mask



Very important because you need to remove PPE safely

OH NOOOOOOO!!!!!!!!!!!!!!!!!!!!

*What do you do when
you get blood or body
fluids on your skin?*



PPE Check-off Activities

