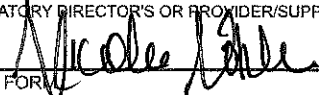


Division of Health Service Regulation

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| NAME OF PROVIDER OR SUPPLIER CARDINAL CARE OF DUNN | STREET ADDRESS, CITY, STATE, ZIP CODE 217 JONESBORO ROAD DUNN, NC 28334 |
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| D 000 | Initial Comments The Adult Care Licensure Section conducted an annual survey and a complaint investigation survey from March 14 - 15, 2023. The complaint investigation was initiated by the Harnett County Department of Social Services on March 2, 2023. | D 000 | In Reference to Rule # 10A NCAC 13F.1004(a) | |
| D 358 | <p>10A NCAC 13F .1004(a) Medication Administration</p> <p>10A NCAC 13F .1004 Medication Administration (a) An adult care home shall assure that the preparation and administration of medications, prescription and non-prescription, and treatments by staff are in accordance with:</p> <p>(1) orders by a licensed prescribing practitioner which are maintained in the resident's record; and</p> <p>(2) rules in this Section and the facility's policies and procedures.</p> <p>This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to ensure medications were administered as ordered for 2 of 4 residents (#1, #9) observed during the medication pass including errors with a medication used to treat underactive thyroid disease (#9) and vitamin supplements (#1); and for 1 of 5 residents (#2) sampled for record review for a medication for anxiety and agitation (#2).</p> <p>The findings are:</p> <p>1. The medication error rate was 8% as evidenced by 3 errors out of 35 opportunities during the 7:00am/8:00am medication pass on 03/15/23.</p> <p>a. Review of Resident #9's current FL-2 dated 01/17/23 revealed diagnoses included dementia,</p> | D 358 | <p>Administrator, Admin Assistance and RCC had a meeting with all med techs on duty immediately. On the policies and procedures to follow.</p> <p>Facility hired outside RN Consulting Service to hold a training with all med staff le hour med admin refresher course.</p> <p>Notified PCP got clarification order immediately.</p> | <p>3/15/23</p> <p>3/26/23</p> <p>3/15/23</p> |

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| Division of Health Service Regulation LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE  | TITLE Administrator | (X6) DATE 4/18/23 |
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| D 358 | <p>Continued From page 2</p> <p>label was to take 1 tablet every day.</p> <p>Interview with the MA on 03/15/23 at 12:41pm revealed: -If a medication was ordered to be administered before breakfast, she usually tried to administer it around 7:30am because the residents ate breakfast around 8:00am. -She offered no explanation for administering Resident #9's Levothyroxine after the resident had started eating breakfast on 03/15/23.</p> <p>Based on observations, interviews, and record reviews, it was determined that Resident #9 was not interviewable.</p> <p>Interview with the Resident Care Coordinator (RCC) on 03/15/23 at 1:28pm revealed: -Resident #9's Levothyroxine should be administered on an empty stomach as ordered. -Levothyroxine should be administered before the resident ate breakfast</p> <p>Telephone interview with Resident #1's primary care provider (PCP) on 03/15/23 at 4:53pm revealed: -Resident #1's Levothyroxine should be administered on an empty stomach to make sure there was proper absorption of the medication. -She had no concerns about the resident's current thyroid levels.</p> <p>b. Review of Resident #1's current FL-2 dated 01/27/23 revealed: -Diagnoses included vascular dementia, hyperlipidemia, chronic obstructive pulmonary disease, and gout. -There was an order for Preservision AREDS Formula take 1 capsule twice a day. (Preservision AREDS Formula is a vitamin and</p> | D 358 | <p>Administrator, Admin Assistance and RCC had meeting with med aide on the correct steps to complete med pass. (4 Rights)</p> | 3/16/23 |

Division of Health Service Regulation

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| D 358 | <p>Continued From page 3</p> <p>mineral supplement for eye health. AREDS Formula contains beta-carotene but AREDS 2 Formula contains lutein and zeaxanthin instead of beta-carotene. AREDS and AREDS 2 are not the same product.)</p> <p>Observation of the 7:00am/8:00am medication pass on 03/15/23 revealed: -The medication aide (MA) prepared Resident #1's morning medications for administration, including one Preservision AREDS 2 tablet and administered it to the resident at 7:36am. -The resident was administered one Preservision AREDS 2 tablet instead of Preservision AREDS as ordered.</p> <p>Review of Resident #1's March 2023 electronic medication administration record (eMAR) revealed: -There was an entry for Preservision AREDS 1 tablet twice a day scheduled for 7:00am and 7:00pm. -Preservision AREDS was documented as administered from 03/01/23 - 03/15/23 at 7:00am.</p> <p>Observation of Resident #1's medications on hand on 03/15/23 at 12:41pm revealed: -There was no supply of Preservision AREDS Formula on hand for the resident. -There was a supply of Preservision AREDS 2 Formula in the original manufacturer container. -The resident's first and last names were written on the bottle with a black marker. -There was no pharmacy label on the AREDS 2 bottle.</p> <p>Interview with the MA on 03/15/23 at 12:41pm revealed: -Resident #1's family member usually brought the resident's medication to the facility.</p> | D 358 | <p>Immediately had meeting with med techs to follow MAR for PRN time frames due to internet issues NO longer use electronic Cant keep record cant Paper for Narc/Controll sheets. Outside RN consulting Service went over PRN Indications and accurate time frames to follow MAR.</p> | <p>3/15/23</p> <p>3/26/23</p> |

Division of Health Service Regulation

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| D 358 | <p>Continued From page 4</p> <p>-She had seen AREDS 2 on the Preservision label but she did not realize AREDS 2 was different than AREDS.</p> <p>Interview with Resident #1 on 03/15/23 at 1:11pm revealed: -Her family member picked up her medications at a local pharmacy and brought the medications to the facility. -She took vitamins but she was not sure how many or which vitamins she usually received.</p> <p>Attempted telephone interview with Resident #1's family member on 03/15/23 at 4:51pm was unsuccessful.</p> <p>Interview with the Resident Care Coordinator (RCC) on 03/15/23 at 1:28pm revealed: -The MAs were supposed to read the eMARs and match it with the medication label. -The MAs were supposed to check any medications brought to the facility by the resident's family to make sure they matched the current order. -If the eMAR and a medication label did not match, the MAs should notify her and let the family know they brought the wrong medication. -She had not been notified of any issues with Resident #1's medications.</p> <p>Interview with the Administrator on 03/15/23 at 1:28pm revealed: -The MAs were supposed to match the eMAR and medication labels when administering medications. -The MAs should contact the RCC or the primary care provider (PCP) if something did not match.</p> <p>Telephone interview with Resident #1's PCP on 03/15/23 at 4:53pm revealed:</p> | D 358 | <p>RCC will perform Cart/MAR/Med admin audit on weekly on a different med aide and turn in results via email to Administrator.</p> | 3/26/23 |

Division of Health Service Regulation

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| D 358 | <p>Continued From page 5</p> <ul style="list-style-type: none"> -The MAs should match the medication label with the eMARs when administering medications. -She was not concerned about any adverse effects from Resident #1 receiving AREDS 2 instead of AREDS. <p>c. Review of Resident #1's current FL-2 dated 01/27/23 revealed an order for Vitamin B6 100mg take 2 and ½ tablets once daily. (Vitamin B6 is a vitamin supplement.)</p> <p>Observation of the 7:00am/8:00am medication pass on 03/15/23 revealed:</p> <ul style="list-style-type: none"> -The medication aide (MA) prepared Resident #1's morning medications for administration, including one Vitamin B6 100mg tablet with Calcium Carbonate 160mg and administered it to the resident at 7:36am. -The resident was administered one Vitamin B6 100mg tablet instead of 2 and ½ tablets and the tablet also contained Calcium Carbonate. <p>Review of Resident #1's March 2023 electronic medication administration record (eMAR) revealed:</p> <ul style="list-style-type: none"> -There was an entry for Vitamin B6 100mg take 2 and ½ tablets once daily scheduled for 7:00am and 7:00pm. -Vitamin B6 100mg was documented as administered from 03/01/23 - 03/15/23. <p>Observation of Resident #1's medications on hand on 03/15/23 at 12:48pm revealed:</p> <ul style="list-style-type: none"> -There was a supply of Vitamin B6 100mg with Calcium Carbonate 160mg tablets in the original manufacturer container. -The resident's name was handwritten on the lid of the container. -There was no pharmacy label on the bottle. -There was no supply of plain Vitamin B6 100mg | D 358 | | |

Division of Health Service Regulation

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| D 358 | <p>Continued From page 6</p> <p>tablets on hand.</p> <p>Interview with the MA on 03/15/23 at 12:41pm revealed: -Resident #1's family member usually brought the resident's medication to the facility. -She had not noticed the Vitamin B6 100mg tablets also contained Calcium Carbonate 160mg in each tablet. -She usually administered 1 tablet of the Vitamin B6 because she had not noticed the instructions on the eMAR were to administer 2 and ½ tablets.</p> <p>Interview with Resident #1 on 03/15/23 at 1:11pm revealed: -Her family member picked up her medications at a local pharmacy and brought the medications to the facility. -She took vitamins but she was not sure how many or which vitamins she usually received.</p> <p>Attempted telephone interview with Resident #1's family member on 03/15/23 at 4:51pm was unsuccessful.</p> <p>Interview with the Resident Care Coordinator (RCC) on 03/15/23 at 1:28pm revealed: -The MAs were supposed to administered medications as ordered. -The MAs were supposed to read the eMARs and match it with the medication label. -The MAs were supposed to check any medications brought to the facility by the resident's family to make sure they matched the current order. -If the eMAR and a medication label did not match, the MAs should notify her and let the family know they brought the wrong medication. -She had not been notified of any issues with Resident #1's medications.</p> | D 358 | | |

Division of Health Service Regulation

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| D 358 | <p>Continued From page 7</p> <p>Interview with the Administrator on 03/15/23 at 1:28pm revealed: -The MAs were supposed to match the eMAR and medication labels when administering medications. -The MAs should contact the RCC or the primary care provider (PCP) if something did not match. -The MAs should triple check the eMARs and label and administer medications as ordered.</p> <p>Telephone interview with Resident #1's PCP on 03/15/23 at 4:53pm revealed: -The MAs should match the medication label with the eMARs when administering medications. -She was not concerned about Resident #1 receiving the wrong dosage of Vitamin B6 or the extra Calcium Carbonate. -She would have the resident's calcium levels checked at her next visit.</p> <p>2. Review of Resident #2's current FL-2 dated 01/27/23 revealed: -Diagnoses included vascular dementia and anxiety disorder. -There was an order for Lorazepam 0.5mg 1 tablet every 8 hours as needed (prn) for anxiety and agitation. (Lorazepam is used to treat anxiety and agitation.)</p> <p>Review of Resident #2's March 2023 electronic medication administration record (eMAR) revealed: -There was an entry for Lorazepam 0.5mg take 1 tablet every 8 hours prn for anxiety/agitation. -Lorazepam 0.5mg was documented as administered twice on 01/30/23 at 10:41am and 5:32pm, only 6 hours and 51 minutes apart. -Lorazepam 0.5mg was documented as administered twice on 01/31/23 at 6:14pm and</p> | D 358 | | |

Division of Health Service Regulation

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| D 358 | <p>Continued From page 8</p> <p>8:21pm, only 2 hours and 7 minutes apart.</p> <p>Review of Resident #2's electronic controlled substance (CS) record for January 2023 revealed:</p> <ul style="list-style-type: none"> -There were two doses of Lorazepam 0.5mg documented as administered on 01/30/23 at 10:41am and 5:32pm with both doses declined from the CS inventory. -There were two doses of Lorazepam 0.5mg documented as administered on 01/31/23 at 6:14pm and 8:21pm with both doses declined from the CS inventory. <p>Review of Resident #2's medications on hand on 03/15/23 at 4:17pm revealed:</p> <ul style="list-style-type: none"> -There was a supply of Lorazepam 0.5mg tablets dispensed on 12/06/22 with 2 of 30 tablets remaining. -There was a supply of Lorazepam 0.5mg tablets dispensed on 02/28/23 with 30 of 30 tablets remaining. <p>Interview with a medication aide (MA) on 03/15/23 at 4:33pm revealed:</p> <ul style="list-style-type: none"> -She did not recall administering Resident #2's prn Lorazepam less than every 8 hours apart. -Sometimes the eMAR system did not show the date and time a prn medication was last administered. -The prn Lorazepam should be administered if needed at least 8 hours apart. <p>Interview with Resident #2 on 03/15/23 at 4:43pm revealed she thought she received Lorazepam but she was not sure how often.</p> <p>Interview with the Resident Care Coordinator (RCC) on 03/15/23 at 5:30pm revealed:</p> <ul style="list-style-type: none"> -She was not aware Resident #2's prn | D 358 | | |

Division of Health Service Regulation

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| D 358 | <p>Continued From page 9</p> <p>Lorazepam was documented as administered more often than every 8 hours. -The MAs should wait the correct number of hours apart to administer the prn Lorazepam.</p> <p>Interview with the Administrator on 03/5/23 at 5:27pm revealed the MAs should follow the prn Lorazepam order.</p> <p>Telephone interview with Resident #2's primary care provider (PCP) on 03/15/23 at 4:53pm revealed: -Resident #2's prn Lorazepam should be administered according to the order. -Receiving Lorazepam too soon between dosages could cause sedation.</p> | D 358 | | |