

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: HAL043035	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 02/10/2023
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NAME OF PROVIDER OR SUPPLIER JOHNSON BETTER CARE FACILITY	STREET ADDRESS, CITY, STATE, ZIP CODE HWY 301 NORTH DUNN, NC 28335
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D 000	Initial Comments The Adult Care Licensure Section conducted an annual survey on February 8, 2023 through February 10, 2023.	D 000		
D 358	<p>10A NCAC 13F .1004(a) Medication Administration</p> <p>10A NCAC 13F .1004 Medication Administration (a) An adult care home shall assure that the preparation and administration of medications, prescription and non-prescription, and treatments by staff are in accordance with:</p> <p>(1) orders by a licensed prescribing practitioner which are maintained in the resident's record; and</p> <p>(2) rules in this Section and the facility's policies and procedures.</p> <p>This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to ensure medications were administered as ordered for 1 of 4 residents (#6) observed during the medication pass including errors with a medication used to treat underactive thyroid disease and a mild pain reliever.</p> <p>The findings are:</p> <p>The medication error rate was 5% as evidenced by 2 errors out of 34 opportunities during the 7:00am medication pass on 02/09/23.</p> <p>Review of Resident #6's current FL-2 dated 09/19/22 revealed diagnoses included hemiplegia, essential hypertension, mixed hyperlipidemia, and cerebrovascular disease.</p> <p>a. Review of Resident #6's physician's order dated 11/10/22 revealed an order for</p>	D 358		

Division of Health Service Regulation LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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Division of Health Service Regulation

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D 358	<p>Continued From page 1</p> <p>Levothyroxine 25mcg 1 tablet daily on an empty stomach. (Levothyroxine is used to treat underactive thyroid disease.)</p> <p>Observation of the 7:00am medication pass on 02/09/23 revealed: -The medication aide (MA) prepared and administered one Levothyroxine 25mcg tablet with the resident's other morning medications at 7:17am. -The resident was in his room eating breakfast and had eaten approximately half of the food on his plate when his medication was administered to him. -Levothyroxine was not administered on an empty stomach as ordered.</p> <p>Review of Resident #6's February 2023 electronic medication administration record (eMAR) revealed: -There was an entry for Levothyroxine 25mcg take 1 tablet daily on an empty stomach scheduled for 6:00am. -Levothyroxine was documented as administered daily at 6:00am from 02/01/23 - 02/09/23.</p> <p>Observation of Resident #6's medications on hand on 02/09/23 at 10:19am revealed: -There was a supply of Levothyroxine 25mcg tablets dispensed on 01/01/23. -Instructions on the Levothyroxine medication label was to take 1 tablet daily on an empty stomach.</p> <p>Interview with the MA on 02/09/23 at 10:20am revealed: -She usually administered Resident #6's Levothyroxine earlier than his other scheduled morning medications. -She sometimes administered the Levothyroxine</p>	D 358		

Division of Health Service Regulation

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D 358	<p>Continued From page 2</p> <p>with Resident #6's other morning medications but the resident had not usually eaten breakfast yet.</p> <p>Interview with Resident #6 on 02/09/23 at 10:52am revealed: -He was not sure if he received medication for his thyroid. -He did not think he needed medication for his thyroid.</p> <p>Interview with the Resident Care Coordinator/Business Office Manager (RCC/BOM) on 02/09/23 at 11:50am revealed: -Resident #6's Levothyroxine should be administered on an empty stomach as ordered. -Levothyroxine was scheduled to be administered at 6:00am to ensure it was administered on an empty stomach. -The third shift MA needed to administer the Levothyroxine at 6:00am instead of the first shift MA to make sure it was administered before breakfast.</p> <p>Interview with the Administrator on 02/09/23 at 11:54am revealed the third shift MA should administer Levothyroxine since it was scheduled at 6:00am to make sure it was administered on an empty stomach.</p> <p>Interview with Resident #6's primary care provider (PCP) on 02/09/23 at 11:13am revealed: -Resident #6's Levothyroxine should be administered on an empty stomach to make sure there was proper absorption of the medication. -Not administering Levothyroxine on an empty stomach could affect the potency of the medication. -The resident's last thyroid levels on 11/17/22 were within normal limits. -Resident #6 should be monitored for tremors</p>	D 358		

Division of Health Service Regulation

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D 358	<p>Continued From page 3</p> <p>and muscle weakness and be continued on the same schedule for Levothyroxine on an empty stomach.</p> <p>b. Review of Resident #6's physician's order dated 01/12/23 revealed an order for Tylenol ES 500mg take 1 tablet twice a day. (Tylenol is a mild pain reliever.)</p> <p>Review of Resident #6's physician's order dated 02/02/23 revealed an order to change Tylenol ES 500mg to 2 tablets twice a day.</p> <p>Observation of the 7:00am medication pass on 02/09/23 revealed:</p> <ul style="list-style-type: none"> -The medication aide (MA) prepared Resident #6's morning medications for administration. -The MA put one Tylenol ES 500mg tablet from one medication container labeled by the pharmacy with Resident #6's name into a paper medication cup. -The MA put two Tylenol ES 500mg tablets from a second medication container labeled by the pharmacy Resident #6's name into the paper medication cup. -The MA administered 3 Tylenol ES 500mg tablets to Resident #6 at 7:17am instead of 2 tablets as ordered. <p>Review of Resident #6's February 2023 electronic medication administration record (eMAR) revealed:</p> <ul style="list-style-type: none"> -There was an entry for Tylenol ES 500mg take 1 tablet twice a day scheduled for 7:00am and 8:00pm. -Tylenol ES 500mg 1 tablet was documented as administered from 02/01/23 - 02/03/23 at 7:00am. -The stop date for Tylenol ES 500mg 1 tablet twice a day was documented as 02/03/23 at 4:00pm. 	D 358		

Division of Health Service Regulation

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D 358	<p>Continued From page 4</p> <p>-There was a second entry for Tylenol ES 500mg take 2 tablets twice a day scheduled for 7:00am and 8:00pm.</p> <p>-Tylenol ES 500mg 2 tablets was documented as administered from 8:00pm on 02/03/23 through 7:00am on 02/09/23.</p> <p>Observation of Resident #6's medications on hand on 02/09/23 at 10:19am revealed:</p> <p>-There was a supply of Tylenol ES 500mg tablets dispensed on 01/12/23 with instructions to take 1 tablet twice a day.</p> <p>-There was a second supply of Tylenol ES 500mg tablets dispensed on 02/03/23 with instructions to take 2 tablets twice a day.</p> <p>Interview with the MA on 02/09/23 at 10:20am revealed:</p> <p>-She was not paying attention when she administered Tylenol from both supplies for Resident #6 that morning on 02/09/23.</p> <p>-The supply of Tylenol that had been discontinued should have been removed from the medication cart when it was discontinued.</p> <p>-Resident #6 should have received 2 Tylenol ES 500mg tablets instead of 3 tablets.</p> <p>Interview with Resident #6 on 02/09/23 at 10:52am revealed:</p> <p>-He thought he usually received 2 Tylenol tablets every day to help with foot pain.</p> <p>-The Tylenol usually helped with his pain.</p> <p>Interview with the Resident Care Coordinator/Business Office Manager (RCC/BOM) on 02/09/23 at 11:50am revealed:</p> <p>-The MAs were supposed to read the eMARs and match it with the medication label.</p> <p>-The MA on duty was responsible for removing any discontinued medication from the medication</p>	D 358		

Division of Health Service Regulation

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D 358	<p>Continued From page 5</p> <p>cart and sending it back to the pharmacy. -The medication container with the Tylenol dosage that had been discontinued should not have been available in the medication cart. -Resident #6 should have received 2 Tylenol ES 500mg tablets instead of 3 tablets.</p> <p>Interview with the Administrator on 02/09/23 at 11:54am revealed: -The MAs were responsible for removing any discontinued medications from the medication cart. -Resident #6 should have received 2 Tylenol ES 500mg tablets instead of 3 tablets.</p> <p>Interview with Resident #6's primary care provider (PCP) on 02/09/23 at 11:13am revealed: -If too much Tylenol was administered at one time, it could cause an overdose or it could cause liver issues. -Since Resident #6 received 3 Tylenol ES 500mg tablets that morning on 02/09/23, she instructed the facility staff to only administer 1 Tylenol ES 500mg tablet for the 8:00pm dose.</p>	D 358		
D 367	<p>10A NCAC 13F .1004(j) Medication Administration</p> <p>10A NCAC 13F .1004 Medication Administration (j) The resident's medication administration record (MAR) shall be accurate and include the following: (1) resident's name; (2) name of the medication or treatment order; (3) strength and dosage or quantity of medication administered; (4) instructions for administering the medication or treatment; (5) reason or justification for the administration of</p>	D 367		

Division of Health Service Regulation

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D 367	<p>Continued From page 6</p> <p>medications or treatments as needed (PRN) and documenting the resulting effect on the resident; (6) date and time of administration; (7) documentation of any omission of medications or treatments and the reason for the omission, including refusals; and, (8) name or initials of the person administering the medication or treatment. If initials are used, a signature equivalent to those initials is to be documented and maintained with the medication administration record (MAR).</p> <p>This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to ensure medication administration records were accurate for 2 of 5 residents sampled (#4, #5) including inaccurate documentation of a muscle relaxer (#4) and a controlled substance used to treat moderate to severe pain (#5).</p> <p>The findings are:</p> <p>1. Review of Resident #4's current FL-2 dated 07/19/22 revealed: -Diagnoses included lumbago with sciatica and chronic back pain. -There was an order for Cyclobenzaprine 10mg 1 tablet by mouth every 12 hours as needed for pain and muscle spasms. (Cyclobenzaprine is a muscle relaxant used to treat muscle spasms).</p> <p>Review of Resident #4's physician's orders dated 12/22/22 revealed there was an order for Cyclobenzaprine 10mg 1 tablet by mouth every 8 hours as needed for pain and muscle spasms.</p> <p>Review of Resident #4's pharmacy delivery sheets dated 01/19/23 and 02/03/23 revealed: -There were 30 Cyclobenzaprine 10mg tablets for</p>	D 367		

Division of Health Service Regulation

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D 367	<p>Continued From page 7</p> <p>Resident #4 delivered on 01/19/23. -There were 60 Cyclobenzaprine 10 tablets for Resident #4 delivered on 02/03/23.</p> <p>Observation of Resident#4's medications on hand on 02/10/23 at 12:22pm revealed: -There was a supply of Cyclobenzaprine 10mg tablets dispensed on 02/03/23. -There were 43 of 60 tablets remaining.</p> <p>Review of Resident #4's January 2023 and February 2023 electronic medication administration records (eMARs) from 01/19/23 to 02/10/23 revealed: -There was an entry for Cyclobenzaprine 10mg 1 tablet by mouth every 8 hours as needed for pain and muscle spasms on each of the eMARs. -Cyclobenzaprine was documented as administered on 21 occasions from 01/19/23 to 02/10/23.</p> <p>Review of Resident #4's medications on hand, pharmacy delivery sheets, and January 2023 and February 2023 eMARs revealed: -There were 90 Cyclobenzaprine 10mg tablets dispensed from 01/19/23 to 02/10/23. -There were 43 tablets of 90 Cyclobenzaprine 10mg tablets remaining on hand on 02/10/23 with a total of 47 being used from the supply. -There were only 21 of 47 tablets used from supply documented as administered from 01/19/23 to 02/10/23 on the eMARs. - The other 26 doses administered from the supply were not documented as administered on the eMARs from 01/19/23 to 02/10/23. -The documentation on the eMARs did not accurately reflect the administration of Cyclobenzaprine to Resident #4.</p> <p>Interviews with Resident #4 on 02/09/23 at</p>	D 367		

Division of Health Service Regulation

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D 367	<p>Continued From page 8</p> <p>2:40pm and 3:53pm revealed: -She went to a pain clinic for her back and leg pain. -She took 3 medications for her back and leg pain. -She took Cyclobenzaprine up to 3 times per day to control her pain. -She had to ask for the Cyclobenzaprine because it was not a scheduled medication. -She needed Cyclobenzaprine usually three times daily. -There were some days she only took it once or twice. -There was never a day that she could go without it. -She got Cyclobenzaprine when she asked for it.</p> <p>Interview with a medication aide (MA) on 02/09/23 at 3:05pm revealed: -Medications ordered to be administered as needed (prn) were to be returned to the pharmacy if not used. -Resident #4 never had returned or left over Cyclobenzaprine. -Resident #4 usually asked for and received Cyclobenzaprine three times every day. -Resident #4 sometimes requested Cyclobenzaprine before it was due.</p> <p>Interview with the Resident Care Coordinator /Business Office Manager (RCC/BOM) on 02/09/23 at 3:43pm revealed: -Resident #4 requested Cyclobenzaprine daily, usually three times per day. - The MAs must have documented administration of medication only once every 24 hours on the eMAR and did not document each dose administered on the eMAR.</p> <p>A second interview with the RCC/BOM on</p>	D 367		

Division of Health Service Regulation

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D 367	<p>Continued From page 9</p> <p>02/09/23 at 4:05pm revealed: -The eMARs were checked weekly by her or a MA. -They did not usually count the number of prn medications on hand or compare the medication to the eMAR documentation. -The MAs were not documenting each dose of the prn Cyclobenzaprine administered to Resident #4. -The MAs were supposed to document each prn dose administered to the resident.</p> <p>Interview with a second MA on 02/10/23 at 9:28am revealed: -Each time a prn medication was administered, it should be "clicked off" on the eMAR. -The MAs got busy sometimes and prn medications may not be "clicked off" on the eMARs as administered.</p> <p>A third interview with the RCC/BOM on 02/10/23 at 9:43am revealed: -Every time a prn medication was administered, it should be "clicked off" on the eMAR system. -All prn medications should be documented on the eMAR so the next shift would know what time the medication was last administered to avoid overdosing or administering too soon.</p> <p>2. Review of Resident #5's current FL-2 dated 09/08/22 revealed: -Diagnoses included chronic pain syndrome, rheumatoid arthritis, and muscle spasms. -There was an order for Oxycodone 10mg 1 tablet at 6:00am, 10:00am, 2:00pm, 6:00pm, and 10:00pm. (Oxycodone is a controlled substance used to treat moderate to severe pain.)</p> <p>Review of Resident #5's December 2022 electronic medication administration record</p>	D 367		

Division of Health Service Regulation

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D 367	<p>Continued From page 10</p> <p>(eMAR) revealed: -There was an entry for Oxycodone 10mg take 1 tablet at 6:00am, 10:00am, 2:00pm, 6:00pm, and 10:00pm. -Documentation for Oxycodone was blank with no reason for the omissions on 7 occasions: at 6:00pm on 12/11/22, 12/13/22, 12/14/22, and 12/20/22; and at 10:00pm on 12/05/22, 12/13/22, and 12/26/22.</p> <p>Review of Resident #5's December 2022 controlled substance (CS) records for Oxycodone revealed: -Seven of the 7 doses of Oxycodone that were blank on the eMAR were documented as administered on the CS record including: at 6:00pm on 12/11/22, 12/13/22, 12/14/22, and 12/20/22; and at 10:00pm on 12/05/22, 12/13/22, and 12/26/22. -The eMARs did not match the documentation on the CS records.</p> <p>Review of Resident #5's February 2023 eMAR revealed: -There was an entry for Oxycodone 10mg take 1 tablet at 6:00am, 10:00am, 2:00pm, 6:00pm, and 10:00pm. -Documentation for Oxycodone was blank with no reason for the omissions on 3 occasions from 02/01/23 - 02/08/23: at 6:00pm on 02/06/23; and at 10:00pm on 02/01/23 and 02/06/23.</p> <p>Review of Resident #5's February 2023 CS records for Oxycodone revealed: -Three of the 3 doses of Oxycodone that were blank on the eMAR were documented as administered on the CS record including: at 6:00pm on 02/06/23; and at 10:00pm on 02/01/23 and 02/06/23. -The eMARs did not match the documentation on</p>	D 367		

Division of Health Service Regulation

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D 367	<p>Continued From page 11</p> <p>the CS records.</p> <p>Interview with Resident #5 on 02/10/23 at 9:32am revealed: -She usually received Oxycodone for chronic pain at 6:00am, 10:00am, 2:00pm, 6:00pm, and 10:00pm each day. -She had not missed any doses of Oxycodone.</p> <p>Interview with a medication aide (MA) on 02/10/23 at 1:07pm revealed: -Resident #5 usually took the Oxycodone each time it was scheduled to be administered. -She was not sure why there were blanks/omissions on the eMARs for Resident #5's Oxycodone. -The MAs may have forgotten to "click" on the computer for the eMARs when they administered the Oxycodone. -It could also be related to problems with the internet causing documentation on the eMARs to be blank at times.</p> <p>Interview with the Resident Care Coordinator/Business Office Manager (RCC/BOM) on 02/10/23 at 1:09pm revealed: -The MAs were responsible for documenting medications as administered on the eMAR system when the medications were administered and taken by the resident. -She was not aware of the omissions on the eMARs for Resident #5's Oxycodone. -She was responsible for checking the eMARs for accuracy but she had not had time to check them. -There should not be any omissions on the eMARs and if a medication was not administered, there should be a reason documented on the eMARs.</p>	D 367		