

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: HAL041088	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 02/10/2023
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NAME OF PROVIDER OR SUPPLIER SPRING ARBOR OF GREENSBORO	STREET ADDRESS, CITY, STATE, ZIP CODE 5125 MICHAUX ROAD GREENSBORO, NC 27410
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D 000	Initial Comments The Adult Care Licensure Section conducted an annual and a follow-up survey from 02/08/23 to 02/10/23.	D 000		
D 358	<p>10A NCAC 13F .1004(a) Medication Administration</p> <p>10A NCAC 13F .1004 Medication Administration (a) An adult care home shall assure that the preparation and administration of medications, prescription and non-prescription, and treatments by staff are in accordance with:</p> <p>(1) orders by a licensed prescribing practitioner which are maintained in the resident's record; and</p> <p>(2) rules in this Section and the facility's policies and procedures.</p> <p>This Rule is not met as evidenced by: Based on observations, interviews and record reviews, the facility failed to ensure medications were administered as ordered for 1 of 7 sampled residents (#4) related to errors with insulin administration.</p> <p>The findings are:</p> <p>1. Review of Resident #4's current FL2 dated 02/06/23 revealed: -Diagnoses included type 2 diabetes mellitus, dementia and a history of traumatic brain injury. -There was an order for novolog insulin (a medication used to control high blood sugar levels) flexpen inject 9 units subcutaneously with meals, hold insulin if finger stick blood sugar (FSBS) < 100 or if resident not eating.</p> <p>Review of a signed physician's order dated 11/24/22 revealed there was an order for novolog insulin flexpen inject 9 units subcutaneously with</p>	D 358		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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D 358	<p>Continued From page 1</p> <p>meals, hold insulin if FSBS < 100 or if resident not eating.</p> <p>Review of Resident #4's December 2022 electronic Medication Administration Record (eMAR) revealed:</p> <ul style="list-style-type: none"> -There was an entry for insulin aspart flexpen 9 units, hold if BS < 100 or if resident not eating with scheduled administration times of 9:00am, 12:00pm and 6:00pm. -There was an entry for FSBS check blood sugar 3 times daily and record on eMAR, notify MD if FSBS < 60 or > 450 with scheduled administration times of 8:30am, 11:30am and 4:30pm. -On 12/17/23, Resident #4's FSBS was documented as 81 and 9 units of insulin was documented as administered at 6:00pm when it should have been held. -On 12/21/23, Resident #4's FSBS was documented as 91 and 9 units of insulin was documented as administered at 6:00pm when it should have been held. -Resident #4's blood sugar ranged from 81-274. <p>Review of Resident #4's January 2023 eMAR revealed:</p> <ul style="list-style-type: none"> -There was an entry for insulin aspart flexpen 9 units, hold if BS < 100 or if resident not eating with scheduled administration times of 9:00am, 12:00pm and 6:00pm. -There was an entry for FSBS check blood sugar 3 times daily and record on eMAR, notify MD if FSBS < 60 or > 450 with scheduled administration times of 8:30am, 11:30am and 4:30pm. -On 01/02/23, Resident #4's FSBS was documented as 70 and 9 units of insulin was documented as administered at 6:00pm when it should have been held. 	D 358		

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D 358	<p>Continued From page 2</p> <ul style="list-style-type: none"> -On 01/05/23, Resident #4's FSBS was documented as 77 and 9 units of insulin was documented as administered at 6:00pm when it should have been held. -On 01/09/23, Resident #4's FSBS was documented as 60 and 9 units of insulin was documented as administered at 6:00pm when it should have been held. -On 01/12/23, Resident #4's FSBS was documented as 98 and 9 units of insulin was documented as administered at 9:00am when it should have been held. -Resident #4's BS ranged from 38-266. <p>Review of Resident #4's incident and accident report dated 01/12/23 at 11:00am revealed:</p> <ul style="list-style-type: none"> -Resident #4's FSBS was 98 around 7:30am. -Resident #4 ate 100% of his breakfast at 8:00am. -Insulin (9 units) was administered around 9:00am. -The medication aide (MA) rechecked FSBS before lunch at 11am and FSBS result was 38. -The MA gave Resident #4 orange juice and rechecked FSBS in 15 minutes, FSBS result was 99. -Emergency Medical Services (EMS) was contacted and resident was given IV sugar, bringing FSBS result up to 246. -Resident #4 was transported to the hospital for further evaluation. -Resident #4's primary care provider (PCP), family member, and Department of Social Services (DSS) were all notified of the incident. <p>Observation of Resident #4's medications on hand on 02/10/23 at 10:58am revealed that there was one insulin aspart pre-filled syringe flexpen with an opened date of 01/20/23 available for administration.</p>	D 358		

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D 358	<p>Continued From page 3</p> <p>Telephone interview with Resident #4's PCP on 02/10/23 at 11:57am revealed: -She was contacted by the facility on 01/12/23 regarding the medication error of Resident #4's insulin. -She was not aware there were 2 errors in December 2022 and 3 other errors in January 2023 with Resident #4's insulin administration. -She expected the facility to administer medications as ordered, to include holding Resident #4's insulin according to parameters. -She was concerned about hypoglycemia and there was the potential for hypoglycemia on the days that Resident #4's insulin was administered when it should not have been.</p> <p>Interview with a MA on 02/09/23 at 2:50pm revealed: -She administered insulin to Resident #4 when his BS was 98 on 01/12/23. -She was under the impression the hold parameters for Resident #4's insulin was to hold if FSBS was below 90, but the hold parameters were to hold if FSBS was below 100. -Resident #4 was visibly sweating when she rechecked Resident #4's FSBS around 11:00am on 01/12/23. -Resident #4's FSBS was "in the 30's" when she rechecked it around 11:00am on 01/12/23. -EMS was contacted by the facility. -She informed Resident #4's PCP that she administered insulin to Resident #4 incorrectly on 01/12/23. -The Resident Care Director (RCD), Executive Director (ED), and Resident #4's family member were notified of Resident #4's low FSBS on 01/12/23. -Resident #4 was sent to the hospital and returned to the facility on 01/12/23.</p>	D 358		

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D 358	<p>Continued From page 4</p> <p>Interview with a second MA on 02/09/23 at 3:02pm revealed:</p> <ul style="list-style-type: none"> -She was aware that Resident #4's insulin should be held if his FSBS was below 100. -She documented insulin administration on the eMAR for Resident #4 when it should have been held on 01/02/23, 01/05/23 and 01/09/23. -She might have documented incorrectly on the eMAR and Resident #4 was not administered insulin on 01/02/23, 01/05/23 and 01/09/23. -She had checked with the Supervisor that worked those days and was told not to administer insulin to Resident #4. -She had not noticed Resident #4 having any signs or symptoms of hypoglycemia while she worked. <p>Interview with the Special Care Unit Coordinator (SCUC) on 02/10/23 at 10:45am revealed:</p> <ul style="list-style-type: none"> -She was aware Resident #4's insulin was supposed to be held when his FSBS was below 100. -The facility contacted EMS on 01/12/23 because Resident #4's FSBS was low. -EMS administered intravenous (IV) medication to Resident #4 for low blood sugar. -Resident #4 was sent to the hospital and returned to the facility on 01/12/23. -Resident #4's PCP was informed about Resident #4's low FSBS on 01/12/23. -The RCD conducted training for the MAs following the incident on 01/12/23. -She expected MAs to administer medications as ordered, including insulin. -She was not aware there were 2 errors in December 2022 and 3 other errors in January 2023 with Resident #4's insulin administration prior to 01/12/23. 	D 358		

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D 358	<p>Continued From page 5</p> <p>Interview with the RCD on 02/10/23 at 12:30pm revealed:</p> <ul style="list-style-type: none"> -She was not aware Resident #4 was administered insulin when it should have been held on 12/17/22, 12/21/22, 01/02/23, 01/05/23 and 01/09/23. -She expected MAs to administer medications as ordered, including holding insulin when it should be held. -The facility's contracted pharmacy performed eMAR and medication cart audits. -Two nurses associated with the facility's contracted pharmacy audited the eMARs and medication carts monthly and a pharmacist from the facility's contracted pharmacy audited quarterly. -She had conducted a training with the MAs and supervisors on 01/05/23 in response to a Pharmacist eMAR audit on 01/03/23 to address insulin and medication administration. <p>Interview with the ED on 02/10/23 at 12:48pm revealed:</p> <ul style="list-style-type: none"> -She was not aware Resident #4 was administered insulin when it should have been held on 12/17/22, 12/21/22, 01/02/23, 01/05/23, 01/09/23. -She expected MAs to hold insulin if it should be held according to parameters and MAs were responsible to administer medications as ordered. <p>Based on observations, interviews and record reviews, it was determined Resident #4 was not interviewable.</p> <p>Attempted telephone interview with Resident #4's family member on 02/10/23 at 1:07pm unsuccessful.</p>	D 358		