Division of	of Health Service Regu	lation					
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING:		(X3) DATE SURVEY COMPLETED	
		HAL029006	B. WING		09/23/2022		
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NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE							
BROOKDALE LEXINGTON 161 YOUNG DRIVE LEXINGTON, NC 27292							
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPE DEFICIENCY)	OULD BE COMPLETE		
D 000	Initial Comments The Adult Care Licensure Section conducted a follow up and annual survey from 09/21/22 to 09/23/22. 10A NCAC 13F .1004(a) Medication Administration Administration 10A NCAC 13F .1004 Medication Administration (a) An adult care home shall assure that the preparation and administration of medications, prescription and non-prescription, and treatments by staff are in accordance with: (1) orders by a licensed prescribing practitioner which are maintained in the resident's record; and (2) rules in this Section and the facility's policies and procedures. This Rule is not met as evidenced by: Based on observations, interviews and record reviews the facility failed to ensure medications were administered as ordered for 2 of 5 sampled residents related to medications to treat vaginal symptoms associated with menopause and a supplement for vitamin B12 deficiency (#1) and a medication used to improve urination (#3). The findings are: 1. Review of Resident #1's current FL2 dated 02/03/22 revealed diagnoses included dementia without behavioral disturbance, incontinence without sensory awareness, muscle weakness, macular degeneration, hyperglycemia, osteoporosis, gastroesophageal reflux disease, dysphasia, hyperlipidemia, hypothyroidism, cerebrovascular disease, chronic kidney disease, obstructive sleep apnea, diabetes mellitus type alth Service Regulation		D 000	The following is the Plan of Correction for Brookdale Lexington regarding the Statement of Deficiencies for the Annual Survey completed September 23,2022. This Plan of Correction is not to be construed as an admission of or agreement with the findings and conclusions in the Statement of Deficiencies, or any related sanction or fine. Rather, it is submitted as			
D 358			D 358	confirmation of our ongoing efforts to with statutory and regulatory requirem In this document, we have outlined spactions in response to identified issue have not provided a deatailed respons allegation or finding, nor have we identified issue have not provided a deatailed respons allegation or finding, nor have we identified its individual to the policies. We remain committed elivery of quality health care services will continue to make changes and improvements to satisfy that objective. Medication Technicians will be responsadministering medications and treatmordered by a licensed prescribing practication and in accordance with state regulation the policies of the community. Medication Technicians will receive refrom the Health and Wellness Director (HWD)/Designee on expectations of Madministration, with a focus on neword follow-up no later than 10-31-2022. Monitoring of the 24 hr report will be cally for two months by the HWD, Health Wellness Coordinator (HWC), Executive (ED) and/or designee. To assist with ongoing compliance, an all medications carts, resident charts and physician orders will be completed 10/31/2022 to verify current medication.	or any related ubmitted as forts to comply equirements. Ilined specific ed issues. We response to each we identified committed to the services and and objective. The responsible for different treatments as bing practitioner regulations and regulations and receive re-training director on sof Medication in neworder (2022). Will be completed VD, Health and Executive Director ance, an audit of charts ompleted by edication and completed monthly.		
Division of He				for three months by the HWD/HWC and/or designee.			
LABORATORY		SUPPLIER REPRESENTATIVE'S SIGNATUR	E	TITLE		(X6) DATE	

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PRINTED: 10/05/2022 FORM APPROVED Division of Health Service Regulation STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ B. WNG HAL029006 09/23/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **161 YOUNG DRIVE BROOKDALE LEXINGTON** LEXINGTON, NC 27292 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) COMPLETE (EACH DEFICIENCY MUST 8E PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE **PREFIX PREFIX** REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG **DEFICIENCY)** D 358 D 358 Continued From page 3 have clarified the order with the PCP prior to dispensing the medication. Interview with Resident #1 on 09/22/22 at 9:20am revealed: -She was not aware of her medications. -She trusted the facility staff to administer her medications correctly. Interview with the medication aide (MA) on 09/23/22 at 12:34pm revealed: -MA's completed the FL2's and wrote the medications from the previous FL2. -The MA should also check the eMAR for changed or new medications since the last FL2. -If the MA identified the vitamin B12 was on the previous FL2 as daily and on the eMAR as every other day, then the MA should have let the PCP know to identify which order was correct. -The MA was supposed to fax the FL2 to the pharmacy. Interview with the Resident Care Coordinator (RCC) on 09/23/22 at 11:03am revealed: -The MA entered the order and faxed it to the pharmacy. -The pharmacy would reconcile the order. -She reviewed everything like a third-party note/order and reviewed all notes/orders from the PCP including PCP visit sheets. -The Health and Wellness Coordinator (HWC) completed eMAR and cart audits, but they had been without a HWC for three weeks. -The MA prepared the FL2 and had the PCP to

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sign the FL2.

-The MA transcribed orders from the previous FL2 onto the current FL2, but should have also checked current medications on the eMAR. -She did not know Resident #1's vitamin B12 was

FORM APPROVED Division of Health Service Regulation STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ B. WING HAL029006 09/23/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **161 YOUNG DRIVE BROOKDALE LEXINGTON LEXINGTON, NC 27292** SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE **PREFIX** PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG **DEFICIENCY)** D 358 Continued From page 4 D 358 being administered incorrectly. -Although, she checked the PCP visit sheets, she missed the vitamin B12 was ordered daily. -She did not realize the eMAR order entry was for the vitamin B12 to be administered as every other day and the vitamin B12 order on the current FL2 was ordered as daily. -The physician order sheet was printed from the eMAR. -If the medication was incorrect on the eMAR, then it would be incorrect on the physician order -The PCP signed the physician order sheet and the FL2 and she obviously did not look at the medications listed. Telephone interview with Resident #1's PCP on 09/22/22 at 4:04pm revealed: -Resident #1's vitamin B12 500mcg should be administered daily and not every other day. -She was not sure why there was an order for every other day. -She signed the physician's order sheet, but she expected facility staff to transcribe the orders on the physician's order sheet based on the current orders. -After each visit to the facility, she sent a PCP Visit sheet to the facility. -The resident's current medications were listed on the PCP Visit sheet. -The facility should have checked that list to ensure the resident's medications were correct. -If there were questions about the medication, she was in the facility weekly or the facility could

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have left her a message.

12:08pm revealed:

Interview with the Administrator on 09/23/22 at

She expected medications to be administered

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FORM APPROVED Division of Health Service Regulation (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ B. WING HAL029006 09/23/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 161 YOUNG DRIVE **BROOKDALE LEXINGTON** LEXINGTON, NC 27292 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE COMPLETE PRFFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) D 358 D 358 Continued From page 6 Review of Resident #1's July 2022 electronic medication administration record (eMAR) revealed: -There was an entry for estrace vaginal cream 0.1mg Monday, Wednesday and Friday scheduled at 6:00pm. -There was documentation estrace was not administered 6 out of 14 opportunities from 07/01/22 through 07/31/22. -The medication was not documented as administered by the same medication aide (MA) for each of the 6 missed dosages. -There was documentation the medication aide (MA) did not attempt to administer estrace -The MA documented Resident #1 made comments that were uncomfortable to her, and she refused to apply the cream. -There was no documentation of the comments made by the resident. -There was no documentation the resident's PCP was notified of the MA's refusal to administer estrace cream as ordered. Review of Resident #1's August 2022 eMAR revealed: -There was an entry for estrace vaginal cream 0.1mg Monday, Wednesday and Friday scheduled at 6:00pm. -There was documentation estrace was not administered 6 out of 14 opportunities from 08/01/22 through 08/31/22. -There was documentation the MA did not attempt to administer estrace cream. -There was documentation this was the same MA that refused to administer estrace cream in July 2022

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-The MA documented Resident #1's comments were uncomfortable, and she did not apply the

Division of Health Service Regulation (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ B. WING HAL029006 09/23/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **161 YOUNG DRIVE BROOKDALE LEXINGTON LEXINGTON, NC 27292** SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE **PREFIX PREFIX** REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) D 358 D 358 Continued From page 7 cream. -There was no documentation of the comments made by the resident. -There was no documentation the resident's PCP was notified of the MA refused to apply estrace cream as ordered or the reason why she refused. Review of Resident #1's September 2022 eMAR revealed: -There was an entry for estrace vaginal cream 0.1mg Monday, Wednesday and Friday scheduled at 6:00pm. -There was documentation estrace was not administered 3 out of 8 opportunities from 09/01/22 through 09/19/22. -There was documentation the same MA as in July and August 2022 did not attempt to administer estrace cream. -The MA documented Resident #1's comments were uncomfortable, and she refused to apply the cream. -There was no documentation of the comments made by the resident. -There was no documentation the resident's PCP was notified that estrace cream as not administered as ordered. Observation of Resident #1's medications on hand at the facility on 09/22/22 at 3:20pm revealed: -Estrace cream was available for administration. -The dispensed date on the medication was 06/01/22. -One-fourth of the tube had been used. Telephone interview with a representative from the facility's contracted pharmacy on 09/22/22 at 10:13am revealed: -Estrace cream came in a tube and included a

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Division of Health Service Regulation (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION COMPLETED IDENTIFICATION NUMBER: A. BUILDING: _ B. WING HAL029006 09/23/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 161 YOUNG DRIVE **BROOKDALE LEXINGTON** LEXINGTON, NC 27292 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE COMPLETE PREFIX **PREFIX** REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) D 358 D 358 Continued From page 8 plastic applicator. -The recommended way to administer estrace cream was to fill the plastic applicator to the desired line and insert the application vaginally. -Pressure had to be used to dispense the medication out of the tube and into the resident. One tube of estrace cream, if used as ordered. three times per week would last three months. Interview with Resident #1 on 09/22/22 at 9:20am revealed: -She was ordered a cream for vaginal dryness. -The MAs applied the cream but not every night. -She was unable to recall the last time the cream was applied. Telephone interview with Resident #1's urologist on 09/23/22 at 10:37am revealed: -Resident #1 was ordered estrace cream because she had urethral stenosis. -The estrace cream would help to re-estrogenize the vaginal tissues and help to prevent urinary tract infections (UTIs). -Without the estrace cream the resident was prone to bladder infections. -If the cream was not administered consistently it would not be as effective. Telephone interview with the MA that refused to administer Resident #1's vaginal cream on 09/22/22 at 2:48pm revealed: -She did not like applying creams for Resident -Even when applying a topical cream to the resident's knee, Resident #1 would say things like, "O, my god, that makes me [excited]." -She did not like the resident's comments and she did not attempt to administer the vaginal cream.

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Division of Health Service Regulation (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING: _ B. WING HAL029006 09/23/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 161 YOUNG DRIVE **BROOKDALE LEXINGTON** LEXINGTON, NC 27292 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE COMPLETE **PREFIX** PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) D 358 | Continued From page 12 D 358 administration. -There were three medication cards of tamsulosin 0.4mg for Resident #3. -The first card of tamsulosin 0.4mg was dispensed on 04/03/22. -The medication label had instructions to administer tamsulosin 0.4mg once daily at bedtime. -A quantity of 30 capsules were dispensed on 04/03/22, and there were 9 capsules remaining. -The second card of tamsulosin 0.4mg was dispensed on 06/22/22. -The medication label had instructions to administered 1 capsule at bedtime every other -A quantity of 8 capsules were dispensed on 06/22/22, and there were 8 capsules remaining. -The third card of tamsulosin 0.4mg was dispensed on 07/04/22. -The medication label had instructions to administered 1 capsule at bedtime every other day. -A quantity of 8 capsules were dispensed on 07/04/22, and there were 8 capsules remaining. Review of Resident #3's progress notes and physician visit notes revealed: -Tamsulosin 0.4mg should have been administered daily from 07/07/22 through 09/05/22. -There was no documentation Resident #3's PCP was contacted to clarify the tamsulosin order for every other day on the Physician Order Sheet dated 09/05/22. -There was no documentation the PCP was contacted to clarify the tamsulosin order for every day on the FL2 dated 07/07/22. Interview Resident #3's PCP on 09/22/22 at

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