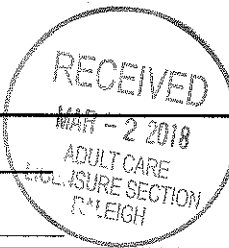


Division of Health Service Regulation



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| STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION | (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: FCL012045 | (X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____ | (X3) DATE SURVEY COMPLETED 02/06/2018 |
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| NAME OF PROVIDER OR SUPPLIER PERKINS FAMILY CARE | STREET ADDRESS, CITY, STATE, ZIP CODE 2015 SUNNYSIDE DRIVE MORGANTON, NC 28655 |
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| (X4) ID PREFIX TAG | SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) | ID PREFIX TAG | PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) | (X5) COMPLETE DATE |
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| C 000 | Initial Comments The Adult Care Licensure Section conducted an annual survey on February 6, 2018. | C 000 | | |
| C 342 | 10A NCAC 13G .1004(j) Medication Administration 10A NCAC 13G .1004 Medication Administration (j) The resident's medication administration record (MAR) shall be accurate and include the following: (1) resident's name; (2) name of the medication or treatment order; (3) strength and dosage or quantity of medication administered; (4) instructions for administering the medication or treatment; (5) reason or justification for the administration of medications or treatments as needed (PRN) and documenting the resulting effect on the resident; (6) date and time of administration; (7) documentation of any omission of medications or treatments and the reason for the omission, including refusals; and (8) name or initials of the person administering the medication or treatment. If initials are used, a signature equivalent to those initials is to be documented and maintained with the medication administration record (MAR). This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to assure accurate documentation on the Medication Administration Record (MAR) for 1 of 3 sampled residents regarding (Resident #1) receiving Humulin R insulin a medication used for lowering levels of sugar in the blood and a hold order for a blood sugar less than 110. | C 342 | <p>All staff had a class on Documentation and Accuracy of the MARS it was taught by a RN on 2-22-18.</p> <p>Also we changed the Reading of Accur and the Documentation onto the same Treatment Sheet.</p> <p>A Mar Review will be Done Monthly by the owner, Administer, or by our consulting RN Leslie Austin</p> | <p>2-22-18</p> <p>2-22-18</p> <p>3-2-18</p> |

Division of Health Service Regulation
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE
Harriette Puetz OWNER TITLE
2-26-18 (X6) DATE

Reviewed and accepted by
Diana Spalding RN, BSN
on 3/5/18

Division of Health Service Regulation

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| C 342 | <p>Continued From page 1</p> <p>The findings are:</p> <p>Review of Resident #1's current FL 2 dated 2/16/17 revealed: -Diagnoses included insulin dependent diabetes, bipolar and hyperthyroidism. -An order for Humulin R, 25 units every morning, and to hold if finger stick blood sugar (FSBS) is < 110 (a medication used for lowering levels of sugar in the blood). -An order for Humulin R 10 units at lunch, and to hold if FSBS is < 110. -An order for Humulin R 12 units at dinner, and to hold if FSBS is < 110. -An order for Lantus 40 units at bedtime, and to hold if FSBS is < 110.</p> <p>Review of Resident #1's subsequent order dated 11/14/17 revealed: -An order to D/C Humulin R 25 units every morning, and to hold if FSBS is < 110. -An order to continue Humulin R 10 units at lunch, and to hold if FSBS is < 110. -An order to continue Humulin R 12 units at dinner, and to hold if FSBS is < 110. -An order continue Lantus 40 units at bedtime, and to hold if FSBS is < 110.</p> <p>1. Review of Resident #1's December 2017 MAR revealed: -An entry for Humulin R 10 units at lunch, and to hold if FSBS is < 110. -An entry for Humulin R 12 units at dinner, and to hold if FSBS is < 110. -There were 4 occasions the Humulin R was documented as administered with FSBS < 110, (12/8 at 4:30 pm FSBS 92, 12/10 at 4:30 pm FSBS 76, 12/19 at 4:30 pm FSBS 99 and 12/31 at 4:30 pm FSBS 103).</p> | C 342 | | |

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| C 342 | <p>Continued From page 2</p> <p>Review of Resident #1's January 2018 MAR revealed: -An entry documented as Humulin R 10 units at lunch, and to hold if FSBS is < 110. -An entry documented as Humulin R 12 units at dinner, and to hold if FSBS is < 110. -There were 4 entries documented as administered with FSBS < 110, (1/2 at 4:30 pm FSBS 93, 1/10 at 4:30 pm FSBS 101, 1/11 at 4:30 pm FSBS 106, and 1/22 at 4:30 pm FSBS 86).</p> <p>Review of Resident #1's February 2018 MAR revealed: -An entry documented as Humulin R 10 units at lunch, and to hold if FSBS is < 110. -An entry documented as Humulin R 12 units at dinner, and to hold if FSBS is < 110. -There was 1 entry documented as administered with FSBS < 110, (2/2 at 4:30 pm FSBS 103).</p> <p>2. Review of Resident #1's December 2017 MAR revealed: -An entry for as Lantus 40 units at bedtime, and to hold if FSBS is < 110. -There was 1 occasion the Lantus was documented as administered with FSBS < 110, (12/6 at 8:00 pm FSBS 104).</p> <p>Review of Resident #1's January 2018 MAR revealed: -An entry documented as Lantus 40 units at bedtime, and to hold if FSBS is < 110. -There was 1 entry documented as administered with FSBS < 110, (1/14 at 8:00 pm FSBS 91).</p> <p>Review of Resident #1's February 2018 MAR revealed: -An entry documented as Lantus 40 units at bedtime, and to hold if FSBS is < 110. -There were no entries documented as</p> | C 342 | | |

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| PERKINS FAMILY CARE | 2015 SUNNYSIDE DRIVE MORGANTON, NC 28655 |

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| C 342 | <p>Continued From page 3</p> <p>administered with FSBS < 110.</p> <p>Interview on 2/6/18 with a Medication Aide (MA) at 11:20 am revealed:</p> <ul style="list-style-type: none"> -She was hired as a MA 3/3/16. -She administered Resident #1 insulin only at 11:30 am because she only worked 1st shift. -She was aware of the order to hold the insulin for a FSBS < 110 and held the insulin for all FSBS < 110. -She always called the physician with a FSBS < 110 because most of the time it was because it was < 60 and required OJ and peanut butter and to get any new orders. -She is was responsible for auditing the MARs for order accuracy after she received them from the pharmacy. -She did not review the MARs for holes, or documentation errors. <p>Telephone interview on 2/6/18 with a second MA at 11:45 am revealed:</p> <ul style="list-style-type: none"> -She was hired as a live in Supervisor-in-Charge (SIC) 3/4/16. -She was responsible for giving administering Resident #1 her insulin at 4:30 pm and at 8:00 pm. -She was aware of the order to hold the insulin for a FSBS < 110. -She never gave the insulin if the FSBS was < 110. -She notified the physician about FSBS < 60 because it required her to give OJ and peanut butter to get further orders. <p>Interview on 2/6/18 with Resident #1's physician at 12:00 pm revealed:</p> <ul style="list-style-type: none"> -She had documented when the facility notified her of the insulin being held for the mentioned dates and times as well as other dates and time | C 342 | | |
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| C 342 | Continued From page 4 there was an issue with Resident #1's FSBS. -Resident #1 is very stable with her diabetes. Telephone Interview on 2/6/18 with the Administrator at 12:15 pm revealed: -The day shift MA was responsible for checking all of the MARs for accuracy, holes and refusals. -She expected the staff to follow the orders and document on the MAR as such. -The physician would be called with any clarifications or if the order was written to notify the physician. | C 342 | | | |