

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: FCL011032	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 11/16/2017
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NAME OF PROVIDER OR SUPPLIER MOUNTAIN VALLEY RETIREMENT HOME	STREET ADDRESS, CITY, STATE, ZIP CODE 630 DILLINGHAM ROAD BARNARDSVILLE, NC 28709
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C 000	Initial Comments The Adult Care Licensure Section and the Buncombe County Department of Social Services conducted an annual survey on November 16, 2017.	C 000		
C 034	<p>10A NCAC 13G .0302(n) Design and Construction</p> <p>10A NCAC 13G .0302 Design and Construction (n) The home shall have current sanitation and fire and building safety inspection reports which shall be maintained in the home and available for review.</p> <p>This Rule is not met as evidenced by: Based on interviews and record reviews, the facility failed to ensure a fire and building safety inspection were completed that were past due.</p> <p>The findings are:</p> <p>Review of the facility's most current Fire and Building Safety Inspection Report revealed: -An inspection date of 6/2/16. -An overall inspection result of conditionally approved. -One recommendation made was to "replace exit signs..."</p> <p>Observation of the exit sign outside resident rooms #1 and #2 on 11/16/17 at 9:25am revealed the light in the exit sign was not working.</p> <p>Observation of the exit sign outside resident room #6 on 11/16/17 at 9:26am revealed the light in the exit sign was not working.</p> <p>Interview with the Administrator on 11/16/17 at</p>	C 034		

Division of Health Service Regulation LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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C 034	<p>Continued From page 1</p> <p>12:47pm revealed: -"The exit signs were working, but the bulbs must be burnt out or something." -"I was just in here a couple of days ago after the sanitation report inspection" which had occurred on 11/9/17.</p> <p>Interview with the Supervisor-In-Charge (SIC) on 11/16/17 at 12:48pm revealed: -"The Fire Marshal hasn't been out since last year." -"It's not been that long" since the exit signs had worked properly.</p> <p>Interview with the Administrator on 11/16/17 at 1:20pm revealed: -"We did change the bulbs last year in the exit signs, but they must have burned out again." -"We called" the Fire Marshal's office to come out when "the fire extinguisher's were tagged" in July 2017. -"I'll have to call back and see what happened." -"I assumed they had come out."</p> <p>Telephone interview with the County Fire Marshal's office on 11/17/17 at 12:57pm revealed: -"I'm not showing that they have had an inspection this year on file." -"What they can do is call our office and we will schedule it with them." -"It is their responsibility to call us directly" to schedule an inspection.</p>	C 034		
C 102	<p>10A NCAC 13G .0317 (a) Building Service Equipment</p> <p>10A NCAC 13G .0317 Building Service Equipment</p>	C 102		

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C 102	<p>Continued From page 2</p> <p>(a) The building and all fire safety, electrical, mechanical, and plumbing equipment in a family care home shall be maintained in a safe and operating condition</p> <p>This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to assure the fire exit signs were maintained in a safe and operating condition.</p> <p>The findings are:</p> <p>Observation of the exit sign outside resident rooms #1 and #2 on 11/16/17 at 9:25am revealed the light in the exit sign was not working.</p> <p>Observation of the exit sign outside resident room #6 on 11/16/17 at 9:26am revealed the light in the exit sign was not working.</p> <p>Review of the facility's most current Fire and Building Safety Inspection Report revealed: -An inspection date of 6/2/16. -An overall inspection result of conditionally approved. -One recommendation made was to "replace exit signs...."</p> <p>Interview with the Administrator on 11/16/17 at 12:47pm revealed "The exit signs were working, but the bulbs must be burnt out or something."</p> <p>Interview with the Supervisor-In-Charge (SIC) on 11/16/17 at 12:48pm revealed: -"The Fire Marshal hasn't been out since last year." -"It's not been that long" since the exit signs had</p>	C 102		

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C 102	Continued From page 3 worked properly. Interview with the Administrator on 11/16/17 at 1:20pm revealed "We did change the bulbs last year in the exit signs, but they must have burned out again."	C 102		
C 259	10A NCAC 13G .0904(a)(4) Nutrition and Food Service 10A NCAC 13G .0904 Nutrition and Food Service (a) Food Procurement and Safety in Family Care Homes: (4) There shall be at least a three-day supply of perishable food and a five-day supply of non-perishable food in the facility based on the menus, for both regular and therapeutic diets. This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to assure there was a three-day supply of perishable food in the facility based on the menus for the five residents that lived in the facility. The findings are: Review of 5 of 5 residents' diet orders revealed four residents were ordered a regular diet and one resident was ordered a no concentrated sweets diet. Observation of the facility food stores on 11/16/17 at 11:05am revealed: -There was no milk available in the facility. -There was no juice available in the facility. Interview with the Cook on 11/16/17 at 11:05am revealed:	C 259		

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C 259	<p>Continued From page 4</p> <p>-"The milk and orange juice just ran out this morning." -"We can't buy that but just within so much bulk." -"We have a convenience store right down the street."</p> <p>Review of the facility daily menu for 11/16/17 revealed: -An 8 oz. serving of milk was listed to be served for breakfast, lunch, and dinner. -A 6oz. serving of juice was listed to be served for breakfast.</p> <p>Review of the facility daily menu for 11/17/17 revealed: -An 8oz. serving of milk was listed to be served for breakfast and dinner meals. -A 6oz. serving of juice was listed to be served for breakfast.</p> <p>Review of the facility daily menu for 11/18/17 revealed: -An 8oz. serving of milk was listed to be served for breakfast and lunch meals. -A 6oz. serving of juice was listed to be served for breakfast.</p> <p>Interviews with two residents on 11/16/17 revealed: -One resident stated he liked milk, but did not receive milk for breakfast on 11/16/17, "so I got juice and coffee." "They are sometimes out." -A second resident stated "We had hot cereal two mornings ago. We had milk then if you wanted it. If we don't get milk, we get orange juice. It just depends on your preference."</p> <p>Interview with the Supervisor-In-Charge (SIC) on 11/16/17 at 1:10pm revealed: -"We don't have big milk drinkers."</p>	C 259		

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C 259	Continued From page 5 -"We had milk this morning, but we ran out." Interview with the Administrator on 11/16/17 at 1:20pm revealed: -"I usually pay the staff around the 5th of the month." -"The last time I was here, 3 days ago, they had enough then." -The staff "are usually pretty good about keeping the milk and juice here." -"I want them to keep at least 2 gallons of milk and one juice and a couple of extra frozen concentrates juices in the freezer."	C 259		
C 330	10A NCAC 13G .1004(a) Medication Administration 10A NCAC 13G .1004 Medication Administration (a) A family care home shall assure that the preparation and administration of medications, prescription and non-prescription and treatments by staff are in accordance with: (1) orders by a licensed prescribing practitioner which are maintained in the resident's record; and (2) rules in this Section and the facility's policies and procedures. This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to discontinue fenofibrate as ordered for 1 of 3 sampled residents (Resident #3). The findings are: Review of Resident #3's current FL2 dated 7/13/17 revealed: -Diagnoses included diabetes, memory loss, and schizoaffective disorder.	C 330		

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C 330	<p>Continued From page 6</p> <p>-A physician's order for fenofibrate (used to lower cholesterol) 160mg daily.</p> <p>Review of Resident #3's active medications list from a visit with his primary care provider dated 9/5/17 revealed handwritten out beside the entry for fenofibrate 160 mg tablet "D/C."</p> <p>Review of Resident #3's September 2017 Medication Administration Record (MAR) revealed: -An entry for fenofibrate 160mg 1 tablet once daily scheduled at 8am. -The fenofibrate 160mg was documented as administered 9/1/17 to 9/5/17 for 5 occurrences out of 5 opportunities. -There was a handwritten "D/C" out beside the fenofibrate entry.</p> <p>Review of Resident #3's October 2017 MAR revealed: -An entry for fenofibrate 160mg 1 tablet once daily scheduled at 8am. -The fenofibrate 160mg was documented as administered 10/1/17 to 10/31/17 for 31 occurrences out of 31 opportunities.</p> <p>Review of Resident #3's November 2017 MAR revealed: -An entry for fenofibrate 160mg 1 tablet once daily scheduled at 8am. -The fenofibrate 160mg was documented as administered 11/1/17 to 11/16/17 for 16 occurrences out of 16 opportunities.</p> <p>Observation of Resident #3's fenofibrate available on the cart on 11/16/17 at 10:40am revealed a medication cartridge containing 14 tablets of fenofibrate 160mg.</p>	C 330		

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C 330	<p>Continued From page 7</p> <p>Interview with Resident #3 on 11/16/17 at 8:50am revealed: -He had no complaints about his medications. -The resident received his medications on time daily at 7am and 7pm. -The resident denied ever running out of any of his medications.</p> <p>Interview with the medication aide on 11/16/17 at 10:40am who had administered medications to Resident #3 that morning revealed: -"I gave the fenofibrate this morning." -"We have been giving it."</p> <p>Telephone interview with the facility pharmacy on 11/16/17 at 11:25am revealed: -The current order for Resident #3's fenofibrate 160mg daily which originated on the FL2 dated 7/13/17. -They had not received an order to discontinue the fenofibrate. -"30 or 31 tablets" of fenofibrate had been sent out every month of Resident #3 since the FL2 order dated 7/13/17.</p> <p>Interview with the Administrator on 11/16/17 at 1:20pm revealed: -"I usually try to go over the meds everytime I'm out here." -She was in the facility at least once "every month" but "usually once every 2 weeks." -"I just checked the meds two weeks ago." -"I didn't check the MARs." -"I may have just went through the medication cart to make sure it was clean, the meds were in date, and everything matched up."</p> <p>Telephone interview on 11/16/17 at 1:55pm with the Resident #3's physician's nurse revealed: -She had spoken with Resident #3's physician.</p>	C 330		

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C 330	Continued From page 8 -The physician had wanted Resident #3 to discontinue the fenofibrate at the first of September. -Resident #3 having received the fenofibrate after it having been discontinued "will not hurt" the resident.	C 330		