

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: HAL011003	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 03/09/2017
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NAME OF PROVIDER OR SUPPLIER BECKY'S REST HOME # 2	STREET ADDRESS, CITY, STATE, ZIP CODE 316 LOWER BRUSH CREEK ROAD FLETCHER, NC 28732
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D 000	Initial Comments The Adult Care Licensure Section and the Buncombe County Department of Social Services conducted an annual survey on March 8-9, 2017.	D 000		
D 358	<p>10A NCAC 13F .1004(a) Medication Administration</p> <p>10A NCAC 13F .1004 Medication Administration (a) An adult care home shall assure that the preparation and administration of medications, prescription and non-prescription, and treatments by staff are in accordance with:</p> <p>(1) orders by a licensed prescribing practitioner which are maintained in the resident's record; and</p> <p>(2) rules in this Section and the facility's policies and procedures.</p> <p>This Rule is not met as evidenced by: Based on observations, interviews, and record reviews, the facility failed to administer atorvastatin and Levemir insulin as prescribed to 1 of 3 sampled residents (Resident #3).</p> <p>The findings are:</p> <p>Review of Resident #3's current FL2 dated 10/7/16 revealed diagnoses included Diabetes Type II, Chronic Kidney Disease, and Coronary Artery Disease.</p> <p>Review of Resident #3's Resident Register revealed an admission date of 6/17/15.</p> <p>1. Review of Resident #3's current FL2 dated 10/7/16 revealed physician's order for atorvastatin (used to treat high cholesterol) 40mg 1/2 tablet daily at bedtime.</p>	D 358		

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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D 358	<p>Continued From page 1</p> <p>Review of Resident #3's physician order dated 12/30/16 revealed increase atorvastatin to 40mg daily.</p> <p>Observation of Resident #3's medication supply in the facility on 3/8/17 at 1:30pm revealed: -A bottle of atorvastatin 40 mg tablets. -The label directions were atorvastatin 40mg 1 tablet daily at bedtime.</p> <p>Review of Resident #3's December 2016 Medication Administration Record (MAR) revealed: -A computer generated entry for atorvastatin 40mg take 1/2 tablet (20mg) daily at 8pm. -The atorvastatin 20mg was documented as administered daily from 12/1/16 to 12/31/16 for 31 occurrences out of 31 opportunities.</p> <p>Review of Resident #3's January 2017 MAR revealed: -A computer generated entry for atorvastatin 40mg take 1/2 tablet (20mg) daily at 8pm. -The atorvastatin 20mg was documented as administered daily from 1/1/17 to 1/31/17 for 31 occurrences out of 31 opportunities.</p> <p>Review of Resident #3's February 2017 MAR revealed: -A computer generated entry for atorvastatin 40mg take 1/2 tablet (20mg) daily at 8pm. -The atorvastatin 20mg was documented as administered daily from 2/1/17 to 2/28/17 for 28 occurrences out of 28 opportunities.</p> <p>Review of Resident #3's March 2017 MAR revealed: -A computer generated entry for atorvastatin 40mg take 1/2 tablet (20mg) daily at 8pm. -A handwritten note out beside the entry</p>	D 358		

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D 358	<p>Continued From page 2</p> <p>documented "Rewritten below."</p> <p>-A handwritten entry for atorvastatin 40mg 1 tablet daily at 8pm.</p> <p>-The atorvastatin 20mg was documented as administered on 3/1/17 at 8pm.</p> <p>-The atorvastatin 40mg was documented as administered daily from 3/2/17 to 3/7/17 for 6 occurrences out of 6 opportunities.</p> <p>Review of Resident #3's Pharmacy Review dated 2/17/17 revealed the change in physician order dated 12/30/16 for atorvastatin 80mg 1/2 tablet daily was identified as a recommendation for facility staff.</p> <p>Review of Resident #3's Active Medication List from a primary care provider visit dated 2/16/17 revealed:</p> <p>-Atorvastatin 80mg take 1/2 a tablet daily at bedtime.</p> <p>-The Active Medication List was not signed by a physician.</p> <p>Interview with Resident #3 on 3/8/17 at 8:20am and 3/9/17 at 11:00am revealed:</p> <p>-Resident #3 received his medications timely.</p> <p>-The resident's routinely had lab work through his primary care physician to monitor his cholesterol levels.</p> <p>-"It had been real good, but recently it's been going up."</p> <p>-"My last lab was okay again."</p> <p>Interview with the Resident Care Coordinator on 3/9/17 at 11:22am revealed:</p> <p>-They had been unaware of the change of order for the atorvastatin dated 12/30/16 for Resident #3.</p> <p>-Resident #3 was now receiving the correct dose.</p> <p>-"I was taking the active med lists from the VA</p>	D 358		

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D 358	<p>Continued From page 3</p> <p>(Veterans Administration) as the new orders." -"That's all I was getting back from the VA when I requested clarification." -The facility pharmacy "just depends on me to send them the current orders to print out our MARs." -Resident #3 received his medications mail order, not from the facility pharmacy.</p> <p>Attempted telephone interview with Resident #3's primary care physician on 3/9/17 at 10:37am was not returned by exit.</p> <p>2. Review of Resident #3's current FL2 dated 10/7/16 revealed a physician's order for Levemir insulin (long acting insulin used to control blood sugar over 24 hours) 38 units daily at bedtime.</p> <p>Review of Resident #3's Active Medication List from a primary care provider visit dated 11/23/16 revealed: -Levemir insulin 40 units daily at bedtime. -The Active Medication List was not signed by a physician.</p> <p>Review of Resident #3's December 2016 Medication Administration Record (MAR) revealed: -A computer generated entry for Levemir insulin 38 units daily at 8pm. -A handwritten "40" was written over the 38 unit computer generated entry. -The Levemir 40 units was documented as administered from 12/1/16 to 12/31/16 for 28 occurrences out of 31 opportunities (no doses were documented administered on 12/9/16, 12/16/17, and 12/24/16.)</p> <p>Review of Resident #3's January 2017 MAR revealed:</p>	D 358		

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D 358	<p>Continued From page 4</p> <p>-A computer generated entry for Levemir insulin 40 units daily at 8pm. -The Levemir 40 units was documented as administered from 1/1/17 to 1/31/17 for 30 occurrences out of 31 opportunities (no dose was documented administered on 1/6/17).</p> <p>Review of Resident #3's physician order dated 2/16/17 revealed increase Levemir insulin to 45 units each evening.</p> <p>Review of Resident #3's February 2017 MAR revealed: -A computer generated entry for Levemir insulin 40 units daily at 8pm. -The entry had a handwritten line drawn through it and a handwritten note out beside it of changed 2/16/17. -The Levemir 40 units was documented as administered from 2/1/17 to 2/15/17 for 15 occurrences out of 15 opportunities.</p> <p>Review of Resident #3's March 2017 MAR revealed: -A computer generated entry for Levemir insulin 40 units daily at 8pm. The entry was marked through. -A handwritten entry for Levemir insulin 45 units daily at 8pm. -The Levemir 45 units was documented as administered from 3/1/17 to 3/7/17 for 6 occurrences out of 7 opportunities (no dose was documented administered for 3/4/17.)</p> <p>Review of Resident #3's fingerstick blood sugar testing (FSBS) results from 12/1/16 to 3/7/17 revealed: -Resident #3 received FSBS testing 3 times a day 7:30am, 11:30am, and 4:30pm. -December 2016: 7:30am range was 188-321,</p>	D 358		

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D 358	<p>Continued From page 5</p> <p>11:30am range was 158-371, 4:30pm range was 107-312.</p> <p>-January 2017: 7:30am range was 181-304, 11:30am range was 149-350, 4:30pm range was 98-307.</p> <p>-February 2017: 7:30am range was 204-319, 11:30am range was 197-451, 4:30pm range was 176-278.</p> <p>-March 2017: 7:30am range was 240-315, 11:30am range was 248-382, 4:30pm range was 219-283.</p> <p>Review of Resident #3's Pharmacy Review dated 2/17/17 revealed the change in physician order dated 2/16/17 to increase Levemir dose to 45 units daily at bedtime was identified as a recommendation for facility staff.</p> <p>Interview with Resident #3 on 3/8/17 at 8:20am and 3/9/17 at 11:00am revealed:</p> <p>-Resident #3 received his medications timely.</p> <p>-"I'm diabetic and get four shots a day and a ton of oral meds to go with it."</p> <p>-"My insulin has been increased, but it needs to be increased more."</p> <p>-"I see a diabetic nurse at the VA every month."</p> <p>-"They have been doing gradual increases to my insulin to not cause hypoglycemia."</p> <p>Interview with the Resident Care Coordinator on 3/9/17 at 11:22am revealed:</p> <p>-"I was taking the active med lists from the VA (Veterans Administration) as the new orders."</p> <p>-"That's all I was getting back from the VA when I requested clarification."</p> <p>-The facility pharmacy "just depends on me to send them the current orders to print out our MARs."</p> <p>-Resident #3 received his medications mail order, not from the facility pharmacy.</p>	D 358		

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D 358	Continued From page 6 Attempted telephone interview with Resident #3's primary care physician on 3/9/17 at 10:37am was not returned by exit.	D 358		