

1 10A NCAC 13B .5406 is readopted with changes as published in 36:12 NCR 1029-1032 as follows:

2  
3 **10A NCAC 13B .5406 DISCHARGE CRITERIA FOR INPATIENT REHABILITATION FACILITIES**  
4 **OR UNITS**

5 (a) Discharge planning shall be an integral part of the patient's treatment plan and shall begin upon admission to the  
6 facility. After established goals of care have been reached, or a determination by the interdisciplinary care team has  
7 been made that care in a less intensive setting would be appropriate, to return to the setting from which the patient  
8 was admitted, or that further progress is unlikely, the patient shall be discharged to an appropriate setting, another  
9 inpatient or residential health care facility that can address the patient's needs including skilled nursing homes, assisted  
10 living facilities, nursing homes, or other hospitals. Other reasons for discharge may include an inability or  
11 unwillingness of patient or family to cooperate with the planned therapeutic program or medical complications that  
12 preclude a further intensive rehabilitative effort. The facility shall involve the patient, family, staff ~~members~~ members,  
13 and ~~referral sources~~ community-based services such as home health services, hospice or palliative care, respiratory  
14 services, rehabilitation services to include occupational therapy, physical therapy, and speech therapy, end stage renal  
15 disease, nutritional, medical equipment and supplies, transportation services, meal services, and household services  
16 such as housekeeping in discharge planning.

17 (b) The case manager shall facilitate the discharge or transfer process in coordination with the facility social worker.

18 (c) If a patient is being referred to another facility for further care, ~~appropriate~~ documentation of the patient's current  
19 status shall be forwarded with the patient. A ~~formal~~ discharge summary shall be forwarded within 48 hours following  
20 discharge and shall include the reasons for referral, the diagnosis, functional limitations, services provided, the results  
21 of services, referral action ~~recommendations~~ recommendations, and activities and procedures used by the patient to  
22 maintain and improve functioning.

23  
24 *History Note:* Authority G.S. [~~131E-75(b);~~] 131E-79; 143B-165;

25 Eff. March 1, 1996. 1996;

26 Readopted Eff. August 1, 2023.