

1 10A NCAC 13K .1109 is proposed for readoption with substantive changes as follows:

2  
3 **10A NCAC 13K .1109 RESIDENT CARE AREAS**

4 (a) ~~Resident rooms shall meet the following requirements:~~ A facility shall meet the following requirements for resident  
5 bedrooms:

- 6 (1) ~~There shall be private or semiprivate rooms;~~ private bedroom with not less than 100 square feet of  
7 floor area or semi-private bedroom with not less than 80 square feet of floor area per bed shall be  
8 provided;
- 9 (2) ~~Infants~~ infants and small children shall not ~~be assigned to share a room~~ bedroom with an adult  
10 resident unless requested by ~~residents~~ the resident and families;
- 11 (3) ~~Each resident room~~ each bedroom shall ~~contain at least~~ be furnished with a bed, a mattress protected  
12 by waterproof material, a mattress pad, a pillow, and ~~a chair;~~ one chair per resident;
- 13 (4) ~~Each resident room shall have a minimum of 48 cubic feet of closet space or wardrobe for clothing~~  
14 ~~and personal belongings that provides security and privacy for each resident. Each resident room~~  
15 ~~shall be equipped with a towel rack for each individual;~~ each bedroom shall be provided with one  
16 closet or wardrobe per bed. Each closet or wardrobe shall have clothing storage space of not less  
17 than 48 cubic feet per bed with one-half of this space for hanging clothes;
- 18 (5) ~~Each resident~~ each bedroom shall:  
19 (A) be located at or above grade level;  
20 (B) ~~have provisions to ensure visual privacy for treatment or visiting;~~ be provided with a  
21 curbicle curtain enclosing each bed to ensure visual privacy; and  
22 (C) be equipped with a towel rack for each resident;
- 23 (6) ~~Artificial lighting shall be provided sufficient~~ each bedroom shall provide lighting for treatment and  
24 non-treatment needs, ~~50 foot candles~~ foot-candles for ~~treatment;~~ treatment needs, and 35 foot  
25 ~~candles~~ foot-candles for non-treatment ~~areas;~~ needs; and
- 26 (7) ~~A room where access is through a bathroom, kitchen or another bedroom will not be approved for a~~  
27 ~~resident's bedroom.~~ no resident bedroom shall be accessed through a bathroom, kitchen, or another  
28 bedroom.

29 (b) ~~Bathrooms shall meet the following requirements:~~ A facility shall meet the following requirements for bathrooms:

- 30 (1) ~~Bathroom facilities~~ bathrooms shall be ~~conveniently~~ directly accessible to ~~resident rooms.~~ each  
31 resident bedroom without going through the general corridors. One bathroom may serve up to four  
32 ~~residents and staff.~~ residents. ~~Minimum size of any bathroom shall be 18 square feet. The door~~  
33 ~~bathroom doorway shall be at least 32 inches wide.~~ be a minimum 32-inch clear opening;
- 34 (2) ~~The~~ each bathroom shall be furnished with the following:  
35 (A) a toilet with grab bars;  
36 (B) ~~lavatory with four inch wrist blade controls;~~ a sink trimmed with valves that can be  
37 operated without hands. If the sink is equipped with blade handles, the blade handles shall

1 not be less than four inches in length. If the sink faucet depends on the building electrical  
 2 service for operation, the faucet must have an emergency power source or battery backup  
 3 capability. If the faucet has battery operated sensors, the facility shall have a maintenance  
 4 policy to keep extra rechargeable or non-rechargeable batteries on premises for the faucets;

5 (C) a mirror;

6 (D) soap, paper towel dispensers, and waste paper receptacle with a removable impervious  
 7 liner; and

8 ~~(E)~~ water closet; and

9 ~~(F)~~~~(E)~~ a tub or shower.

10 (c) ~~Space shall be provided for:~~ Each facility shall provide:

11 (1) ~~charting, storage of supplies and personal effects of staff;~~ an area for charting;

12 (2) ~~the storage of resident care equipment;~~ storage provisions for personal effects of staff;

13 (3) ~~housekeeping equipment and cleaning supplies;~~ storage areas for supplies and resident care  
 14 equipment;

15 (4) ~~storage of test reagents and disinfectants distinct from medication;~~ storage area(s) for housekeeping  
 16 equipment and cleaning supplies;

17 (5) ~~locked medication storage and preparation; and~~ a medication preparation area with a counter, a sink  
 18 trimmed with valves that can be operated without hands, locked medication storage, and a double  
 19 locked narcotic storage area under visual control of staff. If the sink is equipped with blade handles,  
 20 the blade handles shall not be less than four inches in length. If the sink faucet depends on the  
 21 building electrical service for operation, the faucet must have an emergency power source or battery  
 22 backup capability. If the faucet has battery operated sensors, the facility shall have a maintenance  
 23 policy to keep extra rechargeable or non-rechargeable batteries on premises for the faucets;

24 (6) ~~drugs requiring refrigeration. They may be stored in a separate locked box in the refrigerator or in~~  
 25 ~~a lockable drug only refrigerator, capable of maintaining a temperature range of 36 degrees F (2~~  
 26 ~~degrees C) to 46 degrees F (8 degrees C). The storage and accountability of controlled substances~~  
 27 ~~shall be in accordance with the North Carolina Controlled Substances Act, Article 5 of Chapter 90~~  
 28 ~~of the General Statutes. a lockable refrigerator for drug storage only or a separate locked box in a~~  
 29 ~~facility refrigerator. The refrigerator must be capable of maintaining a temperature range of 36~~  
 30 ~~degrees F (2 degrees C) to 46 degrees F (8 degrees C);~~

31 ~~(7)~~ a kitchen with:

32 (A) a refrigerator;

33 (B) a cooking appliance ventilated to the outside;

34 (C) a 42-inch minimum double-compartment sink and domestic dishwashing machine capable  
 35 of sanitizing dishes with 160 degrees F water; and

36 (D) storage space for non-perishables;

37 (8) a separate dining area measuring not less than 20 square feet per resident bed;

1           (9)       a recreational and social activities area with not less than 150 square feet of floor area exclusive of  
2                    corridor traffic;

3           (10)       a nurses' calling system shall be provided:

4           (A)       in each resident bedroom for each resident bed. The call system activator shall be such that  
5                    they can be activated with a single action and remain on until deactivated by staff at the  
6                    point of origin. The call system activator shall be within reach of a resident lying on the  
7                    bed. In rooms containing two or more call system activators, indicating lights shall be  
8                    provided at each calling station;

9           (B)       nurses' calling systems which provide two-way voice communication shall be equipped  
10                   with an indicating light at each calling station which lights and remains lighted as long as  
11                    the voice circuit is operating;

12           (C)       a nurses' call emergency activator shall be provided at each residents' use toilet fixture, bath,  
13                    and shower. The call system activator shall be accessible to a resident lying on the floor;  
14                    and

15           (D)       calls shall register with the floor staff and shall activate a visible signal in the corridor at  
16                    the resident's door. In multi-corridor units, additional visible signals shall be installed at  
17                    corridor intersections;

18           (11)       heating and air conditioning equipment that can maintain a temperature range between 68 degrees  
19                    and 80 degrees Fahrenheit, even upon loss of utility power.

20   ~~(d) Kitchen and dining areas shall have:~~

21           ~~(1) — a refrigerator;~~

22           ~~(2) — a cooking unit ventilated to the outside;~~

23           ~~(3) — a 42 inch minimum double compartment sink and domestic dishwashing machine capable of~~  
24                    ~~sanitizing dishes with 160 degrees F. water;~~

25           ~~(4) — dining space of 20 square feet per resident; and~~

26           ~~(5) — storage space for non-perishables.~~

27   ~~(e) Other areas shall include:~~

28           ~~(1) — a minimum of 150 square feet exclusive of corridor traffic for recreational and social activities;~~

29           ~~(2) — an audible and accessible call system furnished in each resident's room and bathroom; and~~

30           ~~(3) — heating and air cooling equipment to maintain a comfort range between 68 degrees and 80 degrees~~  
31                    ~~Fahrenheit.~~

32  
33   *History Note: Authority G.S. 131E-202;*

34                    *Eff. June 1, 1991;*

35                    *Amended Eff. February 1, 1995- 1995;*

36                    *Readopted Eff. October 1, 2021.*