1	10A NCAC 13	K .1109 is readopted with changes as published in 35:18 NCR 2029-2039 as follows:		
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3	10A NCAC 13	SK .1109 RESIDENT CARE AREAS		
4	(a) Resident ro	oms shall meet the following requirements: A facility shall meet the following requirements for resident		
5	bedrooms:			
6	(1)	There shall be private or semiprivate rooms; private bedroom with not less than 100 square feet of		
7		floor area or semi-private bedroom with not less than 80 square feet of floor area per bed shall be		
8		provided;		
9	(2)	Infants infants and small children shall not be assigned to share a room bedroom with an adult		
10		resident unless requested by residents the resident and families;		
11	(3)	Each resident room each bedroom shall contain at least be furnished with a bed, a mattress protected		
12		by waterproof material, a mattress pad, a pillow, and a chair; one chair per resident;		
13	(4)	Each resident room shall have a minimum of 48 cubic feet of closet space or wardrobe for clothing		
14		and personal belongings that provides security and privacy for each resident. Each resident room		
15		shall be equipped with a towel rack for each individual; each bedroom shall be provided with one		
16		closet or wardrobe per bed. Each closet or wardrobe shall have clothing storage space of not less		
17		than 48 cubic feet per bed with one-half of this space for hanging clothes;		
18	(5)	Each resident each bedroom shall:		
19		(A) be located at or above grade level;		
20		(B) have provisions to ensure visual privacy for treatment or visiting; [be provided with a		
21		cubicle curtain enclosing each bed to ensure visual privacy; and		
22		(C) be equipped with a towel rack for each resident;		
23	(6)	Artificial lighting shall be provided sufficient each bedroom shall provide lighting for treatment and		
24		non-treatment needs, 50 foot candles foot-candles for treatment, treatment needs, and 35 foot		
25		eandles foot-candles for non-treatment areas; needs; and		
26	(7)	A room where access is through a bathroom, kitchen or another bedroom will not be approved for a		
27		resident's bedroom. no resident bedroom shall be accessed through a bathroom, kitchen, or another		
28		bedroom.		
29	(b) Bathrooms	shall meet the following requirements: A facility shall meet the following requirements for bathrooms:		
30	(1)	Bathroom facilities bathrooms shall be conveniently directly accessible to resident rooms. each		
31		resident bedroom without going through the general corridors. One bathroom may serve up to four		
32		residents and staff. residents. Minimum size of any bathroom shall be 18 square feet. The door		
33		bathroom doorway shall be at least 32 inches wide. be a minimum 32-inch clear opening;		
34	(2)	The each bathroom shall be furnished with the following:		
35		(A) <u>a</u> toilet with grab bars;		
36		(B) lavatory with four inch wrist blade controls; a sink trimmed with valves that can be		
37		operated without hands. If the sink is equipped with blade handles, the blade handles shall		

1			not be less than four inches in length. If the sink faucet depends on the building electrical		
2			service for operation, the faucet must have an emergency power source or battery backup		
3			capability. If the faucet has battery operated sensors, the facility shall have a maintenance		
4			policy to keep extra rechargeable or non-rechargeable batteries on premises for the faucets;		
5		(C)	<u>a</u> mirror;		
6		(D)	soap, paper towel dispensers, and waste paper receptacle with a removable impervious		
7			liner; and		
8		(E)	water closet; and		
9		(F) (E)	<u>a</u> tub or shower.		
10	(c) Space shall	be provi e	ded for: Each facility shall provide:		
11	(1)	chartin	ng, storage of supplies and personal effects of staff; an area for charting;		
12	(2)	the sto	rage of resident care equipment; storage provisions for personal effects of staff;		
13	(3)	housekeeping equipment and cleaning supplies; storage areas for supplies and resident care			
14		equipment;			
15	(4)	storage of test reagents and disinfectants distinct from medication; storage area(s) for housekeeping			
16		equipn	nent and cleaning supplies;		
17	(5)	locked medication storage and preparation; and a medication preparation area with a counter, a sink			
18		trimmed with valves that can be operated without hands, locked medication storage, and a double			
19		locked narcotic storage area under visual control of staff. If the sink is equipped with blade handles,			
20		the blade handles shall not be less than four inches in length. If the sink faucet depends on the			
21		building electrical service for operation, the faucet must have an emergency power source or battery			
22		backup capability. If the faucet has battery operated sensors, the facility shall have a maintenance			
23		policy to keep extra rechargeable or non-rechargeable batteries on premises for the faucets;			
24	(6)	drugs requiring refrigeration. They may be stored in a separate locked box in the refrigerator or in			
25		a locks	able drug only refrigerator, capable of maintaining a temperature range of 36 degrees F (2		
26		degrees C) to 46 degrees F (8 degrees C). The storage and accountability of controlled substances			
27		shall b	e in accordance with the North Carolina Controlled Substances Act, Article 5 of Chapter 90		
28		of the	General Statutes. a lockable refrigerator for drug storage only or a separate locked box in a		
29		facility	refrigerator. The refrigerator must be capable of maintaining a temperature range of 36		
30		degree	s F (2 degrees C) to 46 degrees F (8 degrees C);		
31	<u>(7)</u>	a kitch	en with:		
32		<u>(A)</u>	a refrigerator;		
33		<u>(B)</u>	a cooking appliance ventilated to the outside;		
34		<u>(C)</u>	a 42-inch minimum double-compartment sink and domestic dishwashing machine capable		
35			of sanitizing dishes with 160 degrees F water; and		
36		<u>(D)</u>	storage space for non-perishables;		
37	(8)	a senai	rate dining area measuring not less than 20 square feet ner resident hed:		

1	<u>(9)</u>	a recreational and social activities area with not less than 150 square feet of floor area exclusive of		
2		corridor traffic;		
3	<u>(10)</u>	a nurses'calling system shall be provided:		
4		(A) in e	ach resident bedroom for each resident bed. The call system activator shall be such that	
5		they	y can be activated with a single action and remain on until deactivated by staff at the	
6		poi	nt of origin. The call system activator shall be within reach of a resident lying on the	
7		<u>bed</u>	. In rooms containing two or more call system activators, indicating lights shall be	
8		pro	vided at each calling station;	
9		(B) nur	ses' calling systems which provide two-way voice communication shall be equipped	
10		wit	h an indicating light at each calling station which lights and remains lighted as long as	
11		the	voice circuit is operating;	
12		(C) <u>a nu</u>	urses' call emergency activator shall be [proved] provided at each residents' use toilet	
13		<u>fixt</u>	ure, bath, and shower. The call system activator shall be accessible to a resident lying	
14		on 1	the floor; and	
15		(D) call	s shall register with the floor staff and shall activate a visible signal in the corridor at	
16		the	resident's door. In multi-corridor units, additional visible signals shall be installed at	
17		cor	ridor intersections;	
18	<u>(11)</u>	heating and	air conditioning equipment that can maintain a temperature range between 68 degrees	
19		and 80 degree	ees Fahrenheit, even upon loss of utility power.	
20	(d) Kitchen and	dining areas s	hall have:	
21	(1)	— a refrigerator;		
22	(2)	a cooking unit ventilated to the outside;		
23	(3)	a 42 inch n	ninimum double compartment sink and domestic dishwashing machine capable of	
24		sanitizing di	shes with 160 degrees F. water;	
25	(4)	dining space	of 20 square feet per resident; and	
26	(5)	storage space for non perishables.		
27	(e) Other areas	shall include:		
28	(1)	a minimum (a minimum of 150 square feet exclusive of corridor traffic for recreational and social activities;	
29	(2)	an audible and accessible call system furnished in each resident's room and bathroom; and		
30	(3)	heating and	air cooling equipment to maintain a comfort range between 68 degrees and 80 degrees	
31		Fahrenheit.		
32				
33	History Note:	Authority G.	S. 131E-202;	
34		Eff. June 1,	1991;	
35		Amended Eff	f. February 1, 1995. <u>1995:</u>	
36		Readopted E	ff. October 1, 2021.	