

**10A NCAC 13E .0804 FOOD REQUIREMENTS**

(a) A minimum of three meals a day shall be served.

(b) Foods and beverages that are appropriate to overnight respite participants' diets shall be offered or made available to overnight respite participants as snacks between each meal for a total of three snacks per day and shall be shown on the menu as snacks.

*History Note: Authority G.S. 131D-6.1;  
Eff. April 1, 2017.*