

1 10A NCAC 13E .0805 is proposed for adoption as follows:

2

3 **10A NCAC 13E .0805 THERAPEUTIC DIETS**

4 (a) All therapeutic diet orders, including thickened liquids, shall be in writing from the participant's physician.

5 (b) Where applicable, the therapeutic diet order shall be specific to calorie, gram, or consistency, such as for calorie-
6 controlled American Diabetic Association diets, low sodium diets, or thickened liquids, unless there are written orders
7 that include the definition of any therapeutic diet identified in the facility's therapeutic menu approved by a licensed
8 dietitian or nutritionist.

9 (c) The facility shall maintain an accurate and current listing of overnight respite participants with physician-ordered
10 therapeutic diets for guidance of food service staff.

11

12 *History Note: Authority G.S. 131D-6.1;*

13 *Eff. April 1, 2017.*