

1 10A NCAC 13D .3201 is proposed for reoption with changes as follows:

2
3 **SECTION .3200 - FUNCTIONAL REQUIREMENTS**
4

5 **10A NCAC 13D .3201 REQUIRED SPACES**

6 (a) ~~In a facility, the floor area of a single bedroom shall not be less than 100 square feet and the floor area of a room~~
7 ~~for more than one bed shall not be less than 80 square feet per bed. The 80 square feet and 100 square feet requirements~~
8 ~~shall be exclusive of closets, toilet rooms, vestibules, or wardrobes. When a designated single room exceeds 159 net~~
9 ~~square feet in floor area, it shall remain a single bedroom and shall not be used as a multi bedroom unless approved~~
10 ~~in advance by the Division as meeting the requirements of G.S. 131E, Article 9. A facility shall meet the following~~
11 ~~requirements for bedrooms:~~

- 12 (1) Single bedrooms shall be provided with not less than 100 square feet of floor area;
13 (2) Bedrooms with more than one bed shall be provided with not less than 80 square feet of floor area
14 per bed;
15 (3) Bedrooms shall have windows with views to the outdoors. The gross window area shall not be less
16 than eight percent of the bedroom floor area required by Subparagraphs (1) and (2) of this Paragraph;
17 (4) Each bedroom shall be provided with one closet or wardrobe per bed. In nursing facilities and the
18 nursing home portion of combination facilities, the closet or wardrobe shall have clothing storage
19 space of not less than 36 cubic feet per bed with one-half of this space for hanging clothes. In the
20 adult care home portion of a combination facility, the closet or wardrobe shall have clothing storage
21 space of not less than 48 cubic feet per bed with one-half of this space for hanging clothes; and
22 (5) Floor space for closets, toilet rooms, vestibules or wardrobes shall not be included in the areas
23 required by this Subparagraph.

24 (b) ~~The total space set aside for dining, activity, and other common use shall not be less than 25 square feet per bed~~
25 ~~for a nursing facility and 30 square feet per bed for the adult care home portion of a combination facility. Physical~~
26 ~~therapy, occupational therapy and rehabilitation space shall not be included in this total. A facility shall meet the~~
27 ~~following requirements for dining, activity and common use areas:~~

- 28 (1) Nursing facilities and the nursing home portion of combination facilities shall have:
29 (A) a separate area or areas set aside for dining, measuring not less than 10 square feet per bed;
30 (B) a separate area or areas set aside for activities, measuring not less than 10 square feet per
31 bed; and
32 (C) an additional dining, activity and common use area or areas, measuring not less than 5
33 square feet per bed. This area may be in a separate area or combined with the separate
34 dining and activity areas required by Part (A) and (B) of this Subparagraph.
35 (2) The adult care home portion of combination facilities shall have:
36 (A) a separate area or area set aside for dining, measuring not less than 14 square feet per bed;
37 and

1 (B) a separate area or areas set aside for activities, measuring not less than 16 square feet per
2 bed.

3 (3) The dining room area or areas required by this Paragraph may be combined.

4 (4) The activity area or areas in nursing facilities and the nursing home portion of combination facilities
5 shall not be combined with the activity area or areas in the adult care home portion of combination
6 facilities.

7 (5) Floor space for physical, occupational and rehabilitation therapy shall not be included in the areas
8 required by this Paragraph. Closets and storage units for equipment and supplies shall not be
9 included in the areas required by this Paragraph.

10 (6) Dining, activity, and common use areas shall be designed and equipped to provide accessibility to
11 both patients and residents confined to wheelchairs and ambulatory patients or residents.

12 (7) Dining, activity, and common use areas required by this Paragraph shall have windows with views
13 to the outdoors. The gross window area shall not be less than eight percent of the required floor
14 area required by Subparagraphs (1) and (2) of this Paragraph.

15 (8) For facilities designed with household units for 30 or fewer patients or residents, the dining and
16 activity areas may be combined.

17 ~~(c) In nursing facilities, included in the total square footage required by Paragraph (b) of this Rule, a separate dining~~
18 ~~area or areas with a minimum of 10 square feet per bed shall be provided and a separate activity area or areas with a~~
19 ~~minimum of 10 square feet per bed shall be provided. The remainder of the total required space for dining and~~
20 ~~activities square footage required by Paragraph (b) of this Rule may be in a separate area or combined with either of~~
21 ~~the separate dining and activity areas required by this Paragraph. If a facility is designed with patient and resident~~
22 ~~household units for 30 or less patients and residents, the dining and activity areas in the household units are not~~
23 ~~required to be separate.~~

24 ~~(d) In combination facilities, included in the total square footage required by Paragraph (b) of this Rule, a separate~~
25 ~~dining area or areas with at least 14 square feet per adult care home bed shall be provided. The adult care home dining~~
26 ~~area or areas may be combined with the nursing facility dining area or areas. A separate activity area or areas for adult~~
27 ~~care home beds shall be provided with at least 16 square feet per adult care home bed. The adult care home activity~~
28 ~~area shall not be combined with the activity area or areas required for nursing beds.~~

29 ~~(e) Dining, activity, and living space shall be designed and equipped to provide accessibility to both patients or~~
30 ~~residents confined to wheelchairs and ambulatory patients or residents. Dining, activity, and living areas required by~~
31 ~~Paragraph (b) of this Rule shall have windows with views to the outside. The gross window area shall not be less than~~
32 ~~eight percent of the floor area required for each dining, activity, or living space.~~

33 ~~(f) Closets and storage units for equipment and supplies shall not be included as part of the dining, activity, and living~~
34 ~~floor space area required by Paragraph (b) of this Rule.~~

35 ~~(g)~~ (c) Outdoor areas for individual and group activities shall be provided and shall be accessible to patients and
36 residents with physical disabilities. In the adult care portion of a combination facility, a nursing unit with a control

1 mechanism and staff procedures as required by Rule .3404(f) of this Subchapter shall have direct access to an outdoor
2 area.

3 ~~(h) For nursing beds, separate bedroom closets or wardrobes shall be provided in each bedroom to provide each~~
4 ~~occupant with a minimum of 36 cubic feet of clothing storage space at least half of which is for hanging clothes.~~

5 ~~(i) For adult care home beds, separate bedroom closets or wardrobes shall be provided in each bedroom to provide~~
6 ~~each adult care home resident with a minimum of 48 cubic feet of clothing storage space at least half of which is for~~
7 ~~hanging clothes.~~

8 ~~(j) (d) Some means for patients and residents to lock personal articles within the facility shall be provided.~~

9 ~~(k) A toilet room shall be directly accessible from each patient and resident room and from each central bathing area~~
10 ~~without going through the general corridor. One toilet room may serve two patient or resident rooms but not more~~
11 ~~than eight beds. The lavatory may be omitted from the toilet room if one is provided in each patient and resident~~
12 ~~room. One tub or shower shall be provided for each 15 beds not individually served. For each 120 beds or fraction~~
13 ~~thereof the following shall be provided:~~

14 ~~(1) at least one bathtub or a manufactured walk-in bathtub or a similar manufactured bathtub designed~~
15 ~~for easy transfer of patients and residents into the tub. All bathtubs must be accessible on three~~
16 ~~sides; and~~

17 ~~(2) a roll-in shower designed and equipped for unobstructed ease of shower chair entry and use.~~

18 (e) A facility shall meet the following requirements for toilet rooms, tubs, showers and central bathing areas:

19 (1) A toilet room shall contain a toilet and lavatory. If a lavatory is provided in each bedroom, the toilet
20 room is not required to have a lavatory.

21 (2) A toilet room shall be accessible from each bedroom without going through the general corridor.

22 (3) One toilet room may serve two bedrooms but not more than eight beds.

23 (4) One tub or shower shall be provided for each 15 beds not individually served by a tub or shower.

24 (5) For each 120 beds or fraction thereof, a central bathing area shall be provided with the following:

25 (A) a bathtub or a manufactured walk-in bathtub or a similar manufactured bathtub designed
26 for easy transfer of patients and residents into the tub. Bathtubs shall be accessible on three
27 sides. Manufactured walk-in bathtubs or a similar manufactured bathtubs shall be
28 accessible on two sides;

29 (B) a roll-in shower designed and equipped for unobstructed ease of shower chair entry and
30 use. If a bathroom with a roll-in shower designed and equipped for unobstructed ease of
31 shower chair entry adjoins each bedroom in the facility, the central bathing area is not
32 required to have a roll-in shower;

33 (C) a toilet and lavatory; and

34 (D) a cubicle curtain enclosing the toilet, tub and shower. A closed cubicle curtain at one of
35 these plumbing fixtures shall not restrict access to the other plumbing fixtures.

36 ~~(f) For each nursing unit, or fraction thereof on each floor, the following shall be provided:~~

1 (1) a medication preparation area ~~with a counter, a sink, a medication refrigerator, eye level medication~~
2 ~~storage, cabinet storage and a double locked narcotic storage area under the visual control of nursing~~
3 ~~staff. The sink shall be trimmed with valves that can be operated without hands. If the sink is~~
4 ~~equipped with blade handles, the blade handles shall not be less than four and one half inches in~~
5 ~~length. The sink water spout shall be mounted so that its discharge point is a minimum of 10 inches~~
6 ~~above the bottom of the sink basin; with:~~

7 (A) ~~_____ a counter;~~

8 (B) ~~_____ a double locked narcotic storage area under the visual control of nursing staff;~~

9 (C) ~~_____ a medication refrigerator;~~

10 (D) ~~_____ eye-level medication storage;~~

11 (E) ~~_____ cabinet storage; and~~

12 (F) ~~_____ a sink. The sink shall be trimmed with valves that can be operated without hands. If the~~
13 ~~_____ sink is equipped with blade handles, the blade handles shall not be less than four and one~~
14 ~~_____ half inches in length. The sink water spout shall be mounted so that its discharge point is~~
15 ~~_____ a minimum of 10 inches above the bottom of the sink basin;~~

16 (2) a clean utility room ~~with a counter, sink, and storage. The sink shall be trimmed with valves that~~
17 ~~can be operated without hands. If the sink is equipped with blade handles, the blade handles shall~~
18 ~~not be less than four and one half inches in length. The sink water spout shall be mounted so that~~
19 ~~its discharge point is a minimum of 10 inches above the bottom of the sink basin; with:~~

20 (A) ~~_____ a counter;~~

21 (B) ~~_____ storage; and~~

22 (C) ~~_____ a sink. The sink shall be trimmed with valves that can be operated without hands. If the~~
23 ~~_____ sink is equipped with blade handles, the blade handles shall not be less than four and one~~
24 ~~_____ half inches in length. The sink water spout shall be mounted so that its discharge point is~~
25 ~~_____ a minimum of 10 inches above the bottom of the sink basin;~~

26 (3) a soiled utility room ~~with a counter, sink, and storage. The sink shall be trimmed with valves that~~
27 ~~can be operated without hands. If the sink is equipped with blade handles, the blade handles shall~~
28 ~~not be less than four and one half inches in length. The sink water spout shall be mounted so that~~
29 ~~its discharge point is a minimum of 10 inches above the bottom of the sink basin. The soiled utility~~
30 ~~room shall be equipped for the cleaning and sanitizing of bedpans as required by 15A NCAC 18A~~
31 ~~.1312 Toilet: Handwashing: Laundry: And Bathing Facilities. with:~~

32 (A) ~~_____ a counter;~~

33 (B) ~~_____ storage; and~~

34 (C) ~~_____ a sink. The sink shall be trimmed with valves that can be operated without hands. If the~~
35 ~~_____ sink is equipped with blade handles, the blade handles shall not be less than four and one~~
36 ~~_____ half inches in length. The sink water spout shall be mounted so that its discharge point is~~
37 ~~_____ a minimum of 10 inches above the bottom of the sink basin. The soiled utility room shall~~

1 be equipped for the cleaning and sanitizing of bedpans as required by 15A NCAC 18A
2 .1312 Toilet: Handwashing: Laundry: And Bathing Facilities:

- 3 (4) a nurses' toilet and locker space for personal belongings;
- 4 (5) a soiled linen storage room. If the soiled linen storage room is combined with the soiled utility
5 room, a separate soiled linen storage room is not required;
- 6 (6) a clean linen storage ~~room~~; provided in one or more of the following:
7 (A) a separate linen storage room;
8 (B) cabinets in the clean utility room; or
9 (C) a linen closet;
- 10 (7) a nourishment station in an area enclosed with walls and doors ~~which contains work space, cabinets~~
11 ~~and refrigerated storage, and a small stove, microwave oven, or hot plate. If a facility is designed~~
12 ~~with patient and resident household units, a patient and resident dietary area located within the~~
13 ~~patient and resident household unit may substitute for the nourishment station. The patient and~~
14 ~~resident dietary area shall include cooking equipment, a kitchen sink, refrigerated storage and~~
15 ~~storage areas and shall be for the use of staff, patients, residents, and families; with:~~
16 (A) work space;
17 (B) cabinets;
18 (C) refrigerated storage; and
19 (D) a small stove, microwave, or hot plate;
- 20 (8) an audio-visual nurse-patient call system arranged to ensure that a patient's or resident's call in the
21 facility ~~readily~~ notifies and directs staff to the location where the call was ~~activated~~; activated;
- 22 (9) a control point located no more than 150 feet from the furthest patient or resident bedroom door
23 ~~with an area for charting patient and resident records, space for storage of emergency equipment~~
24 ~~and supplies, and nurse patient call and alarm annunciation systems; and with:~~
25 (A) an area for charting patient and resident records;
26 (B) space for storage of emergency equipment and supplies; and
27 (C) nurse patient call and alarm annunciation systems; and
- 28 (10) a janitor's closet.

29 (g) If a facility is designed with patient or resident household units, a patient and resident dietary area located within
30 the patient or resident household unit may substitute for the nourishment station. The patient or resident dietary area
31 shall be for the use of staff, patients, residents, and families. The patient or resident dietary area shall contain:

- 32 (1) cooking equipment;
33 (2) a kitchen sink;
34 (3) refrigerated storage; and
35 (4) storage areas.

36 ~~(m)~~ (h) Clean linen storage shall be provided in a separate room from bulk supplies. ~~Clean linen for nursing units~~
37 ~~may be stored in closed carts, cabinets in the clean utility room, or a linen closet on the unit floor.~~

1 ~~(h)~~ (i) The kitchen area and laundry area each shall have a janitor's closet. Administration, occupational and physical
2 therapy, recreation, personal care, and employee areas shall be provided janitor's closets and may share one as a group.

3 ~~(i)~~ (j) Stretcher and wheelchair storage shall be provided.

4 ~~(j)~~ (k) ~~Bulk~~ The facility shall provide patient and resident storage ~~shall be provided~~ at the rate of ~~at least~~ not less than
5 five square feet of floor area per licensed bed. ~~This storage space shall be either in the facility or within 500 feet of~~
6 ~~the facility on the same site. This storage space shall be in addition to the other storage space required by this Rule.~~

7 This storage space shall:

8 (1) be used by patients and residents to store out-of-season clothing and suitcases;

9 (2) be either in the facility or within 500 feet of the facility on the same site; and

10 (3) be in addition to the other storage space required by this Rule.

11 ~~(k)~~ (l) Office space shall be provided for business transactions. Office space shall be provided for persons holding
12 the following positions:

13 (1) administrator;

14 (2) director of nursing;

15 (3) social services director;

16 (4) activities director; and

17 (5) physical therapist.

18 ~~(l)~~ (m) Each combination facility shall provide a minimum of one residential washer and residential dryer in a location
19 accessible by adult care home staff, residents, and residents' families.

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21 *History Note: Authority G.S. 131E-104; 42 CFR 483.70;*

22 *Eff. January 1, 1996;*

23 *Amended Eff. August 1, 2014; October 1, ~~2008~~. 2008;*

24 *Readopted Eff. July 1, 2016.*