February 23, 2023

North Carolina State Health Coordinating Council 809 Ruggles Drive Raleigh, NC 27603

Dear North Carolina State Health Coordinating Council:

I am writing to support the petition submitted by Long Term Care Management Services, LLC d/b/a Liberty Healthcare and Rehabilitation Services ("Liberty") for a Policy to be added to the 2023 SMFP, Policy ESRD-4, which will allow for the development or expansion of a kidney disease treatment center at a skilled nursing facility

I am the RN case manager of Novant Health Mint Hill Medical Center; we are a small community hospital that services 5 neighboring counties.

One of the biggest discharge planning challenges involves patients who require acute care and need dialysis after they come into the hospital. Traditionally, dialysis patients are among the most expensive patients to keep in the hospital, and any prolonged stay is detrimental to their condition. Oftentimes, hospitals struggle to find placement at outpatient centers for high acute residents needing dialysis. Many skilled nursing communities cannot accept these higher acuity residents due to the travel demands and cost associated, and the outpatient centers are unable to support patient comorbidities. Therefore, upon discharge, many of these patients end up being readmitted to the hospital.

Establishing an on-site dialysis model within a SNF would result in patients discharging from the hospital sooner, re-admit to the hospital less, recover more quickly after treatment, and achieve a higher quality of life.

I strongly encourage you to approve the Liberty Policy ESRD-4 petition.

If you have any additional questions, please feel free to contact me. 980-302-1065

Sincerely,

Elizabeth Cash, RN Case Manager NH

ECash, Rev