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**Long-Term and Behavioral Health Committee**  
**Recommendations to the North Carolina State Health Coordinating Council**  
**June 2, 2021**

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The Long-Term and Behavioral Health Committee met twice this year, first on April 8<sup>th</sup> and again on May 13<sup>th</sup>.

The topics reviewed and discussed at the April 8<sup>th</sup> meeting included:

- current LTBH policies and methodologies; and
- recommendations regarding psychiatric inpatient bed need methodology and substance use disorder bed need methodology.

The topics reviewed and discussed at the May 13<sup>th</sup> meeting included:

- preliminary drafts of need projections generated by the standard methodologies in the LTBH chapters; and
- the methodologies, policies and proposed tables to be used in the Proposed Plan if the psychiatric inpatient bed need methodology and substance use disorder bed need methodologies were removed from the SMFP.

The following is an overview of the Committee's recommendations for the Proposed 2022 SMFP.

**Chapter 10: Nursing Homes**

- The Committee received no petitions and no comments regarding nursing homes. The Committee reviewed the policies for nursing homes. Draft data tables were posted to the webpage and presented during the May meeting. Application of the methodology based on data and information currently available resulted in no need for additional nursing home beds anywhere in the state.

**Chapter 11: Adult Care Homes**

- The Committee received no petitions and no comments regarding adult care homes. The Committee reviewed the policies for adult care. Draft data tables were posted to the webpage and presented during the May meeting. Application of the methodology based on data and information currently available resulted in no need for additional adult care home beds anywhere in the state.

### **Chapter 12: Home Health Services**

- The Committee reviewed the policy and methodology for home health services.
- Staff presented draft tables for this chapter. Application of the methodology and information currently available indicated no need for additional Medicare-certified home health agency or office anywhere in the state.

### **Chapter 13: Hospice Services**

- The Committee reviewed the methodologies for hospice services.
- Staff presented draft tables for this chapter. Application of the methodology and information currently available results in a need determination for one additional hospice home care office in Cumberland County and no need for additional hospice inpatient beds anywhere in the state.

### **Chapter 14: Psychiatric Inpatient Services**

- The Committee reviewed the current policies and methodology for psychiatric inpatient services.
- Application of the methodology based on data and information currently available results in three draft need determinations:
  - 1 child/adolescent bed in the Partners
  - 6 child/adolescent beds in Sandhills
  - 4 adult beds in Sandhills
- The Committee reviewed the Staff recommendation to remove the Psychiatric Inpatient Bed Need Methodology. The Committee also reviewed a table proposed by staff that displays only bed inventory and utilization. This table would replace all existing tables in Chapter 14 if the SHCC agrees with the Committee recommendation to remove the need methodology for these beds.

### **Chapter 15: Substance Use Disorder Inpatient and Residential Services (Chemical Dependency Treatment Beds)**

- The Committee reviewed the current policies and methodology for substance use disorder inpatient and residential services.
- Application of the methodology based on data and information currently available results in no draft need determinations for adult beds, and a draft need determination for one child/adolescent bed in the Western Region.
- The Committee reviewed the Staff recommendation to remove the Substance Use Disorder Bed Need Methodology. The Committee also reviewed a table proposed by staff that displays only bed inventory and utilization. This table would replace all existing tables in Chapter 15 if the SHCC agrees with the Committee recommendation to remove the need methodology for these beds.

### **Chapter 16: Intermediate Care Facilities for Individuals with Intellectual Disabilities**

- The Committee reviewed the current policy for ICF/IID beds.
- Staff presented draft tables showing the inventory of ICF/IID beds. There is no need methodology or need determination associated with these beds.
- The Committee also voted to replace the final paragraph of the narrative with a new explanation of how ICF/IID beds may be developed. At a later date, and in consultation with the General Counsel, Mark Payne recommended eliminating a sentence from this new paragraph. You should be able to see the paragraph on your screen. It shows that the sentence regarding filing a petition has been eliminated. This sentence is redundant because Chapter 2 of the SMFP provides information on the filing of summer petitions. Elimination of this sentence does not change the accuracy of the paragraph or the process to follow to apply for new beds.

### **Recommendation for the Long-Term and Behavioral Health Services Chapters, Chapters 10-16 for the Proposed 2022 SMFP:**

The Committee recommends that the current assumptions and methodologies be accepted as presented for the Long-Term and Behavioral Health Services Chapters, Chapters 10-16, for the Proposed 2022 Plan. Also, the committee recommends that the SHCC authorize staff to update narratives, tables, and need determinations as new and corrected data are received. In addition to the original Committee recommendation, it is recommended to eliminate the statement regarding filing a petition from the last paragraph of the Chapter 16 narrative.