
**Long-Term and Behavioral Health Committee
Recommendations to the North Carolina State Health Coordinating Council
June 10, 2020**

The Long-Term and Behavioral Health Committee met twice this year, first on April 9th and again on May 14th.

The topics reviewed and discussed at the April 9th meeting included:

- current LTBH policies and methodologies;

The topics reviewed and discussed at the May 14th meeting included:

- preliminary drafts of need projections generated by the standard methodologies in the LTBH chapters; and
- consideration of changes to the psychiatric and substance use disorder bed methodologies.

The following is an overview of the Committee's recommendations for the Proposed 2021 SMFP.

Chapter 10: Nursing Care Facilities

- The Committee reviewed the policies and methodologies for nursing care facilities.
- Staff presented draft tables for this chapter. Application of the methodology based on data and information currently available indicated **no need for additional nursing home beds** anywhere in the state.

Chapter 11: Adult Care Homes

- The Committee reviewed the current policies and methodology for adult care homes.
- Staff presented draft tables. Application of the methodology and information currently available results **in a need determination for 120 beds:**
 - **10 beds in Anson County**
 - **10 beds in Avery County**
 - **80 beds in Hoke County**
 - **10 beds in Mitchell County; and**
 - **10 beds in Swain County**

Chapter 12: Home Health Services

- The Committee reviewed the policy and methodology for home health services.
- Staff presented draft tables for this chapter. Application of the methodology and information currently available results in **a need determination for one additional Medicare-certified home health agency or office in Mecklenburg County.**

Chapter 13: Hospice Services

- The Committee reviewed the methodologies for hospice services.
- Staff presented draft tables for this chapter. Application of the methodology and information currently available results in **no need for additional hospice home care offices** anywhere in the state **and no need for additional hospice inpatient beds** anywhere in the state.

Chapter 14: Psychiatric Inpatient Services

- The Committee reviewed the current policies and methodology for psychiatric inpatient services.
- Application of the methodology based on data and information currently available results in **draft need determinations for seven adult and nine child/adolescent psychiatric inpatient beds, both in the Sandhills Center LME-MCO.**

Chapter 15: Substance Use Disorder Inpatient and Residential Services (Chemical Dependency Treatment Beds)

- The Committee reviewed the current policies and methodology for substance use disorder inpatient and residential services. Policies ICF/IID-1, 2, 3 and 4 were eliminated and Policy ICF/IID-5 was added to the Chapter 4 of the SMFP.
- Application of the methodology based on data and information currently available results in **no draft need** determinations for adult beds, and **the following draft need determinations for child/adolescent beds:**
 - - **20 in the Central Region**
 - **2 in the Western Region**

Chapter 16: Intermediate Care Facilities for Individuals with Intellectual Disabilities

- The Committee reviewed the current policies for ICF/IID beds.
- Staff presented a proposal to eliminate policies ICF/IID 1 through 4 and replace them with a new policy ICF/IID-5. Policy ICF/IID-3 is no longer applicable. Policy ICF/IID-5 consolidates Policies ICF/IID 1, 2, and 4 into a single policy that describes the process for obtaining additional ICF/IID beds. The committee approved this proposal.
- Staff presented draft tables showing the inventory of ICF/IID beds. There is no need methodology or need determination associated with these beds.

Review of Psychiatric Inpatient and Substance Use Disorder Bed Need Methodologies

The committee heard a presentation regarding potential changes these methodologies. After discussion, they decided to take no action at present. Rather they plan to hold Interested Parties meetings later to be able to discuss the issues more thoroughly.

Recommendation for the Long-Term and Behavioral Health Services Chapters, Chapters 10-16 for the Proposed 2021 SMFP:

The Committee recommends that the current assumptions and methodologies be accepted as presented for the Long-Term and Behavioral Health Services Chapters, Chapters 10-13 and 14-16, for the Proposed 2021 Plan. Also, the committee recommends that the SHCC authorize staff to update narratives, tables, and need determinations as new and corrected data are received.