PRINTED: 09/16/2025 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTIONS (X1) PROVIDER/SUPPLIER/CIDENTIFICATION NUMBER: 345183		A (X2) MULTIPLE CONSTRUCTION (X3) DATE S A. BUILDING 08/07/2025 B. WING			JRVEY COMPLETED			
	NAME OF PROVIDER OR SUPPLIER Cabarrus Health and Rehabilitation			STREET ADDRESS, CITY, STATE, ZIP CODE 430 Brookwood Avenue NE , Concord, North Carolina, 28025				
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)		(X5) COMPLETION DATE		
F0000	INITIAL COMMENTS An onsite complaint investiga was conducted from 8/6/202! E0039, F553, F585, F640, F697, F761, F777, F806, F84 effective 8/7/2025. Repeat ta as a result of the complaint in was conducted at the same t facility is still out of compliance.	ation and revisit survey 5 through 8/7/2025. Tags 641, F677, F684, F689, F690, 42, and F925 were corrected gs and new tags were cited hvestigation survey that ime as the revisit. The	F0000			08/26/2025		
F0693 SS = D	Tube Feeding Mgmt/Restore CFR(s): 483.25(g)(4)(5) §483.25(g)(4)-(5) Enteral Nut (Includes naso-gastric and generoutaneous endoscopic gaendoscopic jejunostomy, and resident's comprehensive assensure that a resident-	trition astrostomy tubes, both istrostomy and percutaneous I enteral fluids). Based on a	F0693	The facility sets forth the following plan correction to remain in compliance with state regulations. The facility has taken the actions set forth in the plan of corre following plan of correction constitutes allegation of compliance. All deficiencie been or will be corrected by the date or indicated. F0693	all federal and or will take ction. The the facility's s cited have	07/30/2025		
	§483.25(g)(4) A resident who enough alone or with assista methods unless the resident' demonstrates that enteral fee indicated and consented to b	nce is not fed by enteral s clinical condition eding was clinically by the resident; and o is fed by enteral means		Corrective actions accomplished for the found to be affected by the deficient practice. Resident #1 was admitted on 8-5-25 are to the hospital on 8-8-25. The order was clarified and verified for Bolus via Tube Feeding on 8-6-25 by th Nursing with the Registered Dietician. T	nctice: Ind was discharged the Free water e Director of			
	receives the appropriate trea restore, if possible, oral eatin complications of enteral feed limited to aspiration pneumor dehydration, metabolic abnornasal-pharyngeal ulcers. This REQUIREMENT is NOT	g skills and to prevent ing including but not nia, diarrhea, vomiting, rmalities, and		Identification of other residents having to be affected by the same deficient pra 100% audit of all current residents requnutrition in the facility completed on	he potential actice: iring enteral			
A d	Based on observation, record physician interviews, the facil hospital discharge orders for water administration for 1 of 1 tube feedings (Resident #1).	lity failed to enter tube feedings and free 3 residents reviewed for		8-8-25 by unit by the Unit Coordinator a by the Director of Nursing to identify an resident that requires enteral nutrition norders on the electronic medical record Flush order, Placement, G-Tube (Gastri Residual check, Registered referral as planning and Tube feeding care. There titution may be excused from correcting p	y other nanagement related to ic Tube) Ostomy, needed, Care was only 1 out of			

safeguards provide sufficient protection to the patients. (See reverse for further instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTIONS (X1) PROVIDER/SUPPLIER/CLI IDENTIFICATION NUMBER: 345183 NAME OF PROVIDER OR SUPPLIER			(X2) MULTIPLE CONSTRUCTION A. BUILDING B. WING STREET ADDRESS, CITY, STATE, ZIP CODE		Y COMPLETED	
Cabarri	us Health and Rehabilitation		430	Brookwood Avenue NE , Concord, No	rth Carolina, 28025	
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F0693 SS = D	Continued from page 1 The findings included: Resident #1 was admitted to diagnoses including stroke at The significant change Minim assessment dated 6/23/25 diseverely cognitively impaired Resident #1 received tube ferometric for the ferometric form 1:00 PM to 3:00 PM dai total of 1320 ml to be administer milliliters (ml) per hour for 22 from 1:00 PM to 3:00 PM dai total of 1320 ml to be administed and was readmitted to the fact	the facility 2/24/25 with and feeding tube. Sum Data Set (MDS) Socumented Resident #1 was The MDS documented edings. Sated for tube feedings ed by pump at 60 hours and turned off ly. The order directed a stered. Saled free water flushes of nistered 5 times per Ito the hospital on 7/31/25 cility 8/5/25 after Ited 8/5/25 specified that his previous diet. Ininistration record (MAR) is for tube feeding or free In 8/6/25 at 11:51 AM in bed. Ising by pump at 60 ml per With Nurse #2 on 8/6/25 at she received report from before he arrived to the enception has been Resident #1 returned to encept the Nurren tube feeding. In the saigned to Resident #1 for the tube feeding or died to the medication 8/6/25 at 1:13 PM. Nurse #1 or Resident #1 on 8/5/25 when and she was told by Nurse the hospital, to continue fore. Nurse #1 explained she hour as before and gave	F0693	Continued from page 1 8 Tube Feeding residents that required Residual checks, and it was corrected to other 2 out of the 8 Tube Feeding residents transcribed with a new order per Regist recommendation. Findings of this audit on the 100% enteral feeding audit tool olocated in the facility compliance binder Measures/systemic changes will be put ensure that the deficient practice does a Effective 8-12-25, all licensed nurses or assigned to care for residents requiring feedings will be educated on enteral fee upon admission, readmission and with a condition changes. Effective 8-12-25, all licensed nurses or educated on order transcription, discon adding interventions on care plan relate Feeding Management and Care. Effective 8-12-25, the Clinical team, whith the Director of Nursing, Assistant Director ADON, Minimum Data set (MDS), and/of (1, 2) will incorporate the process of dis residents admitted/readmitted with enteronal to validate proper handling of eternal fee by licensed nurses. Effective 8-12-25, the Unit Coordinator complete the admission audit checklist Feeding checklist. This Admission Audit be reviewed and verified completed by Nursing or Assistant Director of Nursing within 24 hours of admission/re-admissing significant or changes in condition relate Feeding orders and management. This systemic process will take place st Any identified issues will be addressed process will be incorporated into the dameeting that takes place Mondays to From the Education for all licensed nurses to include free ding has Tube Feeding orders transcrelections and feeding syringe for medication and feeding administration. Any licensed nurses who	on 8-12-25. The ents were ered Dietician's are documented dated 8-8-25. into place to not recur: In duty and enteral eding management any significant or In duty will be tinuation and ed to Tube ich consists of tor of Nursing or Unit Coordinators eding orders #1" v—ÆÂ to include Tube is Checklist will the Director of gor designee sion or any ed to Tube arting 8-13-25. promptly. This illy clinical ridays. complete 100% of ude full-time, eeded employees will be the vith an enteral cribed on the ee Bolus Water dry enteral ling	

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Cabarrus Health and Rehabilitation		STREET ADDRESS, CITY, STATE, ZIP CODE 430 Brookwood Avenue NE , Concord, North Carolina, 28025				
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F0693 SS = D	of the tube feeding at 9:30 Al container was empty and had after the medication administ administered free water flush reported the Unit Manager whospital discharge orders into documentation system. The Unit Manager (UM) #1 whospital discharge orders for Resident orders on 8/5/25. UM #1 revited administration record and reported should be reported should be recorded and reported should be reported should be recorded and reported should be recorded and reported should be recorded and the should be recorded and the should be recorded and receiving 20 that Resident #1 was receiving 20 that Resident #1 was receiving 20 that Resident #1 was receiving 21 that Resident #1 for the facility after had phone interview was conducted to the facility after had phone interview was conducted and 10:21 PM. Nurse #3 reported to run all night. Nurse #3 reported to run all night. Nurse #3 reported to the free water flushes, but after administering medication had given him 240 ml of water morning. Nurse #3 reported to administration of these water nursing judgment for the administration of these water nursing jud	tube feeding had not in administration record. hung a replacement container in M because the previous digiven him flushes of water tration but had not uses this date. Nurse #1 as responsible for entering to the electronic. The had received the hospital of the had received the hospital of the medication corted that she must have ding formula, the rate of water flushes to the was going to review the so but did not have the so but did not have the so the facility requesting after Resident #1 cospitalization. Functed with Nurse #3 on 8/6/25 ted he was assigned to the transport of the had allowed that corted he had not noticed tube feeding nutrition or the had given water one (amount unknown) and are at bedtime and in the needing not the had not document the flushes, and he used his ninistration of the water flushes, and the water flushes orders and the water fl	F0693	Continued from page 2 educated by 8-13-25 will not be allowed they are educated. This education will a annually and implemented in a new hire licensed nurses, effective 8-13-25 Monitoring of corrective actions to ensure deficient practice is being corrected and recur: Effective 8-13-25, the Director of Nursin Assistant Director of Nursing will monitor with enteral feeding maintenance by coon random residents with enteral feeding ensure compliance. This monitoring procompleted daily (Monday through Fridawekly for two more weeks, then monthor until the pattern of compliance is estangative findings will be addressed by the Nursing promptly. This monitoring procedocumented on a "Tube QA Audit" monitor the facility compliance binder. Effective 8-20-25, the Director of Nursin findings of this monitoring process to the Quality Assurance and Performance Im Committee for any additional monitoring of this plan monthly for three months, on pattern of compliance is maintained. The can modify this plan to ensure the facility substantial compliance. Compliance date 08-29-25	also be provided be orientation for a contentation for an and/or or compliance or compliance or completing rounds and devices to be one of the completing rounds and devices will be one of the completing rounds and devices will be one of the completing rounds and the completing rounds and the completing rounds and the completing rounds are content of the completing rounds are content of the completing rounds are content of the content of the completing rounds are content of the cont	

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Cabarru	s Health and Rehabilitation		43	0 Brookwood Avenue NE , Concord, No	rth Carolina, 28025	
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F0693 SS = D	Continued from page 3 at 2:54 PM. The DON reported orders received the day before meeting and she did not know clarify the tube feeding and from with the physician. The DON discharge orders for Residen reviewed during the morning. The Administrator reported the hospital discharge orders to be entered into the electronic documents.	re during the morning w why UM #1 did not call to ree water flushes orders reported the hospital t #1 dated 8/5/25 were not meeting on 8/6/25. hat he expected all the clarified as needed and	F0693			
F0812 SS = F	Food Procurement, Store/Pre CFR(s): 483.60(i)(1)(2) §483.60(i) Food safety requir The facility must - §483.60(i)(1) - Procure food to considered satisfactory by feauthorities. (i) This may include food item local producers, subject to aplaws or regulations. (ii) This provision does not preacilities from using producery gardens, subject to complian growing and food-handling procured subject to complian growing and food-handling procured subject to complian growing and food-handling procured subject to the procured subject to t	ements. From sources approved or deral, state or local as obtained directly from oplicable State and local ohibit or prevent grown in facility ce with applicable safe factices. Freclude residents from d by the facility. A distribute and serve essional standards for food TMET as evidenced by: It aff interviews, the food items and remove d and a dirty utensil from the swere observed in 2 of 2 rishment room #1 and #2) and the ew conducted with the	F0812	Corrective actions accomplished for the found to be affected by the deficient process. All expired and undated items in the Kir Nourishment room for Unit A and Unit I by Certified Dietary Manager (CDM) or kitchen and Nourishment Rooms Unit A cleaned and organized by the CDM on Measures/systemic changes will be purensure the proper functioning of refrige freezers used to store resident food items to the kitchen and Nourishment Rooms storage, refrigerators, walk in cooler and freezer for any unlabeled and undated All items found that are not labeled and and / or expired were all labeled, dated or discarded. Effective 8-13-25, the CDM will put out log to ensure that dietary staff are logg checking of Nourishment Room at Unit cleanliness, organization and for propedating and verification of expiration dat food items found not to meet requirementabeling and dating will automatically be Effective 8-13-25, current dietary will be on food safety and proper handling / stoproper labeling, dating and verification date. No current dietary staff will be allowithout completing this re-education. Orientation to the dietary service will in safety as well as the proper procedure include labeling, dating and verifying evices.	actice: achen and a were discarded a 8-7-25. The a and B were also a-8-8-25. a into place to actors and ans: the storage areas a to include dry d walk in or expired items. I dated properly as needed and/ a monitoring ing in the A and Unit B for a labelling, a daily. Any ents of proper a discarded. a re-educated brage to include on expiration be reduced food on storage to	07/30/2025

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F0812 SS = F	08/07/25 at 9:30 AM revealed open container of yogurt that refrigerator and a dirty kitche The ADON stated she expectand would need to be discard and opened. The ADON state knife was in the kitchen but nimmediately sent back to the	inner dated 08/06/25 with ing on the counter. It y plate and three dirty per revealed a closed drawer crumbs and a bowl with e ADON stated she discarded, dirty dishes and the kitchen and not pom. In addition, the ADON gy drink observed in the ated the energy drink should have been labeled. In addition, the ADON on the conducted with the ADON on the was not labeled in the end was not labeled in the end was not sure why the eleded to be removed and kitchen. In addition, the ADON on the was not labeled in the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be eleded to be removed and kitchen. In a conducted with the Dietary the eleded to be eleded	F0812	Continued from page 4 be in-serviced before the next scheduled. Monitoring of corrective actions to ensure deficient practice is being corrected and recur: Effective 8-13-25, the CDM/designee were compliance with labeling, dating and dis food items. This monitoring process will daily (Monday through Friday) for two were two more weeks, then monthly for two report the pattern of compliance is established findings will be addressed by the CDM/promptly. This monitoring process will be a "Dietary Audit/Log" monitoring tool log facility compliance binder. Effective 8-20-25, the CDM will report find monitoring process to the facility Quality and Performance Improvement (QAPI) additional monitoring or modification of monthly for three months, or until a patt compliance is maintained. The QAPI countries plan to ensure the facility remains it compliance. Compliance date 08-29-25	ill monitor scarding expired be completed reeks, weekly for months, or until d. Any negative designee e documented on cated in the indings of this y Assurance Committee for any this plan rern of	