

Section 3 (Part 1)

Breaking the Chain of Infection Activities and Skills

Section 3 – Breaking the Chain of Infection Activities and Skills (Part 1) Teaching Guide

Objectives

1. Describe the role of the Centers for Disease Control and Prevention in infection prevention.
2. Define Standard Precautions.
3. Compare and contrast two types of hand hygiene – handwashing using soap and water and alcohol-based hand rub.
4. Demonstrate procedures important to the prevention of infection in adult care homes – hand hygiene.

Supplies

- Alcohol-based Hand Rub
- Glitter
- Lotion
- Copy paper to duplicate two activities

Advance Preparation – In General

- Review curriculum and presentation materials
- Add examples or comments to Notes Section
- Set up computer/projector for PowerPoint presentation

Advance Preparation – Activities

- **#3 Hand Positions During Hand Hygiene:** For each student, duplicate a copy of WHO's How to Hand Rub? How to Handwash?
- **#4 Handwashing Check-off:** For each student, duplicate a copy of the Handwashing Check-off Sheet
- **#5 Alcohol-based Hand Rub Check-off:** For each student, duplicate a copy of the Alcohol-based Hand Rub Check-off Sheet
- **#6 Germs, Germs, Germs**

A resource for additional materials for activities:

- **Glo Germ™** – www.glogerm.com